

PALLIATIVE & END OF LIFE CARE NETWORK



2024 PROFESSIONAL CONFERENCE

Wednesday 20th November

The Aberdeen Altens Hotel, Souterhead Road, Cove

EVENT PROGRAMME

08:30 REGISTRATION & REFRESHMENTS

09:10 WELCOME & INTRODUCTION

Julie-Anne Stuart & Elspeth Aspinall, Grampian Palliative and End of Life Care Network Clinical Leads

09:20 PALLIATIVE CARE AND LEARNING DISABILITY

Kerry Anderson, QN, Nurse Consultant – Learning Disability, Co-Chair of Scottish Learning Disability Lead Nurse Group

09:50 COLLABORATION TO ALLOW CHOICE OF PLACE OF DEATH IN PAEDIATRICS

Louise Esson, Diana Children's Palliative Care Nurse and Jen Weavers, Transition Worker

10:20 WORKSHOP SESSION 1

See workshop brochure on following pages for details

11:10 NETWORKING & REFRESHMENTS

11:40 CASE STUDY: A COLLABORATIVE APPROACH TO CARING FOR A PATIENT WITH A PERKUBIL DRAIN

Rachel Anderson, Community Macmillan CNS/ Team Leader, Rachel Thomson, HPB Clinical Nurse Specialist and Angela DiMambro, District Nurse, City Team

12:15 RELIGIOUS AND CULTURAL CONSIDERATIONS IN PALLIATIVE CARE AND DYING

Rev Jarod Meenan, Interim Senior Healthcare Chaplain

12:45 LUNCH

A three-course hot lunch will be provided

14:00 WORKSHOP SESSION 2

See workshop brochure on following pages for details

14:45 EPIDURALS IN PALLIATIVE CARE

Naomi Scott, Consultant in Anaesthesia and Pain Medicine and Fran MacIvor, Palliative Care Consultant

15:30 CLOSING REMARKS

[Click here to register](#)

[For enquiries contact gram.mcn@nhs.scot](mailto:gram.mcn@nhs.scot)

Financial support for this meeting has been provided by (COMPANIES TBC) None of the companies have had any involvement in the agenda, speaker selection or content. Please note that the exhibitors will be present with promotional stands.

PALLIATIVE & END OF LIFE CARE NETWORK



2024 PROFESSIONAL CONFERENCE

WORKSHOP SESSION 1

WORKSHOP A: ROCKET DRAINS

Kirsty Thorpe, Consultant in Palliative Medicine and Tim Morgan, Lead Consultant Physician Palliative Medicine

This workshop will explore the types of ascites, the related procedures, aftercare, and the management of unexpected complications.

WORKSHOP B: CHILD BEREAVEMENT AWARENESS

Jane Watson, Bereavement Support Worker for Education and Jenny Fowler, Bereavement Support Worker for NHS Grampian

Archie's Child Bereavement Service support children and young people in Grampian, Highlands and Tayside when they have had a bereavement. 1 in 29 children in Scotland will be bereaved of a parent every year. Our service can support these children, but also train professionals across all 3 regions in bereavement awareness. In this workshop, we will cover age and stage appropriate information, language and tools that can help start conversations with children, when they are read

WORKSHOP C: MANAGED PRESCRIBING / MANAGEMENT OF SYRINGE PUMP

Donna Ewan, Lead Clinical Nurse Specialist Palliative Care, Hospital Specialist Palliative Care Team

This workshop will focus on the practical aspects of prescribing syringe pumps. Attendees will be familiar with syringe pump prescribing and this workshop will aim to explore aspects of prescribing medicines administered via a syringe pump. It will include discussion around opiate choices, dose conversions, compatibilities and will hopefully allow the attendee to gain further knowledge and confidence when deciding to switch to a syringe pump. There will be opportunities for discussion and questions in relation to syringe pump prescribing.

WORKSHOP D: END OF LIFE CARE WITH DEMENTIA

Kenny Davidson, Specialist Nurse for Dementia (Care Homes), NHS Grampian (Moray)

At this workshop we will be examining how our understanding of dementia directly impacts the quality of care people living with dementia receive. This will be followed by an introduction to Lifeworld theory as a way of understanding dementia and improving related end of life care.

PALLIATIVE & END OF LIFE CARE NETWORK



2024 PROFESSIONAL CONFERENCE

WORKSHOP SESSION 2

WORKSHOP E: PRACTICAL ADVICE ON SYRINGE PUMPS (PALLIATIVE CARE)

Flora Watson, Macmillan Nurse Consultant for Palliative Care and Nicki Bisset, Clinical Nurse Specialist

This interactive session will focus on how to set up, and run, a syringe pump. Those choosing to attend may not deal with syringe pumps on a regular basis and simply want a refresher along with an opportunity to practice. The session will close with a group discussion on how to problem solve common issues that can arise.

WORKSHOP F: ORAL CARE - BEST PRACTICE

Rebecca Jacobs and Shirley Beattie, Oral Health Team Leaders, Aberdeen Health Village

A healthy mouth is important for eating, speaking, socialising and for our physical and mental wellbeing. It is important that we are all equipped with the knowledge, information and confidence to care for the mouths of individuals in our care. In this workshop we will look at the wide range of oral health resources that can make an individuals mouth more comfortable during Palliative and End of life Care.

WORKSHOP G: ADMINISTRATION OF SUBCUTANEOUS MEDICINES BY PATIENTS OR INFORMAL CARERS

Alistair Duncan, Specialist Pharmacist – Palliative Care

This workshop aims to promote awareness and discussion about the NHS Grampian policy supporting administration of subcutaneous medicines by patients or informal carers. It is open to all staff who may want to share their experience of supporting patients and carers in delivering this initiative or for those who just want to find out more.

WORKSHOP H: PALLIATIVE & END OF LIFE CARE IN PRISON : A PARTNERSHIP APPROACH

Julie-Anne Stuart, Lead Nurse Custody & Prison Services and PELC Network Clinical Lead

This workshop will look at what palliative and end of life care looks like in the prison setting and how through partnership working we can improve this