

## Community Pharmacy Communication Update

**Tuesday 3<sup>rd</sup> September 2024**



In this edition –


- **Ranitidine Recovery**
- **Polypharmacy and Deprescribing Survey**
- **Sharps Bins Disposal**
- **CPIP: Peer Review Webinar**
- **Public Protection Learning & Education Sessions Sept-Dec 2024**
- **Pharmacy Professionals (Pharmacists & Techs) Incubator; Focus Groups**
- **Smoking Cessation Training**
- **Urgent : Medicine switch from Edoxaban to Apixaban**


ACTION	Ranitidine Recovery
	<p>Contractors will recall an exercise that was completed in March 2023 to look at payments for ranitidine prescriptions after a product recall and subsequent shortage before being withdrawn from the market. Contractors worked with the Health Board to identify prescriptions that had been paid incorrectly and this information was passed to NHS Services Scotland Adjustment Team to action once the local exercise was complete.</p> <p>Due to circumstances outside of the Board's control, these reclaims are only being actioned by NSS now. From experience, it is likely to be completed in batches. NSS have been asked to use the reclaim/recovery code of HB RANIT to aid contractors in identifying the reasons for the adjustment on your payment information.</p> <p>We have worked with Community Pharmacy Scotland and CPGGC as part of this exercise and CPS are aware of the delay in the adjustments being actioned.</p> <p>Timescales for the recovery are unknown and may take several months to complete as each item must be manually adjusted for each contractor.</p> <p>Elaine Paton 06/08/2024</p>


ACTION	Polypharmacy and Deprescribing Survey
	<p>In NHSGGC we are committed to addressing over prescribing and waste which will have positive benefits for patients and the environment.</p> <p>As part of this work we are interested in the views of healthcare professionals who may have a role in polypharmacy and deprescribing. We are keen to learn more about what would help support people with deprescribing.</p> <p>You can help by completing this short survey on MS Forms by <b>Friday 20<sup>th</sup> September</b>. This will only take a few minutes to complete, your contribution is much appreciated:</p> <p><a href="https://forms.office.com/e/rCs8ja5mx6">https://forms.office.com/e/rCs8ja5mx6</a></p>  <p>Leanne Black Lead clinical Pharmacist for Frailty GGC 02/09/2024</p>

ACTION	Sharps Bins Disposal
	<p>Following our last few communications in 2023, we are again experiencing a spate of reports on the issue of sharps bins being incorrectly returned to Community Pharmacies for disposal.</p> <p>Patients should be advised that their used sharps bins should be returned to the patients' GP Practice, independent of their source. The only exception to this would be those sharps containers used in Needle Exchange, who have their own service arrangements.</p> <p>We would ask all Board Community Pharmacies to continue to advise CPDT when faced with patients attempting to incorrectly return used sharps bins via our <a href="mailto:ggc.cpdevteam@nhs.scot">ggc.cpdevteam@nhs.scot</a> mailbox - providing some information on where the patient got the incorrect advice from i.e. which hospital/ward/clinic.</p>

	<p>We will then contact the aforementioned service and advise them on the correct procedures for patient disposal of the bins.</p> <p>Please click <a href="#">here</a> for NHSGGC Area Drug &amp; Therapeutics Committee guidance.</p> <p>We would like to thank you once again for your continued co-operation.</p> <p>Janine Glen 30/08/2024</p>
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<b>ACTION</b>	<b>CPIP: Peer Review Webinar</b>
 <p>CPIP Peer Review Webinar 11 Septeml</p> <p><b>Attached</b></p>	<p><b>Date for the Diary – Wednesday 11<sup>th</sup> of September</b></p> <p>The Common Clinical Conditions (CCC) Advisory group would like to invite you to a Peer Review Webinar.</p> <p>Come along, bring and discuss an interesting, challenging or unusual case with your peers. Take the opportunity to learn with and from others. We will break into small groups. This can be used as peer review for your GPhC revalidation.</p> <p><b>Date: Wednesday 11<sup>th</sup> of September 2024</b></p> <p><b>Time: 7pm on Teams (1h)</b></p> <p><b><u>Join the meeting now</u></b></p> <p>Lorna Brown 29/08/2024</p>

<b>ACTION</b>	<b>Public Protection Learning &amp; Education Sessions Sept-Dec 2024</b>
 <p>Learning &amp; Education Sessions</p> <p><b>Attached</b></p>	<p>Please find attached the list of public protection training sessions being held between September - December 2024 for dissemination.</p> <p>Sharon Blaney</p>

<b>ACTION</b>	<b>Pharmacy Professionals (Pharmacists &amp; Techs) Incubator; Focus Groups</b>
 <p>Incubator Recruitment Flyer.pdf</p>	<p>The Pharmacy Professionals Incubator, a three-year project supported by the National Institute for Health and Care Research to build research capacity within the pharmacy profession.</p>

Research is a core part of NHS business to improve patient health outcomes and advance pharmacy professional roles, and despite pharmacy being the third largest healthcare profession, we are largely underrepresented in health services research. The Department of Health and Social Care's Future of UK Clinical Research Delivery: 2022 to 2025 implementation plan outlines how allied health professionals should be supported to develop a sustainable research-active workforce. Our aim is to develop a UK-wide strategy to help support and increase research engagement within the pharmacy profession.

First, we would like to hold some focus groups to understand the barriers and enablers to pharmacy professionals engaging with research, and hope that you'll be able to help us by circulating our advert to the pharmacy professionals you work with, as well as to any other professional networks you might know of. We are looking for registered pharmacists and pharmacy technicians (excluding locum professionals) at all levels of research, including those that aren't currently research active. The focus groups will be held on the following evenings, and will last approximately 90 minutes;

**Community: Tues 24th September 7pm-8.30pm**

**Primary Care: Wed 25th September 7pm-8.30pm**

**Hospital: Wed 2nd October 7pm-8.30pm**

**Academia: Thurs 3rd October 7pm-8.30pm**

Participants will receive a £50 voucher for their time. The following link will allow those interested to fill out an expression of interest should they want to participate.

The link for the Expression of Interest form can be found here: <https://forms.office.com/e/Dy5B9jbD9T>

We've also attached a 'flyer' which you may choose to circulate.

We thank you for your support in undertaking this project and circulating our advert, and hope to work with you in future to better our profession's development and representation in research. We plan to undertake a national survey following results of the focus groups which we hope you'll be able to assist us in circulating in the near future. You can follow us on X at @Pharmres\_profs to keep up to date with our work, or please do get in touch at [pharmacyincubator@leicester.ac.uk](mailto:pharmacyincubator@leicester.ac.uk) if you'd like to discuss anything further.

Christopher Johnson  
Specialist Mental Health Primary Care  
29/08/2024

ACTION	Smoking Cessation Training															
	<p>To become accredited to deliver the NHS GGC Quit Your Way Pharmacy Smoking Cessation service, pharmacists and pharmacy team members delivering the service should complete NHS GGC's Smoking Cessation Service training day.</p> <p>All pharmacy team members not having attended training in over 3 years are eligible to attend, including locums.</p> <p>Upcoming Dates:</p> <table><tr><th><u>Date</u></th><th><u>Time</u></th><th><u>Nos</u></th><th><u>Meeting Place</u></th><th><u>Contact</u></th></tr><tr><td><u>Tuesday 24th September 2024</u></td><td><u>9:00-16.00</u></td><td><u>30</u></td><td><u>Campanile Hotel</u></td><td><u>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</u></td></tr><tr><td><u>Wednesday 20th November 2024</u></td><td><u>9:00-16.00</u></td><td><u>30</u></td><td><u>Eastbank Training Centre</u></td><td><u>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</u></td></tr></table> <p>Further dates and details can be found at: <a href="#">NHS Community Pharmacy Website (scot.nhs.uk)</a></p> <p>Training lasts approx. 9am- 4:00pm with lunch provided. Places will be allocated on a first-come basis and will be confirmed in writing.</p> <p>Please inform us if you do not require lunch or you have special dietary requirements. Free parking is available on a first come basis.</p> <p>Attendance costs are covered directly with contractors or with locums, as appropriate. NES FTY students do not need to claim as paid through NES. To book, contact us on: T: 0141 201 4945 or E: pharmacyhit@ggc.scot.nhs.uk</p> <p>Annette Robb 03/09/2024</p>	<u>Date</u>	<u>Time</u>	<u>Nos</u>	<u>Meeting Place</u>	<u>Contact</u>	<u>Tuesday 24th September 2024</u>	<u>9:00-16.00</u>	<u>30</u>	<u>Campanile Hotel</u>	<u>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</u>	<u>Wednesday 20th November 2024</u>	<u>9:00-16.00</u>	<u>30</u>	<u>Eastbank Training Centre</u>	<u>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</u>
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ACTION	Urgent : Medicine switch from Edoxaban to Apixaban
	<p>There is currently a medicines switch being conducted where patients on DOAC medication are being transferred from Edoxaban to Apixaban if deemed clinically suitable.</p> <p>We have recently received information on an incident where a patient was changed as outlined above and the change was not actioned appropriately as it went through the system and this included the supply to the patient where they were supplied with both drugs at the same time.</p> <p>This led to the patient being admitted to hospital with left sided weakness and an intracranial haemorrhage on the brain.</p> <p>Can i ask you to please brief all staff on the importance of checking your PMR when new medication is being supplied for any interactions that the PMR may show or for any medications that could possibly be for the same condition.</p> <p>Colleagues working in Pharmacotherapy teams within surgeries will be able to support with any questions where this may arise.</p> <p>Alan Harrison 03/09/2024</p>

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Any queries should be directed to the contact provided. Where no specific contact is shown, queries should be directed to [ggc.cpdevteam@nhs.scot](mailto:ggc.cpdevteam@nhs.scot)

We are keen for any feedback you have about this Comms Update. Please submit your comments/suggestions to: [cpdt@ggc.scot.nhs.uk](mailto:cpdt@ggc.scot.nhs.uk)

## Community Pharmacy Communication Update

**Thursday 5<sup>th</sup> September 2024**



REMINDER	Ranitidine Recovery
	<p>Contractors will recall an exercise that was completed in March 2023 to look at payments for ranitidine prescriptions after a product recall and subsequent shortage before being withdrawn from the market. Contractors worked with the Health Board to identify prescriptions that had been paid incorrectly and this information was passed to NHS Services Scotland Adjustment Team to action once the local exercise was complete.</p> <p>Due to circumstances outside of the Board's control, these reclaims are only being actioned by NSS now. From experience, it is likely to be completed in batches. NSS have been asked to use the reclaim/recovery code of HB RANIT to aid contractors in identifying the reasons for the adjustment on your payment information.</p> <p>We have worked with Community Pharmacy Scotland and CPGGC as part of this exercise and CPS are aware of the delay in the adjustments being actioned.</p> <p>Timescales for the recovery are unknown and may take several months to complete as each item must be manually adjusted for each contractor.</p> <p>Elaine Paton 06/08/2024</p>



**REMINDER****Smoking Cessation Training**

To become accredited to deliver the NHS GGC Quit Your Way Pharmacy Smoking Cessation service, pharmacists and pharmacy team members delivering the service should complete NHS GGC's Smoking Cessation Service training day.

All pharmacy team members not having attended training in over 3 years are eligible to attend, including locums.

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Training lasts approx. 9am- 4:00pm with lunch provided. Places will be allocated on a first-come basis and will be confirmed in writing.

Please inform us if you do not require lunch or you have special dietary requirements. Free parking is available on a first come basis.

Attendance costs are covered directly with contractors or with locums, as appropriate. NES FTY students do not need to claim as paid through NES. To book, contact us on:

T: 0141 201 4945 or E: [pharmacyhit@ggc.scot.nhs.uk](mailto:pharmacyhit@ggc.scot.nhs.uk)

Annette Robb  
03/09/2024




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	<div data-bbox="373 76 759 403"> <p>NHSGGC Deprescribing Survey</p>  </div> <p>Leanne Black Lead clinical Pharmacist for Frailty GGC 02/09/2024</p>
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Attached	<p>Come along, bring and discuss an interesting, challenging or unusual case with your peers. Take the opportunity to learn with and from others. We will break into small groups. This can be used as peer review for your GPhC revalidation.</p> <p><b>Date: Wednesday 11<sup>th</sup> of September 2024</b></p> <p><b>Time: 7pm on Teams (1h)</b></p> <p><b><u><a href="#">Join the meeting now</a></u></b></p> <p>Lorna Brown 29/08/2024</p>
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Christopher Johnson  
Specialist Mental Health Primary Care  
29/08/2024

REMINDER	PGD Review Month Reminder (August 2024)
	<p>This is a gentle reminder that the following PGDs are due for review this month (August 2024):</p> <p>Fusidic Acid v 2% cream; Nitrofurantoin; Trimethoprim.</p> <p>Scottish Government will take forward this review and will, in time, issue updated PGDs.</p> <p><b><u>The current PGDs remain valid until 31st August 2025.</u></b></p> <p>Community Pharmacists are asked to make sure they have signed the authorisation sheet associated with these PGDs, and if not</p>

	<p>already done so, log their acceptance of the professional responsibilities associated with the PGDs on the e-form designed for this purpose: <a href="#">PGDs - Greater Glasgow and Clyde (office.com)</a></p> <p>Thank you for your continued co-operation in this matter.</p> <p>Lianne Hatch 27/08/2024</p>
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REMINDER	GP OOH Information - Reminder
	<p>As you are aware Community Pharmacies now have access to the <a href="#">GP OOH Professional to Professional line.</a></p> <p>As a reminder - this line should only be used in the following situations :</p> <ul style="list-style-type: none"> <li>- Patient just falls out with PGD criteria but could possibly be treated after clinical conversation</li> <li>- Pharmacist would like to check clinical assessment with OOH doctor before treating under Pharmacy First or Pharmacy First Plus</li> <li>- Pharmacist would like to confirm/query details of a script already written by an OOH clinician.</li> </ul> <p>AND</p> <p>The patient is willing to remain in the pharmacy until contact is made with OOH clinician (up to 30 mins)</p> <p><b>NB This line should NOT be used to ask GP OOH to see the patient. If you feel the patient needs further urgent assessment, then please ask them to contact NHS111.</b></p> <p>Also</p> <p><u>FNC</u> - The FNC will accept referrals for patients &gt; 5 years old - see <a href="#">flow chart</a> for detail</p> <p>NB - Medical conditions such as UTI's, sore throats, shingles, impetigo etc should <b>NOT</b> be referred to the FNC, and if appropriate referred to NHS111.</p> <p>Pamela Macintyre 27/08/2024</p>

REMINDER	PERT Shortages
	<p>As you are all aware the shortages of Creon and other PERT medicines are ongoing.</p> <p>A <a href="#">position statement</a> has now been released by NPPG (Neonatal and Paediatric Pharmacy Group) that may be of use when dealing with young patients.</p> <p>As per the <a href="#">Flow-Chart-Creon-Prescribing-v1.2.pdf (scot.nhs.uk)</a>, if you need to supply an unlicensed preparation you do not require a new prescription. The Pricing Bureau will accept an endorsement.</p> <p>Pamela Macintyre 27/08/2024</p>

REMINDER	Fresubin 3.2Kcals (125ml)- stock issues
	<p>The stock levels are variable in the community at present and sometimes it is showing out of stock at the wholesalers.</p> <p>We are working on how to best deal with this situation and will keep you appraised.</p> <p>We are in the process of identifying the patients who have recently been prescribed this product. This will allow us to decide the best switch for each patient group as sometime the reason for using the product is different. Fresenius Kabi are estimating this should resolve by late November.</p> <p>Meantime if you come across an issue please contact the Dietitians team. If one is involved, it will be at the bottom of the CPNSS paperwork. Otherwise you can phone the prescribing support Dietitians on 0141-201-6012 or by email on <a href="mailto:presupdiet@ggc.scot.nhs.uk">presupdiet@ggc.scot.nhs.uk</a></p> <p>Wendy McGaugie 27/08/2024</p>

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[cpdt@ggc.scot.nhs.uk](mailto:cpdt@ggc.scot.nhs.uk)


## Community Pharmacy Communication Update

**Tuesday 10<sup>th</sup> September 2024**



In this edition –


- **REMINDER: CPIP: Peer Review Webinar – 11<sup>th</sup> September**
- **NHSGG&C Medicines Waste Campaign**
- **CPIP: Peer Review Webinar - What using NEWS can do for you?**
- **Mental Health Snippet: Suicide Prevention Week 2024**
- **EHC Reminder**


REMINDER	CPIP: Peer Review Webinar – 11 <sup>th</sup> September
 <p>CPIP Peer Review Webinar 11 Septeml</p> <p>Attached</p>	<p>The Common Clinical Conditions (CCC) Advisory group would like to invite you to a Peer Review Webinar.</p> <p>Come along, bring and discuss an interesting, challenging or unusual case with your peers. Take the opportunity to learn with and from others. We will break into small groups. This can be used as peer review for your GPhC revalidation.</p> <p><b>Date: Wednesday 11<sup>th</sup> of September 2024</b></p> <p><b>Time: 7pm on Teams (1h)</b></p> <p><b><u><a href="#">Join the meeting now</a></u></b></p> <p>Lorna Brown 29/08/2024</p>

ACTION	NHSGG&C Medicines Waste Campaign
	<p>Medicines waste costs NHSGGC £100,000 every day – we need <b><u>your</u></b> help to tackle the currently estimated 10% overprescribing.</p> <p>NHS GGC have launched a campaign to reduce medicines waste – for the good of people’s health, to support NHS services and to help the environment.</p> <p>A recent public survey of 1200+ residents indicated the importance of receiving messages directly from their Community Pharmacy.</p>



	<p>Please click <a href="#">here</a> for further details/resources, and links to interactive quizzes for Staff and Patients to provide feedback:</p> <p>This campaign will continue to be developed, and we will share further materials as they become available. Please use the <a href="#">Feedback Form</a> to indicate anything else of use to you in this campaign</p> <p>Anne Thomson Lead Pharmacist, Clinical Services 10/09/2024</p>
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ACTION	CPIP: Peer Review Webinar - What using NEWS can do for you?
 CPIP Peer Review.pdf Attached	<p><b>Date for the Diary – Wednesday 6<sup>th</sup> November 2024</b></p> <p>The Common Clinical Conditions (CCC) Advisory group would like to invite you to a “<b>What using NEWS can do for you Webinar</b>”.</p> <p>Please come along, bring and discuss an interesting, challenging or unusual case with your peers. Take the opportunity to learn with and from others.</p> <p>We will break into small groups. This can be used as peer review for your GPhC revalidation.</p> <p><b>Date: Wednesday 6<sup>th</sup> November 2024</b>  <b>Time: 7:00pm to 8:00pm (1 hour)</b>  <a href="#">Join the meeting now</a></p> <p>Lorna Brown 10/09/2024</p>

ACTION	Mental Health Snippet: Suicide Prevention Week 2024
 SPResources 2024.pdf Attached	<p>Welcome to our September snippet, dedicated to Suicide Prevention Awareness Week taking place during 9th - 15th September 2024.</p> <p>This year's theme is "Changing the Narrative on Suicide".</p> <p>The annual release of suicide figures only tells part of the story. Every life lost to suicide is one too many and reminds us that behind every statistic is an individual with a family, friends and community devastated by the loss.</p> <p>Remember if you are concerned about an individual's mental health and wellbeing and feel they may be in distress, the GP should be</p>

their first point of contact or contact NHS 24 on **111**. If you feel the individual is in immediate danger please call 999.

For far too long, conversations about suicide were taboo, that's if they even took place at all. Shame, stigma and whispers of "don't say that word", talking about it will only make things worse, created feelings of hopelessness and despair. But we know that this is not true and there is a body of research to show that initiating vital conversations about suicide helps break down barriers and saves lives.

There has been tremendous progress over the years to change the narrative on suicide, thanks to policy, education, awareness raising, mental health supports and recognising that suicide prevention is everyone's responsibility. However, there is still a stigma preventing people from reaching out for the help they need. So we need to do more.

Changing the narrative on suicide requires a whole system approach, and we are all part of the system. Approaching the topic of suicide can be challenging but conversations can be lifesaving.

We have attached our Suicide Prevention Resources document, a comprehensive resource which brings together a range of suicide prevention information for staff on learning opportunities, resources, websites, helplines and keeping safe, which can help us "Change the Narrative on Suicide". The resource can also be downloaded from our team website, where you will find more information on Suicide Prevention. [Suicide Prevention Resources and Supports - NHSGGC](#).

Remember we all have a responsibility for suicide prevention. I'll leave you with a quote from the amazing Maya Angelou.



Michelle Guthrie  
10/09/2024

ACTION	EHC Reminder
	<p>The Sandyford have seen an increasing number of requests from patients requiring a second supply of EHC within the same cycle. As a reminder:</p> <ul style="list-style-type: none"> <li>- both ulipristal (ellaONE®) and levonorgestrel (using the PGD) can be supplied/taken more than once in the same cycle;</li> <li>- however, any oral emergency hormonal contraception is unlikely to be effective after ovulation has occurred; and</li> <li>- patients requiring multiple supplies of EHC should be encouraged to obtain a regular method of contraception and offered bridging contraception if appropriate.</li> </ul> <p>More information including a treatment flow-chart and FAQs can be found <a href="#">here</a>.</p> <p>Nathan Burley 10/09/2024</p>

### [INDEX - Community Pharmacy Communications Updates](#)

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## Community Pharmacy Communication Update


**Thursday 12th September 2024**




REMINDER	Ranitidine Recovery
	<p>Contractors will recall an exercise that was completed in March 2023 to look at payments for ranitidine prescriptions after a product recall and subsequent shortage before being withdrawn from the market. Contractors worked with the Health Board to identify prescriptions that had been paid incorrectly and this information was passed to NHS Services Scotland Adjustment Team to action once the local exercise was complete.</p> <p>Due to circumstances outside of the Board's control, these reclaims are only being actioned by NSS now. From experience, it is likely to be completed in batches. NSS have been asked to use the reclaim/recovery code of HB RANIT to aid contractors in identifying the reasons for the adjustment on your payment information.</p> <p>We have worked with Community Pharmacy Scotland and CPGGC as part of this exercise and CPS are aware of the delay in the adjustments being actioned.</p> <p>Timescales for the recovery are unknown and may take several months to complete as each item must be manually adjusted for each contractor.</p> <p>Elaine Paton 06/08/2024</p>

REMINDER	NHSGG&C Medicines Waste Campaign
	<p>Medicines waste costs NHSGGC £100,000 every day – we need <b><u>your</u></b> help to tackle the currently estimated 10% overprescribing.</p> <p>NHS GGC have launched a campaign to reduce medicines waste – for the good of people's health, to support NHS services and to help the environment.</p> <p>A recent public survey of 1200+ residents indicated the importance of receiving messages directly from their Community Pharmacy.</p>

	<p>Please click <a href="#">here</a> for further details/resources, and links to interactive quizzes for Staff and Patients to provide feedback:</p> <p>This campaign will continue to be developed, and we will share further materials as they become available. Please use the <a href="#">Feedback Form</a> to indicate anything else of use to you in this campaign</p> <p>Anne Thomson Lead Pharmacist, Clinical Services 10/09/2024</p>
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REMINDER	CPIP: Peer Review Webinar - What using NEWS can do for you?
 <p>CPIP Peer Review.pdf</p> <p>Attached</p>	<p><b>Date for the Diary – Wednesday 6<sup>th</sup> November 2024</b></p> <p>The Common Clinical Conditions (CCC) Advisory group would like to invite you to a <b>“What using NEWS can do for you Webinar”</b>.</p> <p>Please come along, bring and discuss an interesting, challenging or unusual case with your peers. Take the opportunity to learn with and from others.</p> <p>We will break into small groups. This can be used as peer review for your GPhC revalidation.</p> <p><b>Date: Wednesday 6<sup>th</sup> November 2024</b>  <b>Time: 7:00pm to 8:00pm (1 hour)</b>  <a href="#">Join the meeting now</a></p> <p>Lorna Brown 10/09/2024</p>

REMINDER	Mental Health Snippet: Suicide Prevention Week 2024
 <p>SPResources 2024.pdf</p> <p>Attached</p>	<p>Welcome to our September snippet, dedicated to Suicide Prevention Awareness Week taking place during 9th - 15th September 2024.</p> <p>This year's theme is "Changing the Narrative on Suicide".</p> <p>The annual release of suicide figures only tells part of the story. Every life lost to suicide is one too many and reminds us that behind every statistic is an individual with a family, friends and community devastated by the loss.</p>

Remember if you are concerned about an individual's mental health and wellbeing and feel they may be in distress, the GP should be their first point of contact or contact NHS 24 on **111**. If you feel the individual is in immediate danger please call 999.

For far too long, conversations about suicide were taboo, that's if they even took place at all. Shame, stigma and whispers of "don't say that word", talking about it will only make things worse, created feelings of hopelessness and despair. But we know that this is not true and there is a body of research to show that initiating vital conversations about suicide helps break down barriers and saves lives.

There has been tremendous progress over the years to change the narrative on suicide, thanks to policy, education, awareness raising, mental health supports and recognising that suicide prevention is everyone's responsibility. However, there is still a stigma preventing people from reaching out for the help they need. So we need to do more.

Changing the narrative on suicide requires a whole system approach, and we are all part of the system. Approaching the topic of suicide can be challenging but conversations can be lifesaving.

We have attached our Suicide Prevention Resources document, a comprehensive resource which brings together a range of suicide prevention information for staff on learning opportunities, resources, websites, helplines and keeping safe, which can help us "Change the Narrative on Suicide". The resource can also be downloaded from our team website, where you will find more information on Suicide Prevention. [Suicide Prevention Resources and Supports - NHSGGC](#).

Remember we all have a responsibility for suicide prevention. I'll leave you with a quote from the amazing Maya Angelou.



Michelle Guthrie  
10/09/2024

REMINDER	EHC Reminder
	<p>The Sandyford have seen an increasing number of requests from patients requiring a second supply of EHC within the same cycle. As a reminder:</p> <ul style="list-style-type: none"> <li>- both ulipristal (ellaONE®) and levonorgestrel (using the PGD) can be supplied/taken more than once in the same cycle;</li> <li>- however, any oral emergency hormonal contraception is unlikely to be effective after ovulation has occurred; and</li> <li>- patients requiring multiple supplies of EHC should be encouraged to obtain a regular method of contraception and offered bridging contraception if appropriate.</li> </ul> <p>More information including a treatment flow-chart and FAQs can be found <a href="#">here</a>.</p> <p>Nathan Burley 10/09/2024</p>

REMINDER	Smoking Cessation Training															
	<p>To become accredited to deliver the NHS GGC Quit Your Way Pharmacy Smoking Cessation service, pharmacists and pharmacy team members delivering the service should complete NHS GGC's Smoking Cessation Service training day.</p> <p>All pharmacy team members not having attended training in over 3 years are eligible to attend, including locums.</p> <p>Upcoming Dates:</p> <table><tr><th><u>Date</u></th><th><u>Time</u></th><th><u>Nos</u></th><th><u>Meeting Place</u></th><th><u>Contact</u></th></tr><tr><td><u>Tuesday 24th September 2024</u></td><td><u>9:00-16.00</u></td><td><u>30</u></td><td><u>Campanile Hotel</u></td><td><u>0141 201 4945</u> <u>pharmacyhit@ggc.scot.nhs.uk</u></td></tr><tr><td><u>Wednesday 20th November 2024</u></td><td><u>9:00-16.00</u></td><td><u>30</u></td><td><u>Eastbank Training Centre</u></td><td><u>0141 201 4945</u> <u>pharmacyhit@ggc.scot.nhs.uk</u></td></tr></table> <p>Further dates and details can be found at: <a href="#">NHS Community Pharmacy Website (scot.nhs.uk)</a></p> <p>Training lasts approx. 9am- 4:00pm with lunch provided. Places will be allocated on a first-come basis and will be confirmed in writing.</p>	<u>Date</u>	<u>Time</u>	<u>Nos</u>	<u>Meeting Place</u>	<u>Contact</u>	<u>Tuesday 24th September 2024</u>	<u>9:00-16.00</u>	<u>30</u>	<u>Campanile Hotel</u>	<u>0141 201 4945</u> <u>pharmacyhit@ggc.scot.nhs.uk</u>	<u>Wednesday 20th November 2024</u>	<u>9:00-16.00</u>	<u>30</u>	<u>Eastbank Training Centre</u>	<u>0141 201 4945</u> <u>pharmacyhit@ggc.scot.nhs.uk</u>
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	<p>Please inform us if you do not require lunch or you have special dietary requirements. Free parking is available on a first come basis.</p> <p>Attendance costs are covered directly with contractors or with locums, as appropriate. NES FTY students do not need to claim as paid through NES. To book, contact us on: T: 0141 201 4945 or E: <a href="mailto:pharmacyhit@ggc.scot.nhs.uk">pharmacyhit@ggc.scot.nhs.uk</a></p> <p>Annette Robb 03/09/2024</p>
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REMINDER	Urgent : Medicine switch from Edoxaban to Apixaban
	<p>There is currently a medicines switch being conducted where patients on DOAC medication are being transferred from Edoxaban to Apixaban if deemed clinically suitable.</p> <p>We have recently received information on an incident where a patient was changed as outlined above and the change was not actioned appropriately as it went through the system and this included the supply to the patient where they were supplied with both drugs at the same time.</p> <p>This led to the patient being admitted to hospital with left sided weakness and an intracranial haemorrhage on the brain.</p> <p>Can i ask you to please brief all staff on the importance of checking your PMR when new medication is being supplied for any interactions that the PMR may show or for any medications that could possibly be for the same condition.</p> <p>Colleagues working in Pharmacotherapy teams within surgeries will be able to support with any questions where this may arise.</p> <p>Alan Harrison 03/09/2024</p>

REMINDER	Polypharmacy and Deprescribing Survey
	<p>In NHSGGC we are committed to addressing over prescribing and waste which will have positive benefits for patients and the environment.</p> <p>As part of this work we are interested in the views of healthcare professionals who may have a role in polypharmacy and deprescribing. We are keen to learn more about what would help support people with deprescribing.</p>

You can help by completing this short survey on MS Forms by **Friday 20<sup>th</sup> September**. This will only take a few minutes to complete, your contribution is much appreciated:


<https://forms.office.com/e/rCs8ja5mx6>


NHSGGC Deprescribing Survey



Leanne Black  
Lead clinical Pharmacist for Frailty GGC  
02/09/2024

REMINDER	Sharps Bins Disposal
	<p>Following our last few communications in 2023, we are again experiencing a spate of reports on the issue of sharps bins being incorrectly returned to Community Pharmacies for disposal.</p> <p>Patients should be advised that their used sharps bins should be returned to the patients' GP Practice, independent of their source. The only exception to this would be those sharps containers used in Needle Exchange, who have their own service arrangements.</p> <p>We would ask all Board Community Pharmacies to continue to advise CPDT when faced with patients attempting to incorrectly return used sharps bins via our <a href="mailto:ggc.cpdevteam@nhs.scot">ggc.cpdevteam@nhs.scot</a> mailbox - providing some information on where the patient got the incorrect advice from i.e. which hospital/ward/clinic. We will then contact the aforementioned service and advise them on the correct procedures for patient disposal of the bins.</p> <p>Please click <a href="#">here</a> for NHSGGC Area Drug &amp; Therapeutics Committee guidance.</p> <p>We would like to thank you once again for your continued co-operation.</p> <p>Janine Glen 30/08/2024</p>

REMINDER	Public Protection Learning & Education Sessions Sept-Dec 2024
 <p>Learning &amp; Education Sessions</p> <p>Attached</p>	<p>Please find attached the list of public protection training sessions being held between September - December 2024 for dissemination.</p> <p>Sharon Blaney</p>

REMINDER	Pharmacy Professionals (Pharmacists & Techs) Incubator; Focus Groups
 <p>Incubator Recruitment Flyer.pdf</p> <p>Attached</p>	<p>The Pharmacy Professionals Incubator, a three-year project supported by the National Institute for Health and Care Research to build research capacity within the pharmacy profession.</p> <p>Research is a core part of NHS business to improve patient health outcomes and advance pharmacy professional roles, and despite pharmacy being the third largest healthcare profession, we are largely underrepresented in health services research. The Department of Health and Social Care's Future of UK Clinical Research Delivery: 2022 to 2025 implementation plan outlines how allied health professionals should be supported to develop a sustainable research-active workforce. Our aim is to develop a UK-wide strategy to help support and increase research engagement within the pharmacy profession.</p> <p>First, we would like to hold some focus groups to understand the barriers and enablers to pharmacy professionals engaging with research, and hope that you'll be able to help us by circulating our advert to the pharmacy professionals you work with, as well as to any other professional networks you might know of. We are looking for registered pharmacists and pharmacy technicians (excluding locum professionals) at all levels of research, including those that aren't currently research active. The focus groups will be held on the following evenings, and will last approximately 90 minutes;</p> <p><b>Community: Tues 24th September 7pm-8.30pm</b>  <b>Primary Care: Wed 25th September 7pm-8.30pm</b>  <b>Hospital: Wed 2nd October 7pm-8.30pm</b>  <b>Academia: Thurs 3rd October 7pm-8.30pm</b></p> <p>Participants will receive a £50 voucher for their time. The following link will allow those interested to fill out an expression of interest should they want to participate.</p>

The link for the Expression of Interest form can be found here: <https://forms.office.com/e/Dy5B9jbD9T>  
We've also attached a 'flyer' which you may choose to circulate.

We thank you for your support in undertaking this project and circulating our advert, and hope to work with you in future to better our profession's development and representation in research. We plan to undertake a national survey following results of the focus groups which we hope you'll be able to assist us in circulating in the near future. You can follow us on X at @Pharmres\_profs to keep up to date with our work, or please do get in touch at [pharmacyincubator@leicester.ac.uk](mailto:pharmacyincubator@leicester.ac.uk) if you'd like to discuss anything further.

Christopher Johnson  
Specialist Mental Health Primary Care  
29/08/2024

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## Community Pharmacy Communication Update



**Tuesday 17<sup>th</sup> September 2024**



In this edition –

- **Rethink Dementia Campaign - NOW LIVE**
- **Falls Awareness/Prevention Week – 16th-20th September**
- **PERT Shortages - alternative preparation advice**
- **Circular PCA (P)(2024) 23**
- **Pharmacy Smoking Cessation Training**
- **IMPORTANT: Updated NEO Naloxone Module now LIVE**

ACTION	Rethink Dementia Campaign - NOW LIVE
	<p>A new campaign challenging people to Rethink Dementia has been launched by the Scottish Government in partnership with COSLA, and is now LIVE.</p> <p>We would be delighted if Community Pharmacy could support the campaign through their channels to help extend the reach of 'Rethink Dementia'.</p> <p>Further information, can be found on our webpage: <a href="https://www.scot.nhs.uk/public-health/posters/">Public Health Service – Poster Campaigns – NHS Greater Glasgow &amp; Clyde (scot.nhs.uk)</a></p> <p>Mani Narwan 17/09/2024</p>

ACTION	Falls Awareness/Prevention Week – 16th-20th September
 Falls Prevention Winter.pdf   Falls Prevention Banner.pdf  <b>Attached</b>	<p>It's #FallsPreventionWeek2024 from <b>Monday 16<sup>th</sup> to Friday 20<sup>th</sup> September 2024.</b></p> <p>Each year over one third of over 65-year-olds fall and injuries caused by falls are a leading cause of admission into hospital and death for people over 75. Therefore as an HSCP we are keen to do all we can to raise the profile and share the messaging around Falls Prevention Advice. We are therefore hoping that you would be willing to join us in highlighting these important messages.</p> <p>To help play your part in #FallsPreventionWeek2024 you could</p>

- print off and put up one of the attached posters
- play any or all of our video clips below, if you have an advertising screen in your pharmacy
- or of course both!

Please see links to all of our video clips below – the last clip is the full version video that includes all of the messaging contained in the individual clips.

Clips:

Short version - <https://youtu.be/p5vorAQWba0>

Footcare - <https://youtu.be/-pAnMO3Sr08>

Medication Review - <https://youtu.be/AUI1vntPX-I>

Moving Safely - <https://youtu.be/9aLzaQZX90g>

Nutrition - <https://youtu.be/R-2TZaJkbUQ>

Vision - <https://youtu.be/zkBqAGESQqU>

Ending Summary - <https://youtu.be/WlxzkvqN82M>

Full Video:

Falls Awareness Full video - [https://youtu.be/zvz9ZN\\_GMWM](https://youtu.be/zvz9ZN_GMWM)

If you would like any further information regarding Falls Week, or Falls in general, or you would like to share any activities you have planned locally for falls week please contact [Ggc.Glasgowcityhscpfallsgroup@ggc.scot.nhs.uk](mailto:Ggc.Glasgowcityhscpfallsgroup@ggc.scot.nhs.uk).

Lee Moody  
Service Manager  
16/09/2024

ACTION	PERT Shortages - alternative preparation advice
	<p>We have become aware that some wholesalers are offering a product imported from Germany – Pangrol® as an alternative to Creon. As this product does differ slightly in its composition from UK licensed Creon, the following advice should be given if being dispensed.</p> <p><i>Patients should be advised to take the same quantity of capsules as they do for Creon, however they should be informed that as the composition isn't exactly the same, they may need to adjust the dose slightly depending on bowel symptoms.</i></p> <p>Iona Paterson, Rakesh Kishore</p> <p><b>NB.</b> We have confirmed with PSD that no new prescription is required. Please endorse with SSP, the price and any OOP expense.</p>


	<p>Pamela Macintyre Pharmacist - Community Pharmacy Development Team 16/09/2024</p>
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<b>ACTION</b>	<p><b>Circular PCA (P)(2024) 23: Pharmaceutical Services Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum</b></p>
	<p>Please find link below to circular PCA (P)(2024) 23: Pharmaceutical Services Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum: <a href="https://www.scot.nhs.uk/pca2024-p-23.pdf">pca2024-p-23.pdf (scot.nhs.uk)</a></p> <p>16/09/2024</p>

ACTION	Pharmacy Smoking Cessation Training																		
	<p><b>Date for the Diary!!!</b></p> <p><b>Inverclyde – New Smoking Cessation Training Venue:</b> Craigend Centre, McLeod Street, Greenock - Wednesday 9th October</p> <p>To become accredited to deliver the NHS GGC Quit Your Way Pharmacy Smoking Cessation service, pharmacists and pharmacy team members delivering the service should complete NHS GGC’s Smoking Cessation Service training day.</p> <p><b>All</b> pharmacy team members <b>not</b> having attended training in over 3 years are eligible to attend, including locums.</p> <table><tr><th>Date</th><th>Time</th><th>No s</th><th>Meeting Place</th><th>Contact</th><th>Event</th></tr><tr><td>Wed 9<sup>th</sup> October 24</td><td>9:00~16:00</td><td>30</td><td>Craigend Resource Centre</td><td>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</td><td>QYW Training</td></tr><tr><td>Wed 20<sup>th</sup> Nov 24</td><td>9:00~16:00</td><td>30</td><td>Eastbank Training Centre</td><td>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</td><td>QYW Training</td></tr></table> <p>• Further dates and details can be found at: NHS Community Pharmacy Website (scot.nhs.uk)</p> <p>• Training lasts approx. 9am- 4:00pm with lunch provided.</p> <p>• Places will be confirmed in writing.</p>	Date	Time	No s	Meeting Place	Contact	Event	Wed 9 <sup>th</sup> October 24	9:00~16:00	30	Craigend Resource Centre	0141 201 4945 pharmacyhit@ggc.scot.nhs.uk	QYW Training	Wed 20 <sup>th</sup> Nov 24	9:00~16:00	30	Eastbank Training Centre	0141 201 4945 pharmacyhit@ggc.scot.nhs.uk	QYW Training
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ACTION	IMPORTANT: Updated NEO Naloxone Module now LIVE
 <p>NEO 360 User guide.pdf</p> <p>Attached</p>	<p>The current NEO360 Naloxone Module has been reviewed and streamlined. Pharmacy staff who participate in the Community Pharmacy Take Home Naloxone Programme will notice the changes when next logged on.</p> <p>Key changes are:</p> <ul style="list-style-type: none"> <li>• Removal of demographic information</li> <li>• Removal of risk factor and training detail screens</li> <li>• Removal of requirement to record batch number and expiry</li> </ul> <p>Please ensure that all individuals involved in naloxone training and supply within the pharmacy are aware of these changes.</p> <p>If you have any questions please do not hesitate to contact a member of the ADRS Central Pharmacy Team at: <a href="mailto:ADRS.Pharmacyteam@ggc.scot.nhs.uk">ADRS.Pharmacyteam@ggc.scot.nhs.uk</a></p> <p>ADRS Pharmacy Team 16/09/2024</p>

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## Community Pharmacy Communication Update

**Thursday 19th September 2024**





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	<p>Medicines waste costs NHSGGC £100,000 every day – we need <b><u>your</u></b> help to tackle the currently estimated 10% overprescribing.</p> <p>NHS GGC have launched a campaign to reduce medicines waste – for the good of people's health, to support NHS services and to help the environment.</p> <p>A recent public survey of 1200+ residents indicated the importance of receiving messages directly from their Community Pharmacy.</p>

	<p>Please click <a href="#">here</a> for further details/resources, and links to interactive quizzes for Staff and Patients to provide feedback:</p> <p>This campaign will continue to be developed, and we will share further materials as they become available. Please use the <a href="#">Feedback Form</a> to indicate anything else of use to you in this campaign</p> <p>Anne Thomson Lead Pharmacist, Clinical Services 10/09/2024</p>
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	<p>A new campaign challenging people to Rethink Dementia has been launched by the Scottish Government in partnership with COSLA, and is now LIVE.</p> <p>We would be delighted if Community Pharmacy could support the campaign through their channels to help extend the reach of 'Rethink Dementia'.</p> <p>Further information, can be found on our webpage: <a href="#">Public Health Service – Poster Campaigns – NHS Greater Glasgow &amp; Clyde (scot.nhs.uk)</a></p> <p>Mani Narwan 17/09/2024</p>

REMINDER	Falls Awareness/Prevention Week – 16th-20th September
 Falls Prevention Winter.pdf   Falls Prevention Banner.pdf  <p>Attached</p>	<p>It's #FallsPreventionWeek2024 from <b>Monday 16<sup>th</sup> to Friday 20<sup>th</sup> September 2024.</b></p> <p>Each year over one third of over 65-year-olds fall and injuries caused by falls are a leading cause of admission into hospital and death for people over 75. Therefore as an HSCP we are keen to do all we can to raise the profile and share the messaging around Falls Prevention Advice. We are therefore hoping that you would be willing to join us in highlighting these important messages.</p> <p>To help play your part in #FallsPreventionWeek2024 you could</p> <ul style="list-style-type: none"> <li>• print off and put up one of the attached posters</li> <li>• play any or all of our video clips below, if you have an advertising screen in your pharmacy</li> <li>• or of course both!</li> </ul>


	<p>Please see links to all of our video clips below – the last clip is the full version video that includes all of the messaging contained in the individual clips.</p> <p>Clips:</p> <p>Short version - <a href="https://youtu.be/p5vorAQWba0">https://youtu.be/p5vorAQWba0</a></p> <p>Footcare - <a href="https://youtu.be/-pAnMO3Sr08">https://youtu.be/-pAnMO3Sr08</a></p> <p>Medication Review - <a href="https://youtu.be/AUI1vntPX-l">https://youtu.be/AUI1vntPX-l</a></p> <p>Moving Safely - <a href="https://youtu.be/9aLzaQZX90g">https://youtu.be/9aLzaQZX90g</a></p> <p>Nutrition - <a href="https://youtu.be/R-2TZaJkbUQ">https://youtu.be/R-2TZaJkbUQ</a></p> <p>Vision - <a href="https://youtu.be/zkBqAGEsQqU">https://youtu.be/zkBqAGEsQqU</a></p> <p>Ending Summary - <a href="https://youtu.be/WlxzkvqN82M">https://youtu.be/WlxzkvqN82M</a></p> <p>Full Video:</p> <p>Falls Awareness Full video - <a href="https://youtu.be/zvz9ZN_GMWM">https://youtu.be/zvz9ZN_GMWM</a></p> <p>If you would like any further information regarding Falls Week, or Falls in general, or you would like to share any activities you have planned locally for falls week please contact <a href="mailto:Ggc.Glasgowcityhscpfallsgroup@ggc.scot.nhs.uk">Ggc.Glasgowcityhscpfallsgroup@ggc.scot.nhs.uk</a>.</p> <p>Lee Moody Service Manager 16/09/2024</p>
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REMINDER	PERT Shortages - alternative preparation advice
	<p>We have become aware that some wholesalers are offering a product imported from Germany – Pangrol® as an alternative to Creon. As this product does differ slightly in its composition from UK licensed Creon, the following advice should be given if being dispensed.</p> <p><i>Patients should be advised to take the same quantity of capsules as they do for Creon, however they should be informed that as the composition isn't exactly the same, they may need to adjust the dose slightly depending on bowel symptoms.</i></p> <p>Iona Paterson, Rakesh Kishore</p> <p><b>NB.</b> We have confirmed with PSD that no new prescription is required. Please endorse with SSP, the price and any OOP expense.</p> <p>Pamela Macintyre Pharmacist - Community Pharmacy Development Team 16/09/2024</p>

<b>REMINDER</b>	<b>Circular PCA (P)(2024) 23: Pharmaceutical Services Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum</b>
	<p>Please find link below to circular PCA (P)(2024) 23: Pharmaceutical Services Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum: <a href="https://www.scot.nhs.uk/pca2024-p-23.pdf">pca2024-p-23.pdf (scot.nhs.uk)</a></p> <p>16/09/2024</p>


REMINDER	Pharmacy Smoking Cessation Training																						
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	Inverclyde – New Smoking Cessation Training Venue: Craigend Centre, McLeod Street, Greenock - Wednesday 9th October																						
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	<p>· Free parking is available on a first come basis.</p> <p>Attendance costs are covered directly with contractors or with locums, as appropriate. NES FTY students do not need to claim as paid through NES.</p> <p>Tel 0141 201 4945 or email <a href="mailto:pharmacyhit@ggc.scot.nhs.uk">pharmacyhit@ggc.scot.nhs.uk</a></p> <p>Laura Davis Public Health Improvement Pharmacy Technician 17/09/2024</p>
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REMINDER	IMPORTANT: Updated NEO Naloxone Module now LIVE
 NEO 360 User guide.pdf Attached	<p>The current NEO360 Naloxone Module has been reviewed and streamlined. Pharmacy staff who participate in the Community Pharmacy Take Home Naloxone Programme will notice the changes when next logged on.</p> <p>Key changes are:</p> <ul style="list-style-type: none"> <li>• Removal of demographic information</li> <li>• Removal of risk factor and training detail screens</li> <li>• Removal of requirement to record batch number and expiry</li> </ul> <p>Please ensure that all individuals involved in naloxone training and supply within the pharmacy are aware of these changes.</p> <p>If you have any questions please do not hesitate to contact a member of the ADRS Central Pharmacy Team at:  <a href="mailto:ADRS.Pharmacyteam@ggc.scot.nhs.uk">ADRS.Pharmacyteam@ggc.scot.nhs.uk</a></p> <p>ADRS Pharmacy Team 16/09/2024</p>

REMINDER	CPIP: Peer Review Webinar - What using NEWS can do for you?
 CPIP Peer Review.pdf Attached	<p><b>Date for the Diary – Wednesday 6<sup>th</sup> November 2024</b></p> <p>The Common Clinical Conditions (CCC) Advisory group would like to invite you to a “<b>What using NEWS can do for you Webinar</b>”.</p> <p>Please come along, bring and discuss an interesting, challenging or unusual case with your peers. Take the opportunity to learn with and from others.</p> <p>We will break into small groups. This can be used as peer review for your GPhC revalidation.</p>

	<p><b>Date: Wednesday 6<sup>th</sup> November 2024</b> <b>Time: 7:00pm to 8:00pm (1 hour)</b> <a href="#"><u>Join the meeting now</u></a></p> <p>Lorna Brown 10/09/2024</p>
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REMINDER	Mental Health Snippet: Suicide Prevention Week 2024
 <p>SPResources 2024.pdf Attached</p>	<p>Welcome to our September snippet, dedicated to Suicide Prevention Awareness Week taking place during 9th - 15th September 2024.</p> <p>This year's theme is "Changing the Narrative on Suicide".</p> <p>The annual release of suicide figures only tells part of the story. Every life lost to suicide is one too many and reminds us that behind every statistic is an individual with a family, friends and community devastated by the loss.</p> <p>Remember if you are concerned about an individual's mental health and wellbeing and feel they may be in distress, the GP should be their first point of contact or contact NHS 24 on <b>111</b>. If you feel the individual is in immediate danger please call 999.</p> <p>For far too long, conversations about suicide were taboo, that's if they even took place at all. Shame, stigma and whispers of "don't say that word", talking about it will only make things worse, created feelings of hopelessness and despair. But we know that this is not true and there is a body of research to show that initiating vital conversations about suicide helps break down barriers and saves lives.</p> <p>There has been tremendous progress over the years to change the narrative on suicide, thanks to policy, education, awareness raising, mental health supports and recognising that suicide prevention is everyone's responsibility. However, there is still a stigma preventing people from reaching out for the help they need. So we need to do more.</p> <p>Changing the narrative on suicide requires a whole system approach, and we are all part of the system. Approaching the topic of suicide can be challenging but conversations can be lifesaving.</p> <p>We have attached our Suicide Prevention Resources document, a comprehensive resource which brings together a range of suicide prevention information for staff on learning opportunities, resources, websites, helplines and keeping safe, which can help us "Change the Narrative on Suicide". The resource can also be downloaded from our</p>



team website, where you will find more information on Suicide Prevention. [Suicide Prevention Resources and Supports - NHSGGC](#).

Remember we all have a responsibility for suicide prevention. I'll leave you with a quote from the amazing Maya Angelou.



Michelle Guthrie  
10/09/2024

REMINDER	EHC Reminder
	<p>The Sandyford have seen an increasing number of requests from patients requiring a second supply of EHC within the same cycle. As a reminder:</p> <ul style="list-style-type: none"><li>- both ulipristal (ellaONE®) and levonorgestrel (using the PGD) can be supplied/taken more than once in the same cycle;</li><li>- however, any oral emergency hormonal contraception is unlikely to be effective after ovulation has occurred; and</li><li>- patients requiring multiple supplies of EHC should be encouraged to obtain a regular method of contraception and offered bridging contraception if appropriate.</li></ul> <p>More information including a treatment flow-chart and FAQs can be found <a href="#">here</a>.</p> <p>Nathan Burley 10/09/2024</p>

## [INDEX - Community Pharmacy Communications Updates](#)

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We are keen for any feedback you have about this Update. Please submit your comments/suggestions to:  
[cpdt@ggc.scot.nhs.uk](mailto:cpdt@ggc.scot.nhs.uk)



## Community Pharmacy Communication Update


**Tuesday 24<sup>th</sup> September 2024**



In this edition –

- **PCA(M)(2024)02 - Revised Directions as to the drugs, medicines and other substances to be ordered by contractors in the provision of primary medical services under a general medical services contract**
- **Communication to care homes RE: Medication Changes**
- **Older Adult Webinar Series - What skin issues not to miss in the older adult**
- **Pre-approved price list (Unlicensed Medicines)**
- **Pharmacy Smoking Cessation training**
- **Community Pharmacy Team Members: Survey Participation Opportunity**
- **Medicine Supply Alert Notice – MSAN(2024)55 And MSAN(2024)56 - Nicorandil 10mg Tablets And Lanreotide Solution For Injection Pre-Filled Syringes – 24 September 2024**

ACTION	<b>PCA(M)(2024)02 - Revised Directions as to the drugs, medicines and other substances to be ordered by contractors in the provision of primary medical services under a general medical services contract</b>
 Directions on Prescribing Controls   PCA(M)(2024)02.pdf  <b>Attached</b>	<p>Please see attached for NHS Circular PCA(M)(2024)02. This circular introduces revised Directions as to the drugs, medicines and other substances to be ordered by contractors in the provision of primary medical services under a general medical services contract</p> <p>Scottish Government 20/09/2024</p>

ACTION	<b>Communication to care homes RE: Medication Changes</b>
 SFEH ALERT MEDICINES CHANGE  <b>Attached</b>	<p>The attached information will be supplied to care homes across NHS GGC. If you currently service a Care Home, then please familiarise yourself with the content of the alert.</p> <p>Alan Harrison 20/09/2024</p>

ACTION	<b>Older Adult Webinar Series - What skin issues not to miss in the older adult</b>
	<p style="text-align: center;"><b><u>SAVE THE DATE: TUESDAY 8TH OCTOBER</u></b></p> <p>The next online seminar is coming up in our Older Adult Webinar Series. This again has been arranged after requests on the feedback form from yourselves. Dr Sarah McCusker, an ST6 in Dermatology in NHSGGC, is going to present on '<b>What skin issues not to miss in older adults</b>'.</p> <p>This event is on <b><u>Tuesday the 8th of October at 7.30pm</u></b> and you can book in the link below.</p> <p><a href="#">Link to book</a></p> <p>If you have questions for us, please email <a href="mailto:judith.marshall@nhs.scot">judith.marshall@nhs.scot</a>. As always, the webinar will be recorded. We understand the huge pressures that everyone is under, and we want these webinars to be as accessible as possible for all. The link to the recording will be shared with anyone who registers shortly after the event is finished.</p> <p>Please be in touch with any feedback or suggestions meanwhile and we look forward to seeing you next month.</p> <p>Dr Lesley Anderton Consultant Physician in Medicine for the Elderly, QEUP 20/09/2024</p>

ACTION	<b>Pre-approved price list (Unlicensed Medicines)</b>
 <p>Pre-approved price list.pdf Attached</p>	<p>Please see attached updated pre-approved price list for commonly requested unlicensed medicines.</p> <p>For further information, please see link below:</p> <p><a href="http://www.communitypharmacy.scot.nhs.uk/nhs-ggc/pages/specials/">www.communitypharmacy.scot.nhs.uk/nhs-ggc/pages/specials/</a></p> <p>Michelle Macintyre 24/09/2024</p>

ACTION	<b>Pharmacy Smoking Cessation Training</b>
	<p><b>Date for the Diary!!!</b></p> <p><b>Inverclyde – New Smoking Cessation Training Venue:</b> Craigend Centre, McLeod Street, Greenock - Wednesday 9th October</p>

To become accredited to deliver the NHS GGC Quit Your Way Pharmacy Smoking Cessation service, pharmacists and pharmacy team members delivering the service should complete NHS GGC's Smoking Cessation Service training day.

**All** pharmacy team members **not** having attended training in over 3 years are eligible to attend, including locums.

Date	Time	No s	Meeting Place	Contact	Event
Wed 9 <sup>th</sup> October 24	9:00~ 16:00	30	Craigend Resource Centre	0141 201 4945 pharmacyhit @ggc.scot.nh s.uk	QYW Training
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Attendance costs are covered directly with contractors or with locums, as appropriate. NES FTY students do not need to claim as paid through NES.

Tel 0141 201 4945 or email [pharmacyhit@ggc.scot.nhs.uk](mailto:pharmacyhit@ggc.scot.nhs.uk)

Laura Davis  
Public Health Improvement Pharmacy Technician  
17/09/2024

ACTION	Community Pharmacy Team Members: Survey Participation Opportunity
	<p>The research subcommittee would like to share with you a message from Jackie Lewis, Pharmacy Director at Lewis Pharmacy.</p> <p>I am excited to launch a new international survey with colleagues of</p>

	<p>mine from Australia and Canada. We are looking at cancer training requirements in the community pharmacy workforce to inform us of new training required.</p> <p>See <a href="#">this link</a>.</p> <p>Alan Harrison 24/09/2024</p>
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<b>ACTION</b>	<b>Medicine Supply Alert Notice – MSAN(2024)55 And MSAN(2024)56 - Nicorandil 10mg Tablets And Lanreotide Solution For Injection Pre-Filled Syringes – 24 September 2024</b>
 Lanreotide.pdf   Nicorandil.pdf  Attached	<p>Please find attached two level 2 MSANs advising that there are limited supplies of nicorandil 10mg tablets until 4th October 2024, and that several strengths of Advanz Pharma's lanreotide solution for injection pre-filled syringes are unavailable until at least end of November 2024.</p> <ul style="list-style-type: none"> <li>• MSAN(2024)55 - Nicorandil 10mg tablets</li> <li>• MSAN(2024)56 - Lanreotide 60mg/0.5ml, 90mg/0.5ml and 120mg/0.5ml solution for injection pre-filled syringes</li> </ul> <p>The MSANs will be published on the <a href="#">NHS Scotland Publications website</a>.</p> <p>Andreas Tzineris 24/09/2024</p>

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We are keen for any feedback you have about this Comms Update. Please submit your comments/suggestions to: [cpdt@ggc.scot.nhs.uk](mailto:cpdt@ggc.scot.nhs.uk)

## Community Pharmacy Communication Update

Thursday 26th September 2024



In this edition –

- **PCA(P)(2024)24 To PCA(P)(2024)27 – Serious Shortage Protocols (Ssps) For Isosorbide Mononitrate Modified-Release Tablets And Capsules**

REMINDER	Ranitidine Recovery
	<p>Contractors will recall an exercise that was completed in March 2023 to look at payments for ranitidine prescriptions after a product recall and subsequent shortage before being withdrawn from the market. Contractors worked with the Health Board to identify prescriptions that had been paid incorrectly and this information was passed to NHS Services Scotland Adjustment Team to action once the local exercise was complete.</p> <p>Due to circumstances outside of the Board's control, these reclaims are only being actioned by NSS now. From experience, it is likely to be completed in batches. NSS have been asked to use the reclaim/recovery code of HB RANIT to aid contractors in identifying the reasons for the adjustment on your payment information.</p> <p>CPS are aware of the delay in the adjustments being actioned.</p> <p>Timescales for the recovery are unknown and may take several months to complete as each item must be manually adjusted for each contractor.</p> <p>Elaine Paton 06/08/2024</p>

REMINDER	NHSGG&C Medicines Waste Campaign
	<p>Medicines waste costs NHSGGC £100,000 every day – we need <b><u>your</u></b> help to tackle the currently estimated 10% overprescribing.</p>

NHS GGC have launched a campaign to reduce medicines waste – for the good of people’s health, to support NHS services and to help the environment.

A recent public survey of 1200+ residents indicated the importance of receiving messages directly from their Community Pharmacy.

Please click [here](#) for further details/resources, and links to interactive quizzes for Staff and Patients to provide feedback:

This campaign will continue to be developed, and we will share further materials as they become available. Please use the [Feedback Form](#) to indicate anything else of use to you in this campaign

Anne Thomson  
Lead Pharmacist, Clinical Services  
10/09/2024

## ACTION

### PCA(P)(2024)24 to PCA(P)(2024)27 – Serious Shortage Protocols (SSPs) for isosorbide mononitrate modified-release tablets and capsules



PCA(P)(2024) 24  
Isosorbide - Chemyc



PCA(P)(2024) 25  
Isosorbide - Monorr



PCA(P)(2024) 26  
Isosorbide - Monorr



PCA(P)(2024) 27  
Isosorbide - Nyzama

Attached

Please find attached four NHS circulars advising of Serious Shortage Protocols (SSPs) that are in place for several brands of isosorbide mononitrate modified-release tablets and capsules.

The table below lists the noted SSPs along with their relevant PCA(P) circulars.

PCA(P) Circular	Serious Shortage Protocol
PCA(P)(2024)24	SSP073 - Isosorbide mononitrate (Chemydur® 60XL) modified release tablet
PCA(P)(2024)25	SSP074 - isosorbide mononitrate (Monomax® 60XL) modified-release tablet
PCA(P)(2024)26	SSP075 - Isosorbide mononitrate (Monomil® XL 60mg) modified-release tablet
PCA(P)(2024)27	SSP076 - Isosorbide mononitrate (Nyzamac® SR 60mg) modified-release capsule



The circulars will be published on the NHS Scotland Publications [website](#).



Andrea Tzineris  
26/09/2024




REMINDER	Pre-approved price list (Unlicensed Medicines)
 <p>Pre-approved price list.pdf</p> <p>Attached</p>	<p>Please see attached updated pre-approved price list for commonly requested unlicensed medicines.</p> <p>For further information, please see link below:</p> <p><a href="http://www.communitypharmacy.scot.nhs.uk/nhs-ggc/pages/specials/">www.communitypharmacy.scot.nhs.uk/nhs-ggc/pages/specials/</a></p> <p>Michelle Macintyre 24/09/2024</p>

REMINDER	Community Pharmacy Team Members: Survey Participation Opportunity
	<p>The research subcommittee would like to share with you a message from Jackie Lewis, Pharmacy Director at Lewis Pharmacy.</p> <p>I am excited to launch a new international survey with colleagues of mine from Australia and Canada. We are looking at cancer training requirements in the community pharmacy workforce to inform us of new training required.</p> <p>See <a href="#">this link</a>.</p> <p>Alan Harrison 24/09/2024</p>

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<b>REMINDER</b>	<b>PCA(M)(2024)02 - Revised Directions as to the drugs, medicines and other substances to be ordered by contractors in the provision of primary medical services under a general medical services contract</b>
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	<p>as accessible as possible for all. The link to the recording will be shared with anyone who registers shortly after the event is finished.</p> <p>Please be in touch with any feedback or suggestions meanwhile and we look forward to seeing you next month.</p> <p>Dr Lesley Anderton Consultant Physician in Medicine for the Elderly, QEUH 20/09/2024</p>
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REMINDER	Rethink Dementia Campaign - NOW LIVE
	<p>A new campaign challenging people to Rethink Dementia has been launched by the Scottish Government in partnership with COSLA, and is now LIVE.</p> <p>We would be delighted if Community Pharmacy could support the campaign through their channels to help extend the reach of 'Rethink Dementia'.</p> <p>Further information, can be found on our webpage: <a href="https://www.scot.nhs.uk/public-health/posters/">Public Health Service – Poster Campaigns – NHS Greater Glasgow &amp; Clyde (scot.nhs.uk)</a></p> <p>Mani Narwan 17/09/2024</p>

REMINDER	Falls Awareness/Prevention Week – 16th-20th September
 <p>Falls Prevention Winter.pdf</p>  <p>Falls Prevention Banner.pdf</p> <p>Attached</p>	<p>It's #FallsPreventionWeek2024 from <b>Monday 16<sup>th</sup> to Friday 20<sup>th</sup> September 2024.</b></p> <p>Each year over one third of over 65-year-olds fall and injuries caused by falls are a leading cause of admission into hospital and death for people over 75. Therefore as an HSCP we are keen to do all we can to raise the profile and share the messaging around Falls Prevention Advice. We are therefore hoping that you would be willing to join us in highlighting these important messages.</p> <p>To help play your part in #FallsPreventionWeek2024 you could</p> <ul style="list-style-type: none"> <li>• print off and put up one of the attached posters</li> <li>• play any or all of our video clips below, if you have an advertising screen in your pharmacy</li> <li>• or of course both!</li> </ul>


	<p>Please see links to all of our video clips below – the last clip is the full version video that includes all of the messaging contained in the individual clips.</p> <p>Clips:</p> <p>Short version - <a href="https://youtu.be/p5vorAQWba0">https://youtu.be/p5vorAQWba0</a></p> <p>Footcare - <a href="https://youtu.be/-pAnMO3Sr08">https://youtu.be/-pAnMO3Sr08</a></p> <p>Medication Review - <a href="https://youtu.be/AUI1vntPX-I">https://youtu.be/AUI1vntPX-I</a></p> <p>Moving Safely - <a href="https://youtu.be/9aLzaQZX90g">https://youtu.be/9aLzaQZX90g</a></p> <p>Nutrition - <a href="https://youtu.be/R-2TZaJkbUQ">https://youtu.be/R-2TZaJkbUQ</a></p> <p>Vision - <a href="https://youtu.be/zkBqAGEsQqU">https://youtu.be/zkBqAGEsQqU</a></p> <p>Ending Summary - <a href="https://youtu.be/WlxzkvqN82M">https://youtu.be/WlxzkvqN82M</a></p> <p>Full Video:</p> <p>Falls Awareness Full video - <a href="https://youtu.be/zvz9ZN_GMWM">https://youtu.be/zvz9ZN_GMWM</a></p> <p>If you would like any further information regarding Falls Week, or Falls in general, or you would like to share any activities you have planned locally for falls week please contact <a href="mailto:Ggc.Glasgowcityhscpfallsgroup@ggc.scot.nhs.uk">Ggc.Glasgowcityhscpfallsgroup@ggc.scot.nhs.uk</a>.</p> <p>Lee Moody Service Manager 16/09/2024</p>
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REMINDER	PERT Shortages - alternative preparation advice
	<p>We have become aware that some wholesalers are offering a product imported from Germany – Pangrol® as an alternative to Creon. As this product does differ slightly in its composition from UK licensed Creon, the following advice should be given if being dispensed.</p> <p><i>Patients should be advised to take the same quantity of capsules as they do for Creon, however they should be informed that as the composition isn't exactly the same, they may need to adjust the dose slightly depending on bowel symptoms.</i></p> <p>Iona Paterson, Rakesh Kishore</p> <p><b>NB.</b> We have confirmed with PSD that no new prescription is required. Please endorse with SSP, the price and any OOP expense.</p> <p>Pamela Macintyre Pharmacist - Community Pharmacy Development Team 16/09/2024</p>

<b>REMINDER</b>	<b>Circular PCA (P)(2024) 23: Pharmaceutical Services Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum</b>
	<p>Please find link below to circular PCA (P)(2024) 23: Pharmaceutical Services Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum: <a href="https://www.scot.nhs.uk/pca2024-p-23.pdf">pca2024-p-23.pdf (scot.nhs.uk)</a></p> <p>16/09/2024</p>

REMINDER	Pharmacy Smoking Cessation Training																						
	Date for the Diary!!!																						
	Inverclyde – New Smoking Cessation Training Venue: Craigend Centre, McLeod Street, Greenock - Wednesday 9th October																						
	To become accredited to deliver the NHS GGC Quit Your Way Pharmacy Smoking Cessation service, pharmacists and pharmacy team members delivering the service should complete NHS GGC's Smoking Cessation Service training day.																						
	All pharmacy team members <b>not</b> having attended training in over 3 years are eligible to attend, including locums.																						
	<table><tr><th>Date</th><th>Time</th><th>No s</th><th>Meeting Place</th><th>Contact</th><th>Event</th></tr><tr><td>Wed 9<sup>th</sup> October 24</td><td>9:00~16:00</td><td>30</td><td>Craigend Resource Centre</td><td>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</td><td>QYW Training</td></tr><tr><td>Wed 20<sup>th</sup> Nov 24</td><td>9:00~16:00</td><td>30</td><td>Eastbank Training Centre</td><td>0141 201 4945 pharmacyhit@ggc.scot.nhs.uk</td><td>QYW Training</td></tr></table>						Date	Time	No s	Meeting Place	Contact	Event	Wed 9 <sup>th</sup> October 24	9:00~16:00	30	Craigend Resource Centre	0141 201 4945 pharmacyhit@ggc.scot.nhs.uk	QYW Training	Wed 20 <sup>th</sup> Nov 24	9:00~16:00	30	Eastbank Training Centre	0141 201 4945 pharmacyhit@ggc.scot.nhs.uk
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<ul style="list-style-type: none"><li>• Further dates and details can be found at: NHS Community Pharmacy Website (scot.nhs.uk)</li><li>• Training lasts approx. 9am- 4:00pm with lunch provided.</li><li>• Places will be confirmed in writing.</li><li>• Please inform us if you do not require lunch or you have special dietary requirements.</li></ul>																							

	<p>· Free parking is available on a first come basis.</p> <p>Attendance costs are covered directly with contractors or with locums, as appropriate. NES FTY students do not need to claim as paid through NES.</p> <p>Tel 0141 201 4945 or email <a href="mailto:pharmacyhit@ggc.scot.nhs.uk">pharmacyhit@ggc.scot.nhs.uk</a></p> <p>Laura Davis Public Health Improvement Pharmacy Technician 17/09/2024</p>
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REMINDER	IMPORTANT: Updated NEO Naloxone Module now LIVE
 NEO 360 User guide.pdf Attached	<p>The current NEO360 Naloxone Module has been reviewed and streamlined. Pharmacy staff who participate in the Community Pharmacy Take Home Naloxone Programme will notice the changes when next logged on.</p> <p>Key changes are:</p> <ul style="list-style-type: none"> <li>• Removal of demographic information</li> <li>• Removal of risk factor and training detail screens</li> <li>• Removal of requirement to record batch number and expiry</li> </ul> <p>Please ensure that all individuals involved in naloxone training and supply within the pharmacy are aware of these changes.</p> <p>If you have any questions please do not hesitate to contact a member of the ADRS Central Pharmacy Team at:  <a href="mailto:ADRS.Pharmacyteam@ggc.scot.nhs.uk">ADRS.Pharmacyteam@ggc.scot.nhs.uk</a></p> <p>ADRS Pharmacy Team 16/09/2024</p>

## [INDEX - Community Pharmacy Communications Updates](#)

Any queries should be directed to the contact provided – where no specific contact is shown, queries should be directed to [ggc.cpdevteam@nhs.scot](mailto:ggc.cpdevteam@nhs.scot)

We are keen for any feedback you have about this Update. Please submit your comments/suggestions to:  
[cpdt@ggc.scot.nhs.uk](mailto:cpdt@ggc.scot.nhs.uk)