East Ayrshire

Injecting Equipment Provision (IEP) service

Information for you

The Injecting Equipment Provision (IEP) service was previously known as the Needle Exchange service. This service offers advice and guidance on how to use needles and other equipment safely.

Safer injecting advice

- Always use clean or new equipment.
- Never share any equipment.
- Work from a clean surface to prepare your hit.
- Ensure you are using the right needle in the right place.

Always inject towards your heart (up the way).

Steps to safer injecting:

- Wash your hands and the injecting site.
- Prepare the drug.
- If using citric acid, use as little as possible.
- Use needle cap to stir, not the needle!
- Draw up the solution using the filter, if needed.
- Place the capped syringe on a clean surface.
- Find a suitable vein. Only use a tourniquet if needed.
- Uncap the syringe.
- Try not to touch the needle.
- Make sure all the air has been removed.
- Slowly insert the needle into the vein: make sure the eye of the needle is pointing up; and
  - insert the needle at a shallow angle to the skin (between 15 and 30 degrees).
- Pull the plunger back a little, to check for blood.
- Release the tourniquet (if used) and inject slowly.
- Remove the needle slowly and apply pressure with a dry swab.
- Dispose of equipment safely.

Specialist services

These nurse-led clinics offer additional services including overdose awareness, naloxone supply, blood borne virus (BBV) testing and vaccination, wound care, sexual health, screening and contraception advice/provision.

This leaflet was produced with kind permission from NHS Greater Glasgow and Clyde IEP Services and Scottish Drugs Forum Glasgow.

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Location	Monday to Friday	Saturday
Cumnock Pharmacy 9B Townhead Street, Cumnock, KA18 1LE 01290 421 632	09:00 to 17:30	09:00 to 13:00
Doon Valley Pharmacy 5 Cathcartson, Dalmellington, KA6 7QY 01292 551197	09:00 to 17:30	09:00 to 13:00
Boots Pharmacy 9/11 St Marnock Street, Kilmarnock, KA1 1DZ 01563 541145	09:00 to 17.30	09:00 to 13:00
Boots Pharmacy 5 Burns Precinct, Kilmarnock, KA1 1LT 01563 535360	08:30 to 17:30	09:00 to 13:00
Boots Pharmacy 62/70 King Street, Kilmarnock, KA1 1PT 01563 525356	09:00 to 17:30	09:00 to 17:30 (12:00 to 16:00 Sunday)
Boots Pharmacy 9 Portland Road, Kilmarnock, KA1 2BT 01563 531444	09:00 to 17:30	09:00 to 13:00
Boots Pharmacy 63 Grange Street, Kilmarnock, KA1 2DD 01563 541203	08:30 to 19:00	09:00 to 13:00
Well pharmacy 1-5 Loudoun Street, Mauchline, KA5 5BA 01290 550 387	09:00 to 13:00 14:00 to 18:00	09:00 to 13:00
Boots Pharmacy 1 Doonside Avenue, Patna, KA6 7LX 01292 531258	09:00 to 13:00 14:15 - 18:00 closes 17:00 Wed	09:00 to 12:30
Boots Pharmacy 8 Main Street, Stewarton, KA3 5AE 01560 482403	09:00 to 18:00	09:00 to 17:00
Shortlees Pharmacy (Burns) 16 Central Avenue, Shortlees, KA1 4PS 01563 526200	09:00 to 17:30	09:00 to 13:00

NHS Addictions Service Injecting Equipment Provision (Needle Exchange)

IEP East Ayrshire Exchange Hours Kilmarnock Service:

Friday AM	Central Clinic, Old Irvine Road	10.30am to 12.00pm
Tuesday & Friday PM	Central Clinic, Old Irvine Road	1.00pm to 3.00pm

IEP East Ayrshire Exchange Hours Rural Service:

Tuesday AM	Cumnock Health Centre	9.30am to 11.45am

Please call **01563 574 237** for more details on equipment, testing, harm reduction advice and returns of sharp bins.

You can access IEP equipment from the following pharmacies:

- Boots Pharmacies, Kilmarnock and Stewarton
- Doon Valey Pharmacy, Dalemllington and Patna
- Well Pharmacy, Mauchline
- Townhead Pharmacy, Cumnock

last reviewed: September 2026
PIL20-0140
MIS15-016-GD