

Northfield, Mastrick, and Sheddocksley: Drug Harm Reduction & Community Support Fact Sheet

June 2025: version 1

⚠ Recent Drug Alert

'Significantly harmful heroin potentially contaminated with a suspected nitazine (synthetic opioid) causing rapid respiratory failure and unconsciousness. Potentially mixed in with other substances eg crack'

- **Always have naloxone**; don't use alone, go slow, go low
- **Always call an ambulance – encourage people!** The call handler will talk you through how to administer naloxone and what basic first aid to do

💉 Naloxone Awareness

- **Naloxone** reverses opioid overdose, safe
- Available as nasal spray or injection,
- Available to anyone at risk, families, services
- **Training** available via:
 - **Justice** fwright@aberdeencity.gov.uk&
 - **Children's Social Work**: SMcConnachie@aberdeencity.gov.uk
 - **Housing**: Simon.rayner@nhs.scot
 - **Community Services / Groups**: ADA (Alcohol & Drugs Action)
naloxonetraining@alcoholanddrugsaction.org.uk
- **Naloxone App**: Find stockists, watch training videos, get alerts



📍 Where to Get Naloxone

- Local pharmacies: (Dickies Summerhill, Dickies Moir Green, Lewis Road, Boots Mastrick, Boots Foresterhill, Rowlands Byron Square)
- Community Centres (Mastrick, Northfield), Libraries
- ADA Drop-ins & Mobile Services: call Helpline to enquire 0333 3 448 355
- Click & Deliver via Scottish Families Affected by Alcohol and Drugs <https://www.sfad.org.uk/support-services/take-home-naloxone-application>

Information and Chat Resources

- Health Information, Leaflets Posters: [Health Information Resources Service](#)
 - NHS Grampian: [Overdose](#) awareness pages
 - Aberdeen Protects: [Aberdeen Protects | Aberdeen City Council](#)
 - Know the Score: [Find Out About Drugs - Know the Score](#)
 - Crew 2000: [Crew 2000 – Mind altering](#)
 - Scottish Families Affected by Alcohol & Drugs: [Scottish Families Affected by Alcohol & Drugs](#)
 - ADA Helpline: 01224 594700 / 0333 3 448 355 Website: [Homepage - Alcohol & Drugs Action](#)
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Outreach & Community Support Services

- **Assertive Outreach:** Proactive support for high-risk individuals gram.assertiveoutreach@nhs.scot
 - **Community Pharmacies:** Provide naloxone, clean injecting equipment, and health advice
 - **Alcohol and Drugs Action:**
 - **Tel:** 03333 448 355 or 01224 594700 or text/WhatsApp us on 07927 192 706
 - SHARP Response and Crisis Outreach,
 - Hadden Street open 7 days a week,
 - Tuesdays 2pm-4.30pm Drop In: Mastrick Community Centre, Greenford Road, Mastrick,
 - Wednesdays 2.20pm- 4.30pm Drop In Northfield Community Centre (Beehive), Byron Square, Northfield
 - **Timmermarket:**
 - Direct access for treatment, prescribing, mental health, and social work
 - Tel 01224 651130
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➤ Residential and placement services

- **Placements via Social Work** – email sms@aberdeencity.gov.uk
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✓ Lived Experience Peer Support

- **Aberdeen In Recovery:** Daily activities, fun and support
41 Union Street, above Tesco,
Tel 01224 638342;
info@aberdeeninrecovery.org



➤ Young People & Families

- **Fit Like:** Whole-family wellbeing support - FitLike@aberdeencity.gov.uk
- **ADA Young People's Service:** Harm reduction, safety planning, group work - Helpline - 03333 448 355
ypreferral@alcoholanddrugsaction.org.uk
- **Children's Social Work:** Trauma-informed support and training for SW staff -
smconnachie@aberdeencity.gov.uk

Family Support

- **Scottish Families Affected by Alcohol & Drugs:**
 - Helpline: 08080 10 10 11
 - Website: www.sfad.org.uk
 - Offers national and local support, bereavement services, and peer support
- **ADA Family Support Group** - 03333 448 355 or 01224 594700 or text/whatsapp us on 07927 192 706

Advocacy & Rights

- **ASA (Advocacy Service Aberdeen):**
 - Free, confidential support for people using substances
 - Help with housing, hospital, child protection, and domestic abuse
 - Contact: 01224 673200 / asa@advocacy.org.uk

Child Exploitation and / or Cuckooing

- **Warning Signs:**
 - Changes in behaviour, unexplained gifts, truancy
 - Unknown visitors, increased violence, barricades in homes
 - **Crimestoppers** anonymous reporting 0800 555 111
 - **Fearless** – young people version of Crimestoppers 0800 555 11 [Fearless: Anonymous Reporting for a Safer Community | Crimestoppers](#)
 - **Aberdeen Protects** for **Adult Protection and Child Protection** guidance and support: [Aberdeen Protects | Aberdeen City Council](#)

Ketamine Resources

- **Crew 2000 – Ketamine Booklet** <https://www.crew.scot/wp-content/uploads/2021/08/Ketamine-booklet-V3.-2025.pdf>
- **ADP Ketamine Webinar** - <https://www.youtube.com/watch?v=7TAVmvvMtkI>