

Pharmacy & Medicines Directorate Weekly Update



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Deficit Hyperactivity Disorder (ADHD) Medicines Shortage – Requests for NHS Treatment of New Adult Patients Following Private Diagnosis

There continues to be intermittent supply issues affecting a range of ADHD medicines, strengths and formulations. It is essential that the available resources (medication and monitoring) are utilised to manage active patients currently prescribed these medicines, or those NHS patients that have been deferred treatment to date.

Discussions are currently ongoing between Specialist services and Primary Care regarding the NHS Grampian position and treatment pathway for referral, treatment and monitoring of adult patients with ADHD. Due to these factors NHS Grampian cannot currently support the initiation of treatment for NEW adult patients who have been referred following a Private diagnosis.

Any patient requesting new NHS initiation of ADHD treatments following a Private diagnosis, or continuation of treatment undertaken privately, should be advised that this is not currently possible. This position will be reviewed either when the treatment pathway has been agreed or by the 1st October 2024, whichever is earliest.

Removal of QV Products from the English Drug Tariff and Scottish Response

The following items will be removed from the appliance section of the English Drug Tariff Section, effective 1st June, 2024:

- QV Bath Oil – 250ml/500ml
- QV Gentle Wash – 250ml (available on Pharmacy First)
- QV Skin Lotion – 250ml (available on Pharmacy First)

The pre-existing business rule would be that these lines are removed from Part 3 of the Scottish Drug Tariff on the same date as England. However, the 250ml packs of 2 of these products are also listed in the Approved List of the NHS Scotland Pharmacy First Scheme.

These lines will be retained in Part 3 of the Scottish Drug Tariff for a further two months to facilitate patient review in primary care, changes in Board formularies (and subsequent local emollient choices for Pharmacy First) and allow pharmacies an opportunity to run down stockholdings. These lines will cease to be reimbursable for both primary care prescriptions and under the Pharmacy First Scheme, effective 1st August, 2024. Therefore, these lines will not be reimbursed after 1st August 2024.

We recommend you identify your existing repeat patients who receive these products and consider an alternative on the formulary or alternative route of supply. Please note that the 500ml size of both QV lotion and gentle wash will remain on the NHS Scotland PFS Approved list.

If you have any questions, please email: gram.pharmaceuticalcareservices@nhs.scot.

Smoking Cessation

Smoking Submissions – Important!

We have received some queries regarding the smoking submissions article listed within our previous update and we wish to clarify **every patient who is signed up to the programme should have 4-week data entered onto PCR even if they drop out (try to contact them 3 times) or have an unsuccessful quit.**

Those who are successful at 4 weeks should have data entered at 12 weeks, again, even if they drop out or are unsuccessful. If they are not successful or have been lost to follow up, the case should be closed **after** your 4 week claim. If the patient wants to restart the programme, you can now open a new PCR case immediately, even if you haven't closed off the existing 4 week entry yet. You are paid for the work you do, not whether the patient is successful or not.

If you miss a submission, we can help you claim back the money and amend the National Database for accuracy. We will need:

- Patient CHI
- Patient Initials
- Which submission you are claiming for (4 and/or 12 week)
- Whether the patient was successful or not or lost to follow up

We are unable to amend your PCR and therefore the quarterly data for your pharmacy will still mark them as “missed submissions”. Please remember we are only here for the odd mistake and are NOT part of the system for claiming. If you are a pharmacy with high missed submissions, please check your housekeeping and create a more robust system, enlisting more than one person who can check the PCR reports function at least once a week.

We appreciate your help in improving Grampian's smoking data to be more accurate in future.

Public Health Update

Scottish Action for Mental Health (SAMH) Suicide Prevention Training and Resources

SAMH's North East Suicide Prevention Team has Community Engagement officers covering Aberdeen City, Aberdeenshire and Moray. They provide free suicide prevention training and resources to help tackle stigma and equip communities to have conversations and know about support resources in their community. As 1 in 20 people could be thinking about suicide at any one time a chance conversation in a community setting like a pharmacy could make all the difference.

Their free Introduction to Suicide Prevention training covers:

- Context around suicide in Scotland
- How to spot the warning signs
- How to ask about suicide
- Support resources available
- How to look after yourself

This can be delivered online or face to face and lasts between 60 and 90 minutes.

They also have booklets which cover:-

- What to do if you are worried about someone
- Living with your thoughts
- After a suicide

Electronic copies can be viewed [here](#).

The SAMH Team can also drop off resources to anyone who requires them.

They are also keen to promote the Prevent Suicide North East app which has local support services grouped by topic, tips on how to help someone and a safety plan. For more information, [click here](#).

Attached is a poster with the QR code for download, along with a copy of the Safety Planning poster.

Please contact SAMH team at northeastsuicideprevention@samh.org.uk for access to training or resources or for any questions.

Royal Pharmaceutical Society (RPS) Survey – Digital Systems Access in Community Pharmacy

The Royal Pharmaceutical Society (RPS) are currently campaigning and lobbying for read/write access to digital patient records for community pharmacy within Scotland. To support our work in this area, please [click here](#) to complete the short survey. The responses will help raise awareness of the current picture with regards to digital access, and vocalise the potential that growing this access may offer.

RPS want to hear from pharmacists about your current experience of accessing digital records in your practice and help us to understand what you need to make this work for you. We want to better understand the barriers to accessing records and find out more about where it works well and what the benefits are for you and your patients.

It should take 5-10 minutes to complete and closes on Wednesday 12th June at 8pm. This survey is open to members, and non-members of the RPS.

NES Pharmacy Update – June 2024

Please [click here](#) to view the June 2024 issue of the NHS Education for Scotland (NES) Pharmacy Update which includes the knowledge network redesign, CPD connect podcast series, evidence based polypharmacy resource, events and NES programmes.

Community Pharmacy Scotland Round-Up



WED, MAY 29

Post-registration Foundation Programme 2024

Information for pharmacists who may wish to join the programme in September 2024...

[Read More](#)

RPS Survey: Digital Systems Access in Community Pharmacy

The RPS are running a survey looking into community pharmacists current experience of accessing digital records in practice and they want to understand what is needed to improve digital access for you and your patients...



The Happy Place ☺

National Bike Week 5th – 11th June 2024

Bike Week is the UK's biggest awareness-raising moment of the year for cycling and a chance to celebrate. It's a time to remind ourselves of all the positives that riding a bike can bring, both to our own health and wellbeing, as well as the wider impacts on our communities and the planet.

This year, Cycling UK wish to celebrate cycling as a force for good and celebrate all those who cycle and encourage and enable more cycling, as we know that when more people cycle, we all become happier, healthier, greener and more connected.

More information can be found [here](#). For 100 challenge suggestions, click [here](#).



We would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to:
gram.pharmaceuticalcareservices@nhs.scot.

All weekly updates are uploaded to the [CP Grampian website](#).

Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)