



How can we help you?



Where?

Aberdeen

Elgin

Fraserburgh

Peterhead

To learn more about your **free** and **confidential** Sexual Health Service, visit the website or give us a call

Scan here to
find out more



grampiansexualhealthservices.com
0345 337 9900

A safe space to talk about your concerns,
get advice and pick up supplies.



Under 18s Drop-In Clinic

Aberdeen Health Village
Tuesday and **Thursday**
3.30pm to 5.30pm
You can walk in, or phone and
book ahead. **0345 337 9900**

Free Condoms and Lube

Scan here to
find condoms
near you →



Contraception

Information, advice and supplies.

Testing & Treatment

for sexually transmitted infections (STIs)
and blood borne viruses (BBVs).

Pregnancy

Unplanned pregnancy advice and discussion
about your options. If you have an unplanned
pregnancy or think you might be pregnant,
contact us ASAP on **01224655535**.

Emergency Contraception

Pill

(Three to five days to take
depending on pill)
Available free from
most pharmacies.

or

Copper Coil

(Five days to get after
unprotected sex)

If you think you may need emergency
contraception get in touch **as soon as
possible** or ring NHS24 (**111**) out of hours.

Advice About Preventing HIV Infection

PrEP

HIV Pre-Exposure
Prophylaxis

PEP

HIV Post-Exposure
Prophylaxis



If you need **PEP** when we're not open call
NHS24 (**111**) ASAP.