

Bulletin No 31 – 01/10/2024

Distributions – All Community
Pharmacies via email

Nicorette Quickmist Oral Spray from QYW Specialist Services

The option to use Nicorette Quickmist for QYW clients attending the specialist QYW services (Acute, Community, Maternity, Mental Health) is being re-introduced for a 6 month period. Please prescribe it if clinically appropriate for any clients with a request for it from the specialist advisors.

Criteria for inclusion in the trial are:-

- Clients who have had an unsuccessful quit attempt with the QYW service with either QYW Specialist Services or Pharmacy.
- Heaviness of Smoking score of 5 or more on a smoking addiction rating scale.
- Client agrees to weekly face-to-face appointments (with a practitioner or pharmacist) and weekly CO screening.
-

Guidance for number to supply each week

- 1 bottle has 150 sprays.
- 1 spray = 1 cigarette. For 20 cigarettes per day one bottle should be sufficient.
- For 30+ cigarettes per day can supply 2 bottles for the first 4 weeks, then 1 bottle per week.

This product contains a small amount of alcohol and is not suitable for anyone avoiding alcohol or taking disulfiram (Antabuse).

Please consult product SPC for full details of C/Is, S/Es, additional monitoring for some medicines when stopping smoking, and product use and storage.

Tel **0141 201 4945** or email ggc.pharmacyhit@nhs.scot