

# Pharmacy & Medicines Directorate Weekly Update



## Contents

01: Aberdeen Protects App

02: Save the Date: Training Events

03: Smoking Cessation Update: Useful Links

04: Public Health Update:

- Mandatory Government Public Health Campaign - Rethink Dementia
- BBV Self-Test Kits

05: NES Pharmacy Update: September 2024

06: Community Pharmacy Scotland Round-Up

07: The Happy Place ☺

## Aberdeen Protects App

The Aberdeen Protects App was developed in partnership by Aberdeen City Council and the Aberdeenshire Alcohol and Drugs Partnership (ADP), Alcohol and Drugs Action (ADA), lived experience from Aberdeen in Recovery, NHS Grampian and Aberdeen City Health and Social Care Partnership which aims to promote the uptake and use of Naloxone.

The app can be used for naloxone training and discussion points with service users - we can all reduce harm by understanding the risks and how to respond. Please find the attached poster which includes more information and QR codes to download the App for Apple and Android devices.

The App allows people to:

- Find nearest stockists of naloxone
- Videos on how to use naloxone and respond to an overdose
- Understand signs and symptoms of overdose
- Harm reduction advice
- Order postal naloxone kits online
- Links to support services
- Links to national drug alerts
- Local push notifications of drug alerts, harms and local support

The app links to all community pharmacies that are signed up to level 1 SLA - including all pharmacies of the national SLA for emergency naloxone availability and local SLA for naloxone supply to people at risk (a requirement for all pharmacies signed up to level 1).

## Save the Date: Training Events

<b>NES Supporting Student Pharmacist Experiential Learning in 2024-25 Webinar</b>	Tuesday 3 <sup>rd</sup> September 2024, 19:00 – 20:30.	<i>Are you passionate about empowering student pharmacists and setting them up for success during their EL placements?</i>  <i>Find the attached flyer for more details.</i>  <b>Register now:</b> <a href="#">Register here for the 2024-25 EL Webinar</a>
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<b>Migraine Management Workshop</b>	Wednesday 11 <sup>th</sup> September or Wednesday 18 <sup>th</sup> September 2024, 19:00-21:00	Find the attached flyer for NHS Grampian's virtual workshop on improving migraine recognition, diagnosis and treatment.
<b>Grampian Diabetes Managed Clinical Network (MCN) Conference 2024</b>	Wednesday 18 <sup>th</sup> September 2024, Aberdeen Altens Hotel	Find the attached programme for more details, including the registration link via Eventbrite.
<b>NES Community Pharmacy Learning Together Webinar: Migraine Management</b>	Tuesday 24 <sup>th</sup> September 2024, 19:00 - 20:00.	<p><i>This webinar will introduce the “partnering with pharmacy teams to improve migraine management” project and provide guidance to pharmacy staff as to the assessment, support and management of people living with migraine in line with the Scottish National Headache Pathway.</i></p> <p><i>To book onto the workshop visit the <a href="#">Community Pharmacy Learning Together: Migraine Management</a> on Turas Learn, or click the link on the attached flyer.</i></p>

## Smoking Cessation Update

### Useful Smoking Cessation Links

Please find below a reminder of useful links for smoking cessation:

- **Advertising** - you should be advertising smoking cessation services at all times. You can order posters and flyers here: [Browse By Subject \(durham.gov.uk\)](https://www.durham.gov.uk/browse-by-subject).
- **Training** - do any of your staff presently require training/refreshers around smoking? If so, all training is available online here: [NHS Community Pharmacy Website \(scot.nhs.uk\)](https://www.scot.nhs.uk/nhs.uk/community-pharmacy-website).

All updates are available as follows:

- Social media updates: [Facebook](https://www.facebook.com/nhs.uk)
- NHSG CP website smoking page: [Smoking Cessation – NHS Grampian \(scot.nhs.uk\)](https://www.scot.nhs.uk/nhs.uk/smoking-cessation)
- NHSG CP website Health Promotion page: [Public Health Promotion – NHS Grampian \(scot.nhs.uk\)](https://www.scot.nhs.uk/nhs.uk/public-health-promotion)

For help and support contact your relevant Public Health Practitioner:

- [suzanne.cowie@nhs.scot](mailto:suzanne.cowie@nhs.scot) (Aberdeen and Aberdeenshire South)
- [denise.stirling@nhs.scot](mailto:denise.stirling@nhs.scot) (Moray and Aberdeenshire North)

## Public Health Update

### Mandatory Government Public Health Campaign – Rethink Dementia

The Scottish Government and COSLA have announced the new upcoming mandatory campaign “Rethink Dementia” which will commence on 4<sup>th</sup> September 2024. You will all be issued posters in due course.

This campaign was developed in collaboration with a National Lived Experience Panel and in response to insight that shows many people associate dementia primarily with its later stages. Also, there is a lack of understanding that it is a progressive disease and that in the earlier stages particularly, people can live independent, fulfilling lives.

**RETHINK  
DEMENTIA**

'Rethink Dementia' will run on TV, cinema, outdoor, press, digital and radio for five weeks. A full toolkit will be issued on 4 September, alongside shareable campaign assets. We will share these in the next newsletter and on our [Facebook](#) page as soon as they are made available.

If you do not receive the poster or require a different size or new mount, please email: [stockorders.DPPAS@theapsgroup.com](mailto:stockorders.DPPAS@theapsgroup.com)

### **BBV Self-Test Kits**

A friendly reminder that you should all be stocking blood borne virus self-testing kits by now. They have a decent shelf life so ordering 5-10 at a time, depending on the pharmacy (higher SUS may have a higher demand), should be sufficient. They do not take up much space!

To stock these test kits to give out to patients, please email your requested number of kits and pharmacy address to: [gram.bbvppostaltesting@nhs.scot](mailto:gram.bbvppostaltesting@nhs.scot).

More information about the campaign can be found here: [Rethink Dementia Campaign - Upcoming Launch Announcement | Scottish Government Marketing News \(prgloo.com\)](#)

## **NES Pharmacy Update: September 2024**

Please [click here](#) to view the September 2024 issue of the NHS Education for Scotland (NES) Pharmacy Update which includes community pharmacy workforce survey 2024, NES-funded independent prescribing (IP) places, NES pharmacy podcast, resources and upcoming events.

## **Community Pharmacy Scotland Round-Up**



### **NHS Pharmacy First Scotland Service: Communications Toolkit**

Our colleagues at Scottish Government have produced an NHS Pharmacy First Scotland Service Communications Toolkit to help promote Pharmacy First services in Scotland. There are two kits available: one specifically for women's health services and one for general services...

### **Achieving Value and Sustainability in Prescribing Medication**

The Scottish Government are consulting on draft guidance on achieving value and sustainability in prescribing by reducing unwarranted variation across health boards. This includes items of low and limited clinical value, diabetic sundries, and antimicrobial stewardship...



## **The Happy Place ☺**

### **Zero Waste Week – 2<sup>nd</sup> to 6<sup>th</sup> September**

This Zero Waste Week, 2<sup>nd</sup> to 6<sup>th</sup> September, we're encouraged to recycle more and reduce the waste we produce. Recycling is a really simple and effective way we can reduce the amount of waste we send to landfill. It's good for the environment by keeping valuable resources in circulation – that's known as the 'circular economy'.

Remember, whatever you do for Zero Waste Week you can carry on beyond the week and make it a daily routine. Be an example to your family, friends, colleagues and community and become a Zero Waste Champion. Find out more about [Zero Waste Week](#).



***We would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to: [gram.pharmaceuticalcareservices@nhs.scot](mailto:gram.pharmaceuticalcareservices@nhs.scot).***

*All weekly updates are uploaded to the [CP Grampian website](#).  
Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)*