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## Meet the Team – Julie Stewart



What is your current role?

Senior Clinical Pharmacist – Pain Management

How long have you worked in  
Pharmacy?

I have worked in Community Pharmacy since 2002. I joined Ayrshire & Arran Health board in 2016 and I worked as a General Practice Clinical Pharmacist for 5 years before moving into my current role. I work part time for the health board and I continue to do the occasional locum shift in community.

What's the best bit of your job?

I love the variety that my job brings. Every day is different and there's not a day goes by that I don't learn something new. I enjoy working with patients and a variety of different healthcare professionals.

What do you think about the future of Community Pharmacy?

I think the future of community pharmacy is very exciting, with lots of opportunities to develop clinical services and improve patient care.

What do you do to relax outside of work?

I love spending time with my family and friends. I also like to cook, enjoy a glass of wine and burn off the good times by running, swimming and doing Pilates.

## Community Pharmacy Good News Stories!



## Good News Stories – Now even easier!

As you all know, we like to highlight Good News Stories in the Weekly Script to shine a spotlight on instances where one or more members of our Community Pharmacy teams have displayed high levels of patient care.

We appreciate that days are busy and such examples can come and go without particular focus. As a result, we've made the process of informing us of such occasions easier, by way of an MS form. Either scan the QR code, or follow the link [here](#) to provide some

## THIS WEEK'S COMMUNICATIONS SUMMARY

**Friday 9<sup>th</sup> – ClinicalPCT:** SG Circulars PCA2024-(P)-21 and PCA2024-(P)-22 – SSP's x 2

**Monday 12<sup>th</sup> – aa.cpteam:** Updated Hep C claim form

**Monday 12<sup>th</sup> – aa.cpteam:** Class 4 drug alert – Diflucan oral suspension

**Tuesday 13<sup>th</sup> – ClinicalPCT:** Community pharmacy opening times for September bank holiday weekend

**Wednesday 14<sup>th</sup> – ClinicalPCT:** Counter fraud alert – Missing prescription pad

**Wednesday 14<sup>th</sup> – aa.cpteam:** Message from Alex Adam – Buprenorphine Microdosing (The Bernese method)

**Thursday 15<sup>th</sup> – aa.cpteam:** Class 4 drug alert – Dawa LTD Trazodone 50mg, 100mg capsules and 50mg/ml oral sol

**Thursday 15<sup>th</sup> – aa.cpteam:** Class 2 drug alert – Strides Pharma LTD UK Loperamide 2mg capsules

## This Weeks Key Messages

### NHS Flu service 2024/25

The flu service SLA has been sent to all pharmacies.

The deadline for returning sign up information is TODAY - Friday – 16<sup>th</sup> August.

A prompt response would be appreciated as this year, all CP clinics and vaccinators need to be reconfigured in the TURAS vaccine management tool. Please ensure you complete the e-mail address section of the sign up form with e-mails linked to the TURAS Learn accounts of pharmacists or pharmacy technicians who will be vaccinating this season.

### Simulation sessions for Community Pharmacy IP's

We have just **ONE** space left on the 18<sup>th</sup> November.

This is a great learning opportunity in an entirely safe and confidential space. If you have just recently qualified as an IP this is a great way to start your prescribing journey. The added bonus is a network opportunity to get to know other community pharmacy prescribers within A&A!

Each session will run from 0900 - 1300 hours.

The venue for this will be in the Education Centre at Crosshouse Hospital.

Please email [kirstie.church@aapct.scot.nhs.uk](mailto:kirstie.church@aapct.scot.nhs.uk) if you would like to take the remaining space.

13 Aug 2024

### 'Be the Early Bird' – Detect Cancer Earlier Campaign – Now Live

(Message from Scottish Government comms dpt)

[Download](#)

The Detect Cancer Earlier campaign '[Be the Early Bird](#)' is running again from this week and we would be delighted if you can share this campaign across your channels and help us spread this important message.

As a reminder the 'Be the Early Bird' campaign was developed in response to insight which shows that fear of a cancer diagnosis can delay people contacting their GP practice with possible symptoms. 'Be the Early Bird' reinforces the benefits of finding cancer earlier in a bid to **challenge the fear that is stopping people acting – and encourage those who have unusual, persistent symptoms to contact their GP practice.**

The Detect Cancer Earlier Campaign looks to target people across Scotland aged 40+, with a focus on those from more deprived communities.

If you have already downloaded the Be the Early Bird assets then please get sharing and use the hashtag **#BeTheEarlyBird**

## Key Messages

- Anyone, particularly those aged 40+, with persistent symptoms unusual for them are being urged to 'be the early bird' and contact their GP practice.
- If you're worried about a possible cancer symptom, your GP practice wants to know.
- Possible cancer symptoms could include unexplained bleeding, unusual lumps, unexplained weight loss or something that doesn't feel normal for you.
- Finding cancer earlier can mean there's more treatment options available, a greater chance of living well after treatment and better news to tell the family.
- For more information visit [getcheckedearly.org](http://getcheckedearly.org)

## Campaign Resource Updates & Case Studies

You can now download [public information screens static assets](#) for public areas and waiting rooms.

We would also like to draw your attention to the great collection of [Real stories | Get Checked Early](#). You are welcome to share these powerful stories across your social media channels. Here are a selection but there are many more to choose from across Scotland:

- [Liz Clark | Get Checked Early](#) (treated for early stage lung cancer)
- [Laura Russell | Get Checked Early](#) (treated for early stage skin cancer)
- [Ian Cassels | Get Checked Early](#) (treated for early stage prostate cancer)
- [Christine Mitchell | Get Checked Early](#) (treated for early stage ovarian cancer)
- [Paul McCaffery | Get Checked Early](#) (treated for early stage testicular cancer)
- [Graeme Clark | Get Checked Early](#) (treated for early stage blood cancer)
- [Norma MacLeod | Get Checked Early](#) (treated for early stage breast cancer)
- [Glen Long | Get Checked Early](#) (treated for early stage bladder cancer)
- [Anita Lindsay | Get Checked Early](#) (treated for early stage cervical cancer)
- [Ron Kerr | Get Checked Early](#) (treated for early stage bowel cancer)

## All Available Campaign Assets

'Be the Early Bird' campaign resources include the following:

- [Stakeholder toolkit](#) with social copy and editorial ideas
- [Digital film ads \(40 and 20 seconds\)](#)
- [Social static ads and videos](#)
- [Posters](#)
- [Leaflet with translations and alternative formats](#)

- [BSL ad \(40 seconds\)](#)
- [Social film with a message from a GP](#)
- [Public information screen assets](#)

We would welcome your support in helping to embed the ‘Be the Early Bird’ concept with the public to make the term synonymous with finding cancer earlier and reduce later stage disease in Scotland. Please share it far and wide.

If you have any questions, please do not hesitate to get in touch.

## Contact Information

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