

NHS Ayrshire & Arran Community Pharmacy Update

Please share this update with the wider pharmacy team including reliefs and locum pharmacists

Meet The Team

Shannon Ormsby



What is your current role?

I am currently working as a Senior Pharmacist in the Ayrshire & Arran Community Pharmacy & Primary Care Team, covering Alyson Stein's maternity leave until end of October 2026.

How long have you worked in pharmacy?

I have worked in pharmacy for 13 years, beginning as a counter assistant in community pharmacy at the age of 15. Since then, I have progressed through a variety of roles within community pharmacy, including pharmacy manager positions and locum work.

In 2023, I transitioned into a General Practice Clinical Pharmacist role, primarily working with a fantastic team of pharmacists in Cumnock Health Centre. During this time, I remained closely connected to community pharmacy, also working as a Pharmacy Champion within the GG&C Health Board.

More recently, I was given the opportunity to join the Community Pharmacy & Primary Care Senior Team, allowing me to further my role as a pharmacist.

What's the best bit of your job?

I enjoy meeting new people, and this role has certainly given me the opportunity to work with many community pharmacy teams so far. I look forward to meeting with many more community pharmacy teams as I continue in this role.

Since starting my career in pharmacy, I have always aimed to improve patient care and helping to making the patient journey through healthcare as safe and seamless as possible. I am particularly driven to finding new ways to make a positive difference through my various roles in pharmacy!

What do you like to do to relax outside of work?

My favourite thing to do is travel! I enjoy making the most of any opportunity for a trip, whether it is a longer holiday or a quick city break - even if it means leaving on a Friday after work and returning on a Sunday! I am also a keen foodie, so I enjoy trying different foods along the way!

Information from Previous Communications

ACTION REQUIRED: HRT Unopposed Oestrogens Project

All community pharmacies should have received the HRT Unopposed Oestrogen patient information cards by 16th January 2026.

If you have not received these, please email the CP team: aa.cpteam@aapct.scot.nhs.uk

Pharmacy teams were asked to watch the video on HRT and engage in conversations with patients who fall into this category, using the patient safety cards to aid patient discussions. This should help to provide enhanced support for patients, highlighting the importance of taking progestogen alongside oestrogen HRT – where clinically indicated – to reduce the risk of endometrial hyperplasia and its potential progression to endometrial cancer.

You can find the video by attached to the homepage of the [NHS A&A Community Pharmacy Website](#).

INFORMATION: West of Scotland Formulary – Changes to Inhaler Products

Due to the West of Scotland formulary review, there will be changes to inhaler products being recommended locally.

The most noticeable change will be a move from Fostair MDI to Proxor MDI (identical ingredients and inhaler technique).

The primary care pharmacy team will be working on this switch in the coming months, starting in April once the new formulary is published. Updated local guidelines for asthma will be shared in due course.

Primary care teams will liaise with their local Community Pharmacies to understand the Fostair stock levels before switching any patients.

Step into Spring Safely

The weather is getting warmer and Spring is on its way...
here are some tips to keep germs at bay...

NHS Ayrshire & Arran's Health Protection Team



If visiting an animal park or farm and feeding or petting animals it is very important to **wash your hands** thoroughly when finished.



Potential risks

Contact with animals increases the risk of Gastrointestinal infections such as Cryptosporidium or Ecoli



Prevention

- Wash hands thoroughly with soap and running water after petting or feeding animals
- Supervise children washing their hands
- Wash hands before eating
- Use designated cafes or picnic areas
- Avoid the use of alcohol gel

Symptoms to look out for

- Watery diarrhoea
- Stomach pains
- Nausea and vomiting
- Temperature 37.8°C or above



What to do if you are worried

Speak to your GP regarding your symptoms (Monday – Friday)
Call NHS 24 on 111 (out of hours)

Did you know?

That alcohol gel is less effective than soap and water at removing certain kinds of germs like Cryptosporidium or Norovirus.

RECENT COMMUNICATIONS SUMMARY

Monday 9th March – aa.cpteam – Class 2 Drug Alert No 11 2026 - Medicines Recall – Action Within 48 Hours – Crescent Pharma Limited – Ramipril 5mg Capsules

Thursday 12th March – Clinical PCT - PCA2026-(P)-04

Friday 13th March – aa.cpteam - Drug Alert Class 2 No 13 2026 – Medicines Recall - Action Within 48 Hours - Rokshaw Limited Trading As Curaleaf Laboratories, Curaleaf Oil [Fs] 10mg/MI Thc, 10mg/MI Cbd (30ml)

Monday 16th March –

aa.cpteam- Drug Alert Class 3 – No 12 2026 – Class 3 Medicines Recall – Action Within 5 Days – Bayer Plc Gastrografin And Urografin

Clinical PCT - IMPORTANT - CP4 Claims - Communication To Community Pharmacies From NSS Pharmacy Services

Tuesday 17th March –

aa.cpteam - Revised: Drug Alert Class 4 – No 14 2026 – Class 4 Medicines Defect Information – Caution In Use – Baxter Healthcare Corporation – Onkotrone Injection 2mg/MI Concentrate For Solution For Infusion

aa.cpteam - NHS Pharmacy First Scotland - Skin Inflammation

Wednesday 18th March – Clinical PCT - Labeling Correction For All TRUE METRIX Brand Of Blood Glucose Monitoring Systems

KEY COMMUNITY PHARMACY CONTACTS

CP Team	Community Pharmacy Administration	aa.cpteam@aapct.scot.nhs.uk	01292 513905/513833
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GENERAL ENQUIRIES EMAIL: aa.cpteam@aapct.scot.nhs.uk

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