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| **NHS Pharmacy First Scotland**  **Approved List of Products**  33rd Edition: 1st November 2024 |
| Review Date: 1st October 2026 |

**Changes made in this Edition:**

Update to Section 8.1 removal of Ear Wax to remove Arjun ear drops 10 ml as this product has been discontinued.

**Changes made in previous Editions to be aware of:**

In the 1 June 2024 Edition, a change was made to Section 2.2 Cough to remove Simple linctus paediatric sugar free and Simple Linctus sugar free, all pack sizes.

This removal was following advice from Area Drugs and Therapeutics Committees Collaborative (ADTCC). Lack of clinical evidence of effectiveness means they cannot support the continued inclusion of these products as treatments available on the NHS, in line with prescribing guidance across the country.

Patients presenting with symptoms of a cough can obtain background information on coughs and their clinical management [at NHS Inform here](https://www.nhsinform.scot/illnesses-and-conditions/lungs-and-airways/cough/)  If the patient subsequently requires further support, they can still access NHS Pharmacy First Scotland consultations for advice and/or referral where appropriate.

**NHS Pharmacy First Scotland: Approved list of products**

**Introduction**

The Scottish Government NHS Circular [PCA (P)(2020)13,](https://www.publications.scot.nhs.uk/publication/6984) published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist’s assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff,](https://www.publichealthscotland.scot/services/scottish-drug-tariff/approved-products-list/) Part 17, hosts the approved list of products.

**Notes**

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

* A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
* When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost-effective one should be selected.
* When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.
* When submitting reimbursement claims for products supplied, it is important that the label and claim should match the product as it is written in the Approved List. For example, if listed generically in the Approved List then the label and claim must be for the generic item. If listed as a branded product then the label and claim should be for that branded product.

Contents

[1. Gastrointestinal System 5](#_Toc138412657)

[2. Respiratory 6](#_Toc138412658)

[3. Central Nervous System 6](#_Toc138412659)

[4. Musculoskeletal & Joint 7](#_Toc138412660)

[5. Infections 7](#_Toc138412661)

[6. Urinary Tract Disorders 9](#_Toc138412662)

[7. Eye 10](#_Toc138412663)

[8. Ear 10](#_Toc138412664)

[9. Mouth 11](#_Toc138412665)

[10. Skin 11](#_Toc138412666)

[11. Dressings and Appliances 26](#_Toc138412667)

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| 1. Gastrointestinal System | | | |
| **1.1 Dyspepsia and Gastro-oesophageal reflux** | | | |
| **1st Line** | Co-magaldrox 195mg/220mg/5ml oral suspension sugar free | **Pack Size** | 500 ml |
| **1st Line** | Peptac Liquid Aniseed | **Pack Size** | 500 ml |
| **1st Line** | Peptac Liquid Peppermint | **Pack Size** | 500 ml |
| **1.2 Gastrointestinal smooth muscle spasm** | | | |
|  | Hyoscine butyl bromide 10 mg tablets | **Pack Size** | 20 |
| **1.3 Irritable Bowel Syndrome** | | | |
|  | Mebeverine 135 mg tablets | **Pack Size** | 15 |
| **1.4 Acute Diarrhoea** | | | |
| **1st Line** | Dioralyte oral powder sachets blackcurrant  Dioralyte oral powder sachets citrus  Dioralyte oral powder sachets plain | **Pack Size** | 6, 20\* |
| **2nd Line** | Dioralyte Relief oral powder sachets blackcurrant  Dioralyte Relief oral powder sachets raspberry | **Pack Size** | 6 |
| **2nd Line** | Loperamide 2 mg capsules | **Pack Sizes** | 6, 10, 12 |
| **1.5 Constipation** | | | |
|  | Ispaghula husk 3.5 g effervescent granules sachets gf sf | **Pack Sizes** | 10, 30 |
|  | Macrogol compound oral powder sachets NPF sugar free | **Pack Sizes** | 20, 30 |
|  | Bisacodyl 5 mg gastro-resistant tablets | **Pack Sizes** | 20 |
|  | Glycerol 1 g suppositories | **Pack Size** | 12 |
|  | Glycerol 2 g suppositories | **Pack Size** | 12 |
|  | Glycerol 4 g suppositories | **Pack Size** | 12 |
|  | Senna 7.5 mg tablets | **Pack Size** | 20 |
|  | Sennosides 7.5 mg/5 ml oral solution sugar free | **Pack Size** | 150 ml |
| **2nd Line** | Lactulose 3.1-3.7g/5ml oral solution \*\* | **Pack Sizes** | 300 ml, 500 ml |
| **1.6 Haemorrhoids** | | | |
|  | Anusol Cream | **Pack Size** | 23 g |
|  | Anusol Ointment | **Pack Size** | 25 g |
|  | Anusol Plus HC Ointment  *(Treatment should not be for longer than 7 days with hydrocortisone containing products)* | **Pack Size** | 15 g |
|  | Anusol Plus HC suppositories  *(Treatment should not be for longer than 7 days with hydrocortisone containing products)* | **Pack Size** | 12 |
|  | Anusol suppositories | **Pack Size** | 12 |

\* Packs of 20 sachets may be split up into 5 sachets per patient. Contractors should endorse the pack size and quantity for each dispensing.

\*\* Lactulose 3.1-3.7g/5ml oral solution products are 2nd line osmotic laxative.

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| 2. Respiratory | | | |
| **2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye)** | | | |
|  | Cetirizine 10 mg tablets | **Pack Size** | 30 |
|  | Cetirizine 1 mg / ml oral solution sugar free | **Pack Size** | 70 ml, 200ml |
|  | Chlorphenamine 4 mg tablets | **Pack Size** | 28, 30 |
|  | Chlorphenamine oral solution 2 mg / 5ml | **Pack Size** | 150 ml |
|  | Chlorphenamine oral solution 2 mg / 5ml sugar free | **Pack Size** | 150 ml |
|  | Loratadine 10 mg tablets | **Pack Size** | 30 |
|  | Loratadine 5 mg/5 ml oral solution | **Pack Size** | 100 ml |
|  | Fexofenadine 120 mg tablets (PGD) | **Pack Size** | 30 |
| **2.2 Cough** | | | |
|  | No products |  |  |
| **2.3 Nasal Congestion** | | | |
|  | Xylometazoline 0.05% drops | **Pack Size** | 10 ml |
|  | Xylometazoline 0.1% drops | **Pack Size** | 10 ml |
|  | Xylometazoline 0.1% nasal spray | **Pack Size** | 10 ml |
|  | Mandanol 0.9% nasal drops (M & A Pharmachem Ltd) | **Pack Size** | 10 ml |
|  | Sodium chloride 0.9% nasal drops (Almus Pharmaceuticals Ltd) | **Pack Size** | 10 ml |
|  | Sodium chloride 0.9% nasal drops (Orbis Consumer Products Ltd) | **Pack Size** | 10 ml |
|  | Sodium chloride 0.9% nasal drops (RX Farma) | **Pack Size** | 10 ml |
| **2.4 Nasal Allergy** | | | |
|  | Beclometasone diproprionate 50 micrograms/actuation nasal spray (PGD for 200 doses pack) | **Pack Sizes** | 100 doses, 180 doses, 200 doses |
|  | Mometasone furoate 50 micrograms/actuation nasal spray, suspension (PGD) | **Pack Sizes** | 140 doses |
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| 3. Central Nervous System | | | |
| **3.1 Travel sickness** | | | |
|  | Cinnarizine 15 mg tablets | **Pack Size** | 15 |
|  | Hyoscine hydrobromide 150 micrograms tablets | **Pack Size** | 12 |
|  | Hyoscine hydrobromide 300 micrograms tablets | **Pack Size** | 12 |
| **3.2 Analgesics and Antipyretics** | | | |
|  | Ibuprofen 100 mg/5 ml oral suspension sugar free | **Pack Sizes** | 100 ml |
|  | Ibuprofen 200 mg tablets | **Pack Size** | 24 |
|  | Ibuprofen 400 mg tablets | **Pack Size** | 24 |
|  | Paracetamol 120 mg /5 ml oral suspension paediatric sugar free | **Pack Sizes** | 100 ml, 200 ml |
|  | Paracetamol 120 mg /5 ml oral suspension paediatric | **Pack Size** | 100 ml |
|  | Paracetamol 250 mg /5 ml oral suspension sugar free | **Pack Size** | 100 ml, 200 ml |
|  | Paracetamol 500 mg tablets | **Pack Size** | 32 |
|  | Paracetamol 500 mg soluble tablets \*\*\* | **Pack Size** | 24 |
| **3.3 Migraine and associated symptoms** | | | |
|  | Aspirin dispersible 300 mg tablets | **Pack Size** | 32 |
|  | Aspirin tablets 300 mg | **Pack Size** | 32 |
|  | Prochlorperazine 3 mg buccal tablets | **Pack Size** | 8 |
|  | Sumatriptan 50 mg tablets | **Pack Size** | 2 |
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| 4. Musculoskeletal & Joint | | | |
| **4.1 Musculoskeletal & Joint** | | | |
|  | Ibuprofen 100 mg/5 ml oral suspension sugar free | **Pack Sizes** | 100 ml |
|  | Ibuprofen 200 mg tablets | **Pack Size** | 24 |
|  | Ibuprofen 400 mg tablets | **Pack Size** | 24 |
|  | Ibuprofen 5% gel | **Pack Sizes** | 30 g, 50 g |
|  | Paracetamol 120 mg/5 ml oral suspension paediatric sugar free | **Pack Sizes** | 100 ml, 200 ml |
|  | Paracetamol 120 mg /5 ml oral suspension paediatric | **Pack Size** | 100 ml |
|  | Paracetamol 250 mg/5 ml oral suspension sugar free | **Pack Sizes** | 100 ml, 200 ml |
|  | Paracetamol 500 mg tablets | **Pack Size** | 32 |
|  | Paracetamol 500 mg soluble tablets \*\*\* | **Pack Size** | 24 |

\*\*\* Note: Product has high salt content.

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| 5. Infections | | | |
| **5.1 Vaginal Candidiasis** | | | |
|  | Clotrimazole 1% cream | **Pack Size** | 20 g |
|  | Clotrimazole 500 mg pessaries | **Pack Size** | 1 |
|  | Fluconazole 150 mg capsule | **Pack Size** | 1 |
| **5.2 Fungal Skin Infections (not nail)** | | | |
|  | Clotrimazole 1% and hydrocortisone 1% cream | **Pack Size** | 15 g |
|  | Miconazole 2% and hydrocortisone 1% cream | **Pack Size** | 15 g |
|  | Miconazole 2% cream | **Pack Size** | 30 g |
|  | Terbinafine 1% cream | **Pack Sizes** | 15 g |
| **5.3 Preparations for warts and verrucae** | | | |
|  | Occlusal 26% Solution | **Pack Size** | 10 ml |
|  | Salactol Paint | **Pack Size** | 10 ml |
|  | Salatac gel | **Pack Size** | 8 g |
|  | Bazuka Extra Strength 26% gel (Diomed Developments Ltd) | **Pack Size** | 5ml |
| **5.4 Cold sores** | | | |
|  | Aciclovir cream 5% | **Pack Size** | 2 g |
| **5.5 Threadworm** | | | |
|  | Mebendazole 100 mg chewable tablets sugar free | **Pack Size** | 1 |
|  | Mebendazole 100 mg/5 ml oral suspension | **Pack Size** | 30 ml |

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| **5.6 Head lice** | | | |
|  | Dimeticone 4% lotion | **Pack Sizes** | 50 ml, 150 ml |
|  | Dimeticone 4% cutaneous spray | **Pack Size** | 120 ml |
|  | Nitcomb - M2 | **Pack Size** | 1 |
|  | Nitcomb - S1 | **Pack Size** | 1 |
|  | Nitty Gritty NitFree Steel Nit Comb | **Pack Size** | 1 |
| **5.7 Scabies, Pubic (Crab) Lice** | | | |
|  | Malathion 0.5% aqueous liquid | **Pack Size** | 150 ml |
|  | Permethrin 5% cream | **Pack Size** | 30 g |
| **5.9 Impetigo** | | | |
|  | Fusidic acid 2% cream (PGD) | **Pack Size** | 15 g |
|  | Hydrogen peroxide 1% cream | **Pack Size** | 25 g, 40 g |
| **5.10 Shingles** | | | |
|  | Aciclovir 400 mg tablets (PGD) | **Pack Size** | 56 |
|  | Aciclovir 800 mg tablets (PGD) | **Pack Size** | 35 |
|  | Aciclovir 400 mg dispersible tablets (PGD) | **Pack Size** | 56 |
|  | Aciclovir 800 mg dispersible tablets (PGD) | **Pack Size** | 35 |
| **5.11 Bacterial skin infections** | | | |
|  | Flucloxacillin 250 mg capsules (PGD) | **Pack Size** | 28 |
|  | Flucloxacillin 500 mg capsules (PGD) | **Pack Size** | 28 |
|  | Flucloxacillin 250 mg/5 ml oral solution (PGD) | **Pack Size** | 100 ml |
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| 6. Urinary Tract Disorders | | |
| **6.1 Cystitis** | | |
| **Local Formulary choices – UTI PGDs**  Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.   |  |  |  | | --- | --- | --- | | **NHS Board** | **1st Line** | **2nd Line** | | Ayrshire and Arran | Trimethoprim | N/A | | Borders | Trimethoprim | Nitrofurantoin | | Dumfries and Galloway | Trimethoprim | Nitrofurantoin | | Fife | Trimethoprim | Nitrofurantoin | | Forth Valley | Trimethoprim | Nitrofurantoin | | Greater Glasgow and Clyde | Trimethoprim | Nitrofurantoin | | Grampian | Trimethoprim | N/A | | Highland | Trimethoprim | Nitrofurantoin | | Lanarkshire | Trimethoprim | Nitrofurantoin | | Lothian | Trimethoprim | Nitrofurantoin | | Orkney | Trimethoprim | Nitrofurantoin | | Shetland | Trimethoprim | N/A | |  |  |  | | Tayside (access to test results in pharmacy) | Nitrofurantoin | Trimethoprim | | Tayside (no access to test results except via GP or OOH) | Trimethoprim | Nitrofurantoin | | Western Isles | Trimethoprim | Nitrofurantoin | | | |
| Nitrofurantoin 50 mg tablets (PGD) | **Pack Size** | 28 |
| Nitrofurantoin 100 mg modified-release capsules (PGD) | **Pack Size** | 14 |
| Trimethoprim 100 mg tablets (PGD) | **Pack Size** | 28 |
| Trimethoprim 200 mg tablets (PGD) | **Pack Size** | 6 |
| Trimethoprim 200 mg tablets (PGD) | **Pack Size** | 14 |
| Sodium citrate 4 g oral granules sachets | **Pack Size** | 6 |
| Sodium citrate 4 g oral powder sachets | **Pack Size** | 6 |
| Potassium citrate 3 g granules sachets sugar free | **Pack Size** | 6 |

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| 7. Eye | | | | |
| **7.1 Infected Eye** | | | | |
|  | Chloramphenicol 0.5% eye drops | **Pack Size** | 10 ml | |
|  | Chloramphenicol 1% eye ointment | **Pack Size** | 4 g | |
| **7.2 Management of Dry Eye** | | | | |
|  | Artelac Nighttime 0.2% Gel | **Pack Size** | 10 g | |
|  | Carbomer 0.2% Gel (Medicom Healthcare Ltd) | **Pack Size** | 10 g | |
|  | Clinitas Carbomer 0.2% Eye Gel | **Pack Size** | 10 g | |
|  | Lumecare Carbomer 0.2% Eye Gel | **Pack Size** | 10 g | |
|  | Ocufresh 0.2% Lubricating Eye Gel (Blumont Healthcare Ltd) | **Pack Size** | 10 g | |
|  | Xailin 0.2% Eye Gel | **Pack Size** | 10 g | |
|  | Evolve Carbomer 980 0.2% Eye Gel preservative free | **Pack Size** | 10 g | |
|  | Hylo Night eye ointment preservative free | **Pack Size** | 5g | |
|  | Hypromellose 0.3% eye drops | **Pack Size** | 10 ml | |
|  | Xailin Night eye ointment preservative free | **Pack Size** | 5g | |
|  | AaCarb Carbomer 0.2% eye gel | **Pack Size** | 10g | |
|  | GelTears 0.2% gel | **Pack Size** | 10g | |
|  | Viscotears 2mg/g liquid gel | **Pack Size** | 10g | |
| **7.3 Allergic Eye Conditions** | | | | |
|  | Sodium cromoglicate 2% eye drops | **Pack Sizes** | 5 ml, 10 ml | |
|  | Olopatadine 1mg/1ml eye drops (PGD) | **Pack Size** | 5 ml | |
|  | | | | |
| 8. Ear | | | | |
| **8.1 Removal of Ear Wax** | | | | |
| **1st Line:** | Olive oil ear drops (Alissa Healthcare Research Ltd) | **Pack Size** | 10 ml | |
|  | Olive oil ear drops (Bell, Sons & Co (Druggists) Ltd) | **Pack Size** | 10ml | |
|  | Care olive oil ear drops | **Pack Size** | 10ml | |
|  | KliarVax Olive Oil ear drops | **Pack Size** | 10ml | |
|  | Olive oil ear drops (Numark Ltd) | **Pack Size** | 15ml | |
|  | Otadrop olive oil ear drops | **Pack Size** | 10ml | |
|  | Olive oil ear drops (Sai-Meds Ltd) | **Pack Size** | 10ml | |
|  | Olive oil ear drops (St Georges Medical Ltd) | **Pack Size** | 10ml | |
| **2nd Line:** | Sodium bicarbonate 5% ear drops (Alissa Healthcare Research Ltd) | **Pack size** | 10 ml | |
|  | Sodium bicarbonate 5% ear drops (Bell, Sons & Co (Druggists) Ltd) | **Pack size** | 10 ml | |
|  | KliarVax Sodium Bicarbonate ear drops | **Pack size** | 10 ml | |
|  | Sodium bicarbonate 5% ear drops (Sai-Meds Ltd) | **Pack size** | 10 ml | |
|  | Sodium bicarbonate 5% ear drops (Thornton & Ross Ltd) | **Pack size** | 10 ml | |
| **8.2 Otitis Externa** | | | | |
|  | Acetic acid 2% solution | **Pack Size** | 5 ml | |
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| 9. Mouth | | | | |
| **9.1 Oral Ulceration and Inflammation** | | | | |
|  | Benzydamine 0.15% oromucosal spray sugar free | **Pack Size** | 30 ml | |
|  | Benzydamine 0.15% mouthwash sugar free | **Pack Size** | 300 ml | |
|  | Chlorhexidine gluconate 0.2% mouthwash | **Pack Size** | 300 ml | |
|  | Corsodyl 0.2% mouthwash – alcohol free | **Pack Size** | 300 ml | |
|  | Anbesol liquid | **Pack Sizes** | 10 ml | |
|  | Hydrocortisone 2.5 mg muco-adhesive buccal tablets sugar free | **Pack Size** | 20 | |
| **9.2 Oral Thrush** | | | | |
|  | Miconazole 20mg/g oromucosal gel sugar free. | **Pack Size** | 15 g | |
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| 10. Skin | | | | | |
| **10.1 Eczema and Allergy** | | | | | |
| Lists for each NHS Board below | | | | | |

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| **NHS Ayrshire & Arran** | | | |
| ***Emollients:*** | | | |
|  | Doublebase gel | **Pack Sizes** | 100 g, 500 g |
|  | Hydromol ointment | **Pack Sizes** | 125 g, 500 g, 1 kg |
|  | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 500 g |
|  | QV cream | **Pack Sizes** | 100 g, 500 g |
|  | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
|  | Zeroveen cream | **Pack Sizes** | 100 g, 500 g |
| ***Emollient bath and shower additives:*** | | | |
|  | Hydromol Bath and Shower emollient | **Pack Sizes** | 350 ml, 500 ml |
|  | QV Gentle wash | **Pack Size** | 500 ml |
| ***Bath/shower preparations with antimicrobials:*** | | | |
|  | Dermol 500 lotion | **Pack Size** | 500 ml |
|  | Dermol 600 bath emollient | **Pack Size** | 600 ml |
|  | Oilatum Plus bath additive | **Pack Size** | 500 ml |

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 500 g |
|  | Fifty:50 ointment | **Pack Sizes** | 500 g |
|  | KreaMoint 50:50 Ointment | **Pack Sizes** | 500 g |
|  | Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment | Pack Sizes | 500 g |

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| **NHS Borders** | | | |
| **East Region Formulary (NHS Borders, Fife and Lothian)** | | | |
| ***Emollients (light weight):*** | | | |
| **1st Line** | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
| **2nd Line** | Oilatum cream | **Pack Sizes** | 150 g, 500 ml |
| **2nd Line** | Cetraben cream | **Pack Sizes** | 50 g, 150 g, 500 g, 1050 g |
| **2nd Line** | QV cream | **Pack Size** | 500 g |
| **2nd Line** | Zerodouble gel | **Pack Sizes** | 100 g, 500 g |
| **2nd Line** | Zeroveen cream | **Pack Sizes** | 100 g, 500 g |
| **2nd Line** | QV skin lotion 5% | **Pack Size** | 500 ml |
| ***Emollients (heavy weight):*** | | | |
| **1st Line** | Hydromol ointment | **Pack Sizes** | 125 g, 500 g |
| **2nd Line** | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 250 g |
| **2nd Line** | Emulsifying ointment | **Pack Size** | 500 g |
| ***Emollient bath and shower additives:*** | | | |
| **1st Line** | Hydromol ointment | **Pack Sizes** | 125 g, 500 g |
| **2nd Line** | Emulsifying ointment | **Pack Size** | 500 g |
| **3rd Line** | Hydromol Bath and Shower emollient | **Pack Size** | 500 ml |
| **3rd Line** | QV Gentle Wash | **Pack Size** | 500 ml |
| ***Bath/shower preparations with antimicrobials:*** | | | |
| **4th Line** | Dermol 500 lotion | **Pack Size** | 500 ml |

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g |

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| **NHS Dumfries & Galloway** | | | |
| ***Emollients:*** | | | |
| **1st Line** | Epimax original cream | **Pack Size** | 500 g |
| **1st Line** | ExoCream | **Pack Size** | 500 ml |
| **1st Line** | Epimax isomol gel | **Pack Size** | 500 g |
| **2nd Line** | QV cream | **Pack Sizes** | 100 g, 500 g |
| **2nd Line** | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 250 g |
| **2nd Line** | Hydromol ointment | **Pack Sizes** | 125 g, 500 g, 1 kg |
| ***Emollient bath and shower additives:*** | | | |
| **1st Line** | Emulsifying ointment | **Pack Sizes** | 500 g |
| **2nd Line** | Hydromol Bath and Shower emollient | **Pack Size** | 500 ml |
| **2nd Line** | QV Gentle wash | **Pack Size** | 500 ml |
| ***Bath/shower preparations with antimicrobials:*** | | | |
|  | Dermol 200 shower emollient | **Pack Size** | 200 ml |
|  | Dermol 600 bath emollient | **Pack Size** | 600 ml |

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

|  |  |  |  |
| --- | --- | --- | --- |
| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g |

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| **NHS Fife** | | | |
| **East Region Formulary (NHS Borders, Fife and Lothian)** | | | |
| ***Emollients (light weight):*** | | | |
| **1st Line** | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
| **2nd Line** | Oilatum cream | **Pack Sizes** | 150 g, 500 ml |
| **2nd Line** | Cetraben cream | **Pack Sizes** | 50 g, 150 g, 500 g, 1050 g |
| **2nd Line** | QV cream | **Pack Size** | 500 g |
| **2nd Line** | Zerodouble gel | **Pack Sizes** | 100 g, 500 g |
| **2nd Line** | Zeroveen cream | **Pack Sizes** | 100 g, 500 g |
| **2nd Line** | QV skin lotion 5% | **Pack Size** | 500 ml |
| ***Emollients (heavy weight):*** | | | |
| **1st Line** | Hydromol ointment | **Pack Sizes** | 125 g, 500 g |
| **2nd Line** | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 250 g |
| **2nd Line** | Emulsifying ointment | **Pack Size** | 500 g |
| ***Emollient bath and shower additives:*** | | | |
| **1st Line** | Hydromol ointment | **Pack Sizes** | 125 g, 500 g |
| **2nd Line** | Emulsifying ointment | **Pack Size** | 500 g |
| **3rd Line** | Hydromol Bath and Shower emollient | **Pack Size** | 500 ml |
| **3rd Line** | QV Gentle Wash | **Pack Size** | 500 ml |
| ***Bath/shower preparations with antimicrobials:*** | | | |
| **4th Line** | Dermol 500 lotion | **Pack Size** | 500 ml |

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g |

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| **NHS Forth Valley** | | | |
| ***Emollients:*** | | | |
|  | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Sizes** | 250 g, 500 g |
| 1st Line | Zeroderm ointment | **Pack Size** | 125 g, 500 g |
| 2nd Line | Hydromol ointment | **Pack Sizes** | 125 g, 500 g |
| 1st Line | Epimax isomol gel (contains phenoxyethanol) | **Pack Sizes** | 100 g, 500 g |
| 2nd Line | Doublebase gel (if allergic to phenoxyethanol) | **Pack Sizes** | 100 g, 500 g |
| 1st Line | Epimax original cream (contains phenoxyethanol) | **Pack Sizes** | 100 g, 500 g |
| 1st Line | Zerobase 11% cream ( if allergic to phenoxyethanol) | **Pack Sizes** | 50 g , 500 g |
| 2nd Line | Cetraben cream | **Pack Sizes** | 50 g, 150 g, 500 g |
| 2nd Line | QV cream | **Pack Sizes** | 100 g, 500 g |
|  | QV 5% skin lotion | **Pack Size** | 500 ml |
|  | Dermol cream | **Pack Sizes** | 100 g, 500 g |
| 1st Line | Dermol 500 lotion (as Soap Substitute) | **Pack Size** | 500 ml |
| 2nd Line | QV Gentle wash (as Soap Substitute) | **Pack Size** | 500 ml |

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g, 500 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g, 500 g |
|  | KreaMoint 50:50 Ointment | **Pack Sizes** | 500 g |
|  | Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment | Pack Sizes | 500 g |

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| **NHS Greater Glasgow and Clyde** | | | |
| ***Emollients:*** | | | |
|  | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 500g |
|  | Zerobase 11% cream | **Pack Size** | 50 g, 500 g |
| ***Emollient bath and shower additives:*** | | | |
|  | QV Gentle Wash | **Pack Size** | 500 ml |

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 500 g |
|  | Fifty:50 ointment | **Pack Sizes** | 500 g |
|  | KreaMoint 50:50 Ointment | **Pack Sizes** | 500 g |
|  | Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment | Pack Sizes | 500 g |

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| **NHS Grampian** | | | | |
| ***Emollients:*** | | | | |
| ***Ointments:*** | | | | |
| **1st Line** |  | |  |  |
|  | AproDerm ointment | | **Pack Sizes** | 50 g, 500 g |
|  | Zeroderm ointment | | **Pack Sizes** | 125 g, 500 g |
|  | Hydromol ointment | | **Pack Sizes** | 125 g, 500 g |
|  | Cetraben ointment | | **Pack Size** | 450 g |
| ***Gels:*** | | | | |
|  | Epimax isomol gel | | **Pack Sizes** | 100 g , 500 g |
| ***Creams:*** | | | | |
| **1st Line** |  | | **Pack Sizes** |  |
|  | AproDerm emollient cream | | **Pack Sizes** | 50 g, 500 g |
|  | Zerobase 11% cream | | **Pack Sizes** | 50 g, 500 g |
|  | QV cream | | **Pack Sizes** | 100 g, 500 g |
|  | Cetraben cream | | **Pack Sizes** | 50 g, 150 g, 500 g, 1050 g |
| ***Colloidal Oatmeal Creams:*** | | | | |
| **1st Line** | Epimax oatmeal cream | | **Pack Sizes** | 100 g, 500 g |
|  | AproDerm Colloidal Oat cream | | **Pack Sizes** | 100 g, 500 g |
|  | Zeroveen cream | | **Pack Sizes** | 100 g, 500 g |
| ***Urea 5 % Creams:*** | | | | |
|  | imuDERM emollient (urea 5%) | | **Pack Size** | 500 g |
| ***Lotions:*** | | | | |
|  | QV 5% skin lotion | **Pack Size** | | 500 ml |
|  | Cetraben lotion | **Pack Sizes** | | 200 ml, 500 ml |
| ***Emollient bath and shower additives:*** | | | | |
|  | QV Gentle wash (as a soap substitute) | | **Pack Size** | 500 ml |
|  | Hydromol Bath and Shower emollient | | **Pack Size** | 500 ml |

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| **NHS Highland** | | | |
| ***Emollients:*** | | | |
|  | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
|  | Hydromol ointment | **Pack Sizes** | 125 g, 500 g |
|  | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 250 g |
|  | Zeroderm ointment | **Pack Sizes** | 125 g, 500 g |
|  | Zerodouble gel | **Pack Sizes** | 100 g, 500 g |
|  | Dermol 500 lotion | **Pack Size** | 500 ml |
| ***Emollient bath and shower additives:*** | | | |
|  | Balneum 84.75% bath oil | **Pack Sizes** | 500 ml |
|  | Emulsiderm emollient | **Pack Size** | 300 ml |
|  | Oilatum emollient | **Pack Sizes** | 500 ml |
|  | Oilatum Junior bath additive | **Pack Size** | 150 ml, 300 ml, 600 ml |
| ***Bath/shower preparations with antimicrobials*** | | | |
|  | Dermol 200 shower emollient | **Pack Size** | 200 ml |

\* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g |

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| **NHS Lanarkshire** | | | |
| ***Emollients:*** | | | |
|  | ExoCream | **Pack Size** | 500 ml |
|  | Epimax isomol gel | **Pack Size** | 500 g |
|  | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 250 g |
|  | Emulsifying ointment | **Pack Sizes** | 500 g |

\* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g |

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| **NHS Lothian** | | | | | | |
| **East Region Formulary (NHS Borders, Fife and Lothian)** | | | | | | |
| ***Emollients (light weight):*** | | | | | | |
| **1st Line** | Zerobase 11% cream | | **Pack Sizes** | | 50 g, 500 g | |
| **2nd Line** | Oilatum cream | | **Pack Sizes** | | 150 g, 500 ml | |
| **2nd Line** | Cetraben cream | | **Pack Sizes** | | 50 g, 150 g, 500 g, 1050 g | |
| **2nd Line** | QV cream | | **Pack Size** | | 500 g | |
| **2nd Line** | Zerodouble gel | | **Pack Sizes** | | 100 g, 500 g | |
| **2nd Line** | Zeroveen cream | | **Pack Sizes** | | 100 g, 500 g | |
| **2nd Line** | QV skin lotion 5% | | **Pack Size** | | 500 ml | |
| ***Emollients (heavy weight):*** | | | | | | |
| **1st Line** | Hydromol ointment | | **Pack Sizes** | | 125 g, 500 g | |
| **2nd Line** | White soft paraffin 50% / Liquid paraffin 50% ointment\* | | **Pack Size** | | 250 g | |
| **2nd Line** | Emulsifying ointment | | **Pack Size** | | 500 g | |
| ***Emollient bath and shower additives:*** | | | | | | |
| **1st Line** | Hydromol ointment | | **Pack Sizes** | | 125 g, 500 g | |
| **2nd Line** | Emulsifying ointment | | **Pack Size** | | 500 g | |
| **3rd Line** | Hydromol Bath and Shower emollient | | **Pack Size** | | 500 ml | |
| **3rd Line** | QV Gentle Wash | | **Pack Size** | | 500 ml | |
| ***Bath/shower preparations with antimicrobials:*** | | | | | | |
| **4th Line** | Dermol 500 lotion | | **Pack Size** | | 500 ml | |

\* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

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| ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | |
|  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 250 g |
|  | Fifty:50 ointment | **Pack Sizes** | 250 g |

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| **NHS Orkney** | | | |
| ***Emollients:*** | | | |
|  | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
|  | Zeroderm ointment | **Pack Sizes** | 125 g, 500 g |
|  | Zerodouble gel | **Pack Sizes** | 100 g, 500 g |

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| **NHS Shetland** | | | |
| ***Emollients:*** | | | |
|  | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
|  | Zeroderm ointment | **Pack Sizes** | 125 g, 500 g |
|  | Zerodouble gel | **Pack Sizes** | 100 g, 500 g |

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| **NHS Tayside** | | | |
| ***Emollients:*** | | | |
| ***Ointments:*** | | | |
|  | AproDerm ointment | **Pack Sizes** | 50 g, 500 g |
|  | Epimax ointment | **Pack Sizes** | 125 g , 500 g |
|  | White soft paraffin 50% / Liquid paraffin 50% ointment\* | **Pack Size** | 500 g |
| ***Creams*** | | | |
|  | Epimax original cream | **Pack Sizes** | 100 g, 500 g |
|  | Zerobase 11% cream | **Pack Sizes** | 50 g, 500 g |
| ***Gel*** | | | |
|  | Epimax isomol gel | **Pack Sizes** | 100 g, 500 g |
| ***Soap substitute:*** | | | |
|  | QV Gentle wash | **Pack Size** | 500 ml |
| \*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below   |  |  |  |  | | --- | --- | --- | --- | | ***White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff*** | | | | |  | Aquaderm Liquid Paraffin 50% in White Soft Paraffin | **Pack Sizes** | 500 g | |  | Fifty:50 ointment | **Pack Sizes** | 500 g | |  | KreaMoint 50:50 Ointment | **Pack Sizes** | 500 g | |  | Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment | Pack Sizes | 500 g | | | | |
| **NHS Western Isles** | | | |
| **See NHS Highland choices** | | | |

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| **10. Skin (cont.)** | | | |
| **10.2 Nappy Rash** | | | |
|  | Conotrane cream | **Pack Sizes** | 500 g |
|  | Metanium Nappy Rash ointment | **Pack Sizes** | 30 g |
|  | Sudocrem antiseptic healing cream | **Pack Sizes** | 125 g, 250 g, 400 g |
| **10.3 Allergy/Itch** | | | |
|  | Aqueous Calamine cream | **Pack Size** | 100 g |
|  | Clobetasone 0.05% cream | **Pack Size** | 15 g |
|  | Crotamiton 10% cream | **Pack Sizes** | 30 g, 100 g |
|  | Hydrocortisone 1% cream | **Pack Size** | 15 g |
|  | AquaSoothe 1% cream | **Pack Size** | 100 g |
|  | Arjun 1% cream | **Pack Size** | 100 g |
|  | Cetirizine 10 mg tablets | **Pack Size** | 30 |
|  | Cetirizine 1 mg/ ml oral solution sugar free | **Pack Size** | 70 ml, 200 ml |
|  | Chlorphenamine 4 mg tablets | **Pack Size** | 28, 30 |
|  | Chlorphenamine 2mg/5ml oral solution | **Pack Size** | 150 ml |
|  | Chlorphenamine 2mg/5ml oral solution sugar free | **Pack Size** | 150 ml |
|  | Loratadine 10 mg tablets | **Pack Size** | 30 |
|  | Loratadine 5 mg/5 ml oral solution | **Pack Size** | 100 ml |
| **10.4 Acne** | | | |
|  | Acnecide 5% gel | **Pack Size** | 30 g |
| **10.5 Scalp Disorders** | | | |
|  | Capasal Therapeutic shampoo | **Pack Size** | 250 ml |
|  | Coal tar extract 2% shampoo | **Pack Sizes** | 125 ml, 250 ml |
|  | Ketoconazole shampoo 2% | **Pack Sizes** | 60 ml, 100 ml |
|  | Sebco ointment | **Pack Sizes** | 40 g, 100 g |
| **10.6 Boils** | | | |
|  | Magnesium sulfate paste BP | **Pack Sizes** | 50 g |

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| 11. Dressings and Appliances | | | |
| **11.1 Dressings** | | | |
|  | Clinipore tape 2.5 cm x 5 m | **Pack Size** | 1 |
|  | Melolin 10 cm x 10 cm | **Pack Size** | 1 |
|  | Melolin 5 cm x 5 cm | **Pack Size** | 1 |
|  | Mepore dressing 10 cm x 11 cm | **Pack Size** | 1 |
|  | Mepore dressing 7 cm x 8 cm | **Pack Size** | 1 |
|  | Micropore tape 2.5 cm x 5 m | **Pack Size** | 1 |
|  | 365 Non Woven Island dressing 10cm x 10cm (365 Healthcare Ltd) | **Pack Size** | 1 |
|  | 365 Non Woven Island dressing 6cm x 8cm (365 Healthcare Ltd) | **Pack Size** | 1 |
|  | 365 Non Adherent dressing 5cm x 5cm (365 Healthcare Ltd) | **Pack Size** | 1 |
|  | 365 Non Adherent dressing 10cm x 10cm (365 Healthcare Ltd) | **Pack Size** | 1 |
|  | 365 Film dressing 10cm x 12cm (365 Healthcare Ltd) | **Pack Size** | 1 |
|  | 365 Film dressing 6cm x 7cm (365 Healthcare Ltd) | **Pack Size** | 1 |
|  | Tubigrip bandage 6.25cm size B (Molnlycke Health Care Ltd) 1 m | **Pack Size** | 1 |
|  | Tubigrip bandage 6.75cm size C (Molnlycke Health Care Ltd) 1 m | **Pack Size** | 1 |
|  | Tubigrip bandage 7.5cm size D (Molnlycke Health Care Ltd) 1 m | **Pack Size** | 1 |
|  | Tubigrip bandage 8.75cm size E (Molnlycke Health Care Ltd) 1 m | **Pack Size** | 1 |
|  | Tubigrip bandage 10cm size F (Molnlycke Health Care Ltd) 1 m | **Pack Size** | 1 |
|  | Tubigrip bandage 12cm size G (Molnlycke Health Care Ltd) 1 m | **Pack Size** | 1 |