

NHS Grampian Specials List: Version 16 (List correct August 2025)



- This list identifies products for which pre-authorisation is granted and the price we expect it can be obtained.
- The suppliers listed are purely suggestions and the costs quoted will be the maximum paid to a pharmacy ordering these products from any source.
- Pharmacy contractors are still required to discuss the appropriateness of supplying these unlicensed products with the prescriber.

Please Note: The adjacent pricing information is Commercial in Confidence and access to this pricing is restricted to NHS staff, on a need to know basis only.

Product	Expected cost	May be obtained from	Notes
Ciclosporin Eye Ointment	£103.00 for 3.5g £115.00 for 3.5g	Aclardian 02954 213490 Rokshaw 0191 5106500	
L-Tryptophan 500mg Capsules	£46.00 for 84 capsules	AAH Via online account	May require to be ordered as Optimax 500mg Capsules
Midazolam Buccal 10mg/ml Oral Solution	£48.00 for 5ml	Ethigen 01355 598150	
Nystatin 100,000 unit pessaries	£17.00 for 12 pessaries	Ethigen 01355 598150	
Sucralfate 1g Tablets	£11.00 for 40 tablets	Ethigen 01355 598150	
Sucralfate Enema		Pharmaceutical Specials Services Tayside	Authorisation is not required if obtained from Pharmaceutical Specials Services Tayside
Trimetazidine 20mg Tablets	£30.00 for 60 tablets	Clinigen 01932 824 100	

Diltiazem 2% Cream and Ointment

Diltiazem 2% Cream is the product of choice in NHS Grampian for anal fissures and listed in the NHS Grampian Formulary. Diltiazem 2% Cream is also in the Drug Tariff Part 7S, therefore no authorisation is required.

Prescriptions for Diltiazem 2% Ointment – please confirm with prescriber/pharmacotherapy team, that this product has been specifically requested by the Speciality.

Vitamins and Minerals:

A number of these products will be available as an over the counter product (food supplement grade). Discussion should be had with the prescriber on whether an over the counter product maybe supplied or if an unlicensed product is required (supplied with a COA/COC).

We do not expect supplies to come from a Specials manufacturer unless specifically requested by the prescriber. If the unlicensed medicine is requested, authorisation **must be** obtained.

Please refer to the table below, as a reference, for the cost we would expect for two products available as over the counter products. Seek advice if looking to obtain a product at a higher price.

Vitamin	Strength	Pack Size	Expected Cost
Nicotinamide	250mg Tablets	100	£6.00
Vitamin E	75iu Capsules	100	£6.00
	200iu Capsules	100	£12.00