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Meet the Team – Bismark Ntim-Peasah



What is your current role?

I'm a superintendent pharmacist and pharmacy manager at Care Pharmacy Springside, where I've been working for a year and a half.

How long have you worked in
Community Pharmacy?

I have been working for NHS Ayrshire and Arran as a Trainee Pharmacist in a modular program for a year, gaining experience at Crosshouse Hospital, Old Irvine Road Surgery, The Wards Medical Practice, and Portland Road Surgery. Following that, I spent a year at Lloyds in Kilmarnock (now Houlihan's) and have now been at Care Pharmacy for a year and a half. In total, I have accumulated 3.5 years of valuable experience in the pharmacy field across 3 sectors.

What's the best bit of your job? Staying updated with new medicine therapies and pharmacy processes keep's thing's interesting and ensures I present an accurate consultation, I always enjoy a challenge and welcome making changes to cumbersome processes and simplifying it as much as possible. I am a firm believer in saving time for the patients and my team whiles minimising risks.

What do you think about the future of community pharmacy?

I believe community pharmacy has not reached its full potential yet. I have been observing our integration with primary and secondary care as this can be the key driving factor to our success. We also need to find more ways to reach out to patients about the services we provide and the profession as a whole.

What do you like to do to relax outside of work?

When it comes to fun, I'm all about sprinting through the streets of Kilmarnock and Glasgow, chasing my PBs like I'm in a high-speed chase scene! Around this time of the year I like to jet off to somewhere with sunshine and good vibes.

RECENT COMMUNICATIONS SUMMARY

Friday 10th : aa.cpteam – Class 4 Drug Alert Bristol Laboratories Ltd Raberprazole 10mg Tabs

Tuesday 14th:aa.cpteam – Class 4 Medicines Defect Information Jubilant Pharmaceuticals Irbesartan 150mg Tabs

This Weeks Key Messages

NES Pharmacy Webinar – Medication Assisted Treatment (MAT) Standards in Community Pharmacy

NES pharmacy are hosting a webinar on the MAT standards. The webinar is on **04 February 2025 19:00 to 20:30**. The booking link is here: <https://learn.nes.nhs.scot/79418/pharmacy-courses-and-events/medication-assisted-treatment-mat-standards-in-community-pharmacy>

The webinar aims to raise awareness about the essential role of pharmacy teams in implementing MAT standards and the impact of trauma and stigma on outcomes for those with substance use disorder.

Speakers confirmed are:

- **Catriona Matheson**, Professor of Substance Use, University of Stirling who will provide insights into the current landscape of Drug Related Deaths (DRDs) in Scotland
- **Adrian Mackenzie**, Clinical Lead, MAT Standards, healthcare Improvement Scotland will explain the MAT Standards and their significance to pharmacy teams.
- **Jonathan Burton**, Scottish Pharmacy Board, RPS and Community pharmacist will talk about Positive Pharmacy experiences and the impact of stigma.
- An additional speaker who will focus on Positive Pharmacy experiences focusing on the impact of trauma

The evening will also launch updated resources related to Substance Use and ensure teams are aware of other resources to the support the recovery journey of people who use substances.

We would encourage community pharmacy teams to register for this event, particularly those providing substance use services or with an interest in this area.

NES Pharmacy: Pharmacist Independent Prescribing Webinar – Getting Started in Community Pharmacy

On 5th March 2025, NES will be hosting a webinar for community pharmacy independent prescribers:

Pharmacist Independent Prescribing – Getting Started in Community Pharmacy

This webinar planned for **Wednesday 5 March 2025 from 7-8.30pm** is designed to support community pharmacist independent prescribers in the early stages of their prescribing journey, from service set up to expanding scope of practice and ongoing peer support. It will provide practical information to attendees on the process for registering with the GPhC as an IP and setting up the Pharmacy First Plus service in practice. As well as sharing resources that will support pharmacists to expand their clinical knowledge and scope of practice to treat a broad range of common clinical conditions in a safe and effective manner.

Booking is via TURAS and can be done via the following link - [Book your IP webinar place](#)

Novorapid Flextouch Update

As of the end of March 2025, Novorapid Flextouch® will be discontinued. Patients prescribed this will be switched to Novorapid Flexpen® device which works in a similar way. Patients have been advised to contact their Community Pharmacy or GP Practice if they have any difficulty. Below is the link to the Patient Information Leaflet which contains full information on the use of this device.

<https://www.medicines.org.uk/emc/files/pil.7920.pdf>

Discontinuation of Freestyle Libre 2 – a reminder

As per previous communications, Freestyle Libre 2 will be discontinued at the end of March 2025 and replaced with Freestyle Libre 2+. Therefore, Freestyle Libre 2+ has been added to the NHS Ayrshire & Arran Formulary as a replacement. As a result, all new patients will be commenced on Freestyle Libre 2+. All existing patients prescribed Freestyle Libre 2 will be switched to Freestyle Libre 2+ between January and March 2025. Please continue to be mindful of Freestyle Libre 2 stock levels ahead of this change.

Pharmacotherapy teams within surgeries will begin actioning this change imminently with teams lettering patients to advise patients. As with any change of this kind, patients may attend their local Community Pharmacy seeking clarification of this change, the support of the CP network is appreciated.

Simulation sessions for Community Pharmacy IP's

As our simulation sessions continue to be beneficial for those who have attended we have planned dates for 2025.

The aim of our sessions is to create a supportive learning opportunity in an entirely safe and confidential space to enhance our legacy community pharmacy prescribers' confidence and skills in delivering Pharmacy First Plus. The added bonus is a network opportunity to get to know other community pharmacy prescribers within A&A!

There will be 2 sessions planned. The dates are as follows:

- **Monday 24th February**
- **Monday 28th April**

Each session will run from 0900 - 1300 hours.

The venue for this will be in the Education Centre at Crosshouse Hospital.

Sessions will be limited to a maximum of 4 people per session.

If you are interested in attending, please email aacpteam@aapct.scot.nhs.uk.

Coming soon – Lunch and Learn

On 22/1/25 at 1pm a 30 minute bitesize session on Nitazenes and Xylazenes will be presented on Microsoft Teams which would be really interesting and beneficial for primary care and community pharmacists. **The link to the MS teams event will be shared via email on Monday please hold the date and time in your diary.**

KEY COMMUNITY PHARMACY CONTACTS

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|-----------------------|---|--|-----------------------|
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