North Ayrshire

Injecting Equipment Provision (IEP) service

Information for you

The Injecting Equipment Provision (IEP) service was previously known as the Needle Exchange service. This service offers advice and guidance on how to use needles and other equipment safely.

Safer injecting advice

- Always use clean or new equipment.
- Never share any equipment.
- Work from a clean surface to prepare your hit.
- Ensure you are using the right needle in the right place.

Always inject towards your heart (up the way).

Steps to safer injecting:

- Wash your hands and the injecting site.
- Prepare the drug.
- If using citric acid, use as little as possible.
- Use needle cap to stir, not the needle!
- Draw up the solution using the filter, if needed.
- Place the capped syringe on a clean surface.
- Find a suitable vein. Only use a tourniquet if needed.
- Uncap the syringe.
- Try not to touch the needle.
- Make sure all the air has been removed.
- Slowly insert the needle into the vein: make sure the eye of the needle is pointing up; and
  - insert the needle at a shallow angle to the skin (between 15 and 30 degrees).
- Pull the plunger back a little, to check for blood.
- Release the tourniquet (if used) and inject slowly.
- Remove the needle slowly and apply pressure with a dry swab.
- Dispose of equipment safely.

Specialist services

These nurse-led clinics offer additional services including overdose awareness, naloxone supply, blood borne virus (BBV) testing and vaccination, wound care, sexual health, screening and contraception advice/provision.

This leaflet was produced with kind permission from NHS Greater Glasgow and Clyde IEP Services and Scottish Drugs Forum Glasgow.

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Pharmacy Injecting Equipment Service Providers

Location	Monday to Friday	Saturday
Penmans Pharmacy 2 Eglinton Street Beith KA15 1AQ 01505 502506	09:00 to 17:30	09:00 to 13:00
Boots Pharmacy 9 Lower Vennel, Bourtreehill Irvine KA11 1PQ 01294 214387	09:00 to 17:30	09:00 to 13:00
Boots Pharmacy Unit 2B East Road Irvine KA12 0AA 01294 279312	09:00 to 18:00	09:00 to 17:00
Boots Pharmacy 22/24 High Street Irvine KA12 0AY 01294 274533	09:00 to 18:00	09:00 to 13:00
Boots Pharmacy 1 Fullarton Square Irvine KA12 8EJ 01294 279214	09:00 to 17:30	09:00 to 17:30 (11:00 to 17:00 Sunday)
Boots Pharmacy 9A Frew Terrace Irvine KA12 9DZ 01294 271806	08:30 to 17:30	09:00 to 12:00
Boots Pharmacy 2A Dalry Road Kilbirnie KA25 6HY 01505 685519	09:30 to 17:30	Closed
Boots Pharmacy 78 Main Street Kilbirnie KA25 7AA 01505 682221	09:00 to 17:30	09:00 to 13:00
Boots Pharmacy 27 Almswall Road Kilwinning KA13 6BL 01294 552599	08:30 to 17:30	09:00 to 13:00
Townhead Pharmacy 2 Station Plaza Pennyburn Road Kilwinning KA13 6NT 01294 559898	09:00 to 13:00 14:00 to 18:00	09:00 to 16:00
Boots Pharmacy 42 Main Street Largs KA30 8AL 01475 672280	09:00 to 17:30	09:00 to 17:30
Boots Pharmacy 77 Dockhead Street Saltcoats KA21 5ED 01294 463607	09:00 to 17:30	09:00 to 17:30
Care Pharmacy 55 Main Road Springside KA11 3AZ 01294 537230	09:00 to 17:30	09:00 to 13:00
Rowlands Pharmacy Unit 8/9, 28 New Street Stevenston KA20 3HF 01294 462498	09:00 to 18:00	09:00 to17:00

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NHS Addictions Service Injecting Equipment Provision (Needle Exchange)

Day	Location	Open	Close
Monday	Ardrossan Health Centre Ardrossan KA22 7DX	14.00	16.00
Wednesday	Kilbirnie Health Centre Kilbirnie KA25 6HS	14.00	16.00
Wednesday	Ballot Road Surgery Irvine KA12 0HW	14.00	16.00
Thursday	Brooksby Health Centre (Upstairs) Largs KA30 8LH	14.00	16.00
Friday	Saltcoats Health Centre Saltcoats KA21 5LX	14.00	16.00