

# INTERNATIONAL OVERDOSE AWARENESS DAY

Aberdeen  
August  
2025

Friday 29<sup>th</sup>

**Alcohol & Drugs Action** will be showcasing their group work at **33 Ocean Spirit House, Waterloo Quay**.

**9.30-10.30am** come for Breakfast! There will be hot drinks and pastries. It's an opportunity to ask any questions you have about ADA.

**10.30am-12pm** is a chance to experience our ADAPT group.

At **1-3pm** come and explore guided song-writing with Bryan Duncan, who facilitates our Friends and Family Support Group.

Interested in crafts and gardening? From **2-3pm**, find out about these friendly groups.

In fact, we have so many groups to take part in, why don't you pop in from **3-4pm** to ask anything you want about DART, TFL or MRAM.

Could Volunteering be your thing? Come and have a chat about our exciting, potential opportunities.

Naloxone training is essential to tackle the devastating drug deaths in Aberdeen. From **11.00am - 3pm** there will be stalls at St Nicholas Square (outside old Markies), NESCol City Campus (Gallowgate) and NESCol Fraserburgh Campus. So, get trained on these life-saving interventions or top-up your own supplies.

At **41 Union Street** you can go and meet peer support organisation **AiR**. You can sample their My Recovery and Me meeting plus take part in some crafts in the afternoon. They are open from **10.30am - 4pm**.

One Big Family



SC049125



SC013582

Sunday 31<sup>st</sup>

Driven By Hope

**Alcohol & Drugs Action** are inviting family members from **2-5pm** to come along to **7 Hadden Street**, to find out more about what we do, and how we can help you, and your loved ones.

You'll be able to receive Naloxone training and a supply to take home with you.

We'd also like to get first-hand views on support directed toward family members and on our plans to develop a bespoke recovery programme.

Any Questions? We will be very happy to help provide answers!

It would be great to know how many we are expecting. If you can, email: [info@alcoholanddrugsaction.org.uk](mailto:info@alcoholanddrugsaction.org.uk) to let us know if you're popping along.

NB. This will be in confidence, and we don't need any names or details

From **1pm - 4pm** **Aberdeen in Recovery** will be open as usual at **41 Union Street**.

At **4pm - 6pm** the fun starts with pizza & pool!

The Remembrance Walk then starts at **6.20pm** at AiR. There are various pick-up points through the City.

At **8pm** it will finish at Marischal College, where the building will be lit in purple to mark International Overdose Awareness Day.