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The Migraine Trust is a registered charity
in Scotland (SC042911)

ZA05183



Sumatriptan Tablets

Information

Version 1

Sumatriptan can be an effective medication for the treatment of migraine.

It's a targeted treatment that can help take away the headache and ease other symptoms such as feeling or being sick and sensitivity to light and sound. Following the advice on this card will help you take Sumatriptan safely and make it more likely to be effective.

If in any doubt, please ask pharmacy staff for advice.

Taking Sumatriptan tablets

- Take first dose **as soon as headache pain starts.**
- If your first dose doesn't help, **don't take another one for the same attack.** Sumatriptan should work within 30 to 60 minutes.
- If your migraine improves but then returns, you can take the same dose **after 2 hours.**
- **Do not take for more than 10 days in a month.** More frequent use can increase headaches.