

# Gathering Views Valproate Experience

Community Engagement & Transformational Change Directorate  
Healthcare Improvement Scotland

# About this work

- Highly targeted engagement activity with 20-25 people in Scotland
- Individual interviews taking place until June 2025 – in person/telephone/videocall
- Looking to speak to people who are:
  - currently taking Valproate or have stopped taking Valproate since August 2023 for any condition
  - living in Scotland within the above period
  - people able to become pregnant or get someone pregnant if not on contraception
  - between 12-55 years old
  - or, carers of people with the above characteristics
- Engagement till end of June
- Final report to be published in early autumn

# About this work

- Wide circulation of materials and information e.g. third sector, posters in pharmacies
- Aiming to hear from a diverse group of people with lived experience and/or their carers
- Questions include:
  - when patients started taking Valproate, how that worked and information when starting
  - thoughts on the prescription and annual process
  - thoughts about how to improve the overall experience of taking Valproate and information received
  - what matters most about their experience with Valproate, and
  - thoughts about taking Valproate in future
- Equality monitoring

# Further information

Thank you for your interest in this work.

You can find more information about this on our webpage, where the report from this work will be published in due course <https://www.hisengage.scot/informing-policy/gathering-views/sodium-valproate/>

If you or someone you know would like to participate in this work, please get in touch with us.

If you have any questions about this work, please get in touch with us at [his.engageevidence@nhs.scot](mailto:his.engageevidence@nhs.scot)