

Bulletin No 9 – 15/06/23

Distributions-: All Community Pharmacies by email

**Risk Assessment for CO Monitoring for the Quit Your Way (QYW)  
Pharmacy Smoking Cessation Service.**

As per Bulletin No 8 - The requirement for CO monitoring for pharmacy QYW clients was paused at the height of the COVID 19 pandemic due to distancing restrictions in place (Scottish Government Circular PCA(P)(2020)9. Recent communication from Scottish Government has indicated that as these restrictions have now all been removed, CO monitoring can recommence where appropriate. When taking CO readings, pharmacy staff should be encouraged to do so in a COVID safe manner.

In order to support a COVID safe approach, the QYW risk assessment for CO monitoring has been updated. A copy of the risk assessment is attached along with a suggested guidance document for use in the pharmacy. It is strongly recommended that this risk assessment is undertaken before recommencing CO monitoring.

Pharmacy contractors can adopt the guide SOP if they wish, or use it as a template for their own SOP if this is more appropriate.

If you require any further advice, CO monitors, mouthpieces, D-pieces and alcohol free wipes or require further advice regarding the risk assessment please contact the Pharmacy Health Improvement Team.

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