



## Pregnancy

Unplanned pregnancy advice and discussion about your options. If you have an unplanned pregnancy or think you might be pregnant, contact us ASAP on **01224655535**.

## Testing & Treatment

for sexually transmitted infections (STIs) and blood borne viruses (BBVs).

## Preventing HIV Infection



**PrEP**

**Pre-Exposure  
Prophylaxis**



**PEP**

**Post-Exposure  
Prophylaxis**



If you need **PEP** when we're not open call NHS24 (**111**) ASAP.

  
publichealth  
helping health happen

**NHS**  
Grampian



To learn more about your **free** and **confidential** Sexual Health Service, visit the website or give us a call  
[grampiansexualhealthservices.com](http://grampiansexualhealthservices.com)

**0345 337 9900**

A safe space to talk about your concerns, get advice and pick up supplies.



## Under 18s Drop-In Clinic

Aberdeen Health Village

**Tuesday** and **Thursday**

3.30pm to 5.30pm

You can walk in, or  
phone and book ahead.

**0345 337 9900**

## Free Condoms and Lube

Scan here to  
find condoms  
near you →



## Contraception

Information, advice and supplies.

## Emergency Contraception

### Pill

(Three to five days to take  
depending on pill) Available free  
from most pharmacies.

or

### Copper Coil

(Five days to get after unprotected  
sex) If you think you may need  
emergency contraception get in  
touch **as soon as possible** or ring  
NHS24 (**111**) out of hours.