

Pharmacy & Medicines Directorate Weekly Update



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Quetiapine Immediate Release Tablets - Limited Supplies

Please find attached information pertaining to the ongoing supply challenges with several strengths (150mg, 200mg & 300mg) quetiapine immediate release tablets. These medications are in limited supply, therefore stock availabilities may change regularly as wholesalers continue to receive limited stocks.

Smoking Cessation

Pharmacy Visits

Suzanne and Denise are currently out and about visiting all pharmacies opportunistically. These visits are intended to be supportive and address any issues you have with your smoking cessation services. If you'd rather have a pre-arranged visit then please let us know by email request and your relevant Public Health Practitioner will be back in touch.

Cytisine

We have had some asks about Cytisine. The current information we have is listed below:

- Cytisine was licensed in the UK by the Medicines and Healthcare products Regulatory Agency (MHRA) in March 2019; however, supplies only became available in the UK in January 2024.
- Cytisine has not been considered by the Scottish Medicines Consortium (SMC) and is not currently included in the Grampian Formulary for smoking cessation.
- The Grampian Formulary Group has not received any request from any local clinician to add cytisine to the local formulary.
 - The Grampian Formulary Group has a long established process for managing the addition of medicines to the Grampian Formulary at the request of local clinicians. This process allows clinicians to request the addition of medicines that they consider have a strong evidence base and where there is a local desire to make the medicine available clinically.
 - If a request, for the addition of cytisine to the formulary, was to be received from a local clinician it would likely take four to five months for such an application to be processed; priority is given to SMC approved medicines in order to meet Scottish Government timelines for the introduction of SMC guidance.

Public Health Update

Gold Standard Awards

Thank you to all those who have submitted interest in working towards a GOLD award. We will be back in touch by the end of the week.

Alcohol Awareness Week – TRY DRY

Alcohol Awareness Week

This week is Alcohol Awareness Week running from July 1st-7th. To mark this week why don't you and/or your patients **TRY DRY?** Try Dry is an app developed on the back of Dry January. It's a lifestyle app (like Step Count / Strava/ Fitness Pal etc) that helps track the benefits of mindful drinking.

274 people in Aberdeen signed up and saved 3.3m calories and £67,000. You don't have to have an 'alcohol problem' or stop

drinking - you can set your own goals and challenges. You'll sleep better too!

Download the APP for Android [here](#)

Download the APP for Apple [here](#)

Help raise awareness of the harm caused by alcohol and to learn more about the role that alcohol plays in our society [here](#)

Community Pharmacy Scotland Round-Up



27/06/2024 • Milo Menzies

Prescription Collection: Thursday, 4th July 2024

Your next Parcellforce prescription collection is coming up on Thursday, 4th July 2024.



27/06/2024 • Amanda Rae

Sexual and Reproductive Health at the Pharmacy (SHARP) - Survey

Researchers from Edinburgh University and Sexual and Reproductive Health (SRH) have produced a Scottish Government-funded survey for community pharmacists about their practice around SRH in the community pharmacy.



24/06/2024 • Scottish Government

PCA(P)(2024)11 - Extension to SSP for Clarithromycin 125mg/ml and 250mg/ml Oral Suspension

This Circular advises community pharmacy contractors that the two UK-wide Serious Shortage Protocols (SSPs) for Clarithromycin antibiotic products due to expire on 21 June 2024 have now been extended until Friday 19 July 2024.

The Happy Place 😊

We'd like to congratulate Nikki Young from Bairds Clifton Road who, after a lot of dedicated training, attempted to swim the English Channel on Saturday. Sadly, she was forced to abandon the swim after a gruelling 12 and a half hours swimming, 2 miles from France, due to hypothermia. However, she raised over £5000 for Ayrshire



Hospice in memory of her Gran and says she'll be attempting it again! Well done Nikki, we're all really proud of your hard work and fundraising

We would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to:
gram.pharmaceuticalcareservices@nhs.scot.

All weekly updates are uploaded to the [CP Grampian website](#).

Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)