

Need to talk about DCM? We're here for you.

If you or a loved one is living with Degenerative Cervical Myelopathy (DCM), you don't have to face it alone.

Call our free and confidential helpline for:

- Clear information on symptoms and treatment options
- Practical advice on care, finances, and support services
- Emotional support from people who understand

Carers – we're here for you too, with tailored advice to help you support your loved one.

Contact and Follow Us:



helpline@myelopathy.org



www.myelopathy.org



@Myelopathy.org



@Myelopathy_org



@Myelopathy_org



0300 102 0079

Monday to Friday 12:00PM – 1:45PM

Starts 24 February 2025

**Let us help you navigate the challenges of
DCM with confidence.**