# Pharmacy & Medicines Directorate Weekly Update



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#### **Discontinuation of Zineryt**

Branded Zineryt is no longer available, a generic equivalent (Erythromycin 40mg/ml / Zinc acetate 12mg/ml lotion) is available from Neon Healthcare and supplied via both Alliance and Phoenix. Pharmacotherapy teams have been informed, therefore anyone prescribed Zineryt should be changed to the generic version in due course.

# Patient Safety: Insulin Prescribing and Dispensing Key Points for Primary Care and Community Pharmacies

Following a recent <u>safety notice</u>, the attached document has been prepared to share key points when prescribing insulin.

Insulin should only be initiated by a health care professional with adequate knowledge and training (this can be primary or secondary care diabetes teams). The person starting on insulin needs to be given appropriate knowledge and training on insulin.

Insulin should always be prescribed by **brand name**, with the **correct concentration** and using the **correct device**. The **dose of insulin** is measured in **units**.

## **Save the Date: Training Events**

NES Community Pharmacy Learning Together Webinar: Migraine Management	Tuesday 24 <sup>th</sup> September 2024, 19:00 - 20:00.	This webinar will introduce the "partnering with pharmacy teams to improve migraine management" project and provide guidance to pharmacy staff as to the assessment, support and management of people living with migraine in line with the Scottish National Headache Pathway.  To book onto the workshop visit the Community Pharmacy Learning Together: Migraine Management on Turas Learn, or click the link on the attached flyer.
NHS Grampian Non- Medical Prescribing Conference	Tuesday 1 <sup>st</sup> October and Wednesday 2 <sup>nd</sup> October 2024.	Please find the attached programme for the upcoming Non-medical prescribing virtual conference.

The conference is open to all staff and we encourage attendance at some of the sessions as the program is very relevant to pharmacy. Please click on the session name in the programme below to book your place or search NMP Conference 2024 via TURAS. If you have any difficulties, please contact gram.acateam@nhs.scot.

Booking for ALL sessions closes on Friday 27<sup>th</sup> September at 12 noon.

#### **Smoking Cessation Update**

#### Referring to Healthpoint Following 2 Quit Attempts within the Pharmacy Setting

Grampian currently fall short of the national smoking cessation target. Please remember that the smoking specialist service (Healthpoint) can offer a more in-depth level of service than pharmacy time-restrictions allow.

The Community Pharmacy service specification states: "People who should be referred to NHS Board specialist smoking cessation services include those who:

- May require more intensive input
- May benefit from group sessions
- Are particularly struggling with cravings or stress
- Have had two or more previous unsuccessful quit attempts.

If there have been at least two unsuccessful quit attempts in a period of twelve months then the person should be referred to specialist services, however, this is dependent on the person's individual circumstances and preferences which should be discussed with them before any referral."

See the attached pathway which you may wish to print for easy reference. Please speak to your Public Health Practitioner if you have any queries.

## **Public Health Update**

#### Organ Donation Week

This week,  $23^{rd} - 29^{th}$  September, is organ donation week. It would be great if you could spread the word on your own social media pages. You can find more information and resources <u>here</u>.

#### **Migraine Awareness Week**

This week,  $23^{rd} - 29^{th}$  September, is migraine awareness week. Join us in shining a light on this debilitating condition that affects 1 in 7 people. If you're one of them, you're not alone. NHS Grampian is here to support you with resources and information to manage your migraine effectively.



Visit Migraine (nhsgrampian.org) for tips, treatment options, and support resources.

#### **Community Pharmacy Scotland Round-Up**

Complete and Return the Community Pharmacy Workforce Survey 2024

Reminder for Independent Community
Pharmacies: Have you captured and
submitted your workforce data for the week of
Sunday 8th September - Saturday 14th
September 2024? The submission deadline
is Friday 11th October 2024—don't miss it!





PCA(P)(2024)23 - Drug Tariff Part 7 Dispensing Pool Payment and Redistribution of the Global Sum

This Circular advises contractors of a balancing payment relating to the 2023/24 global sum, which will be made along with September's payments...

#### The Happy Place ©

# World Pharmacists Day, 25th September 2024

World Pharmacists Day is observed on 25<sup>th</sup> September each year to recognise pharmacists for the role they play in improving global health. The day encourages activities that promote and advocate for the role of pharmacists in improving health in every corner of the world.



In 2024, the theme is: "Pharmacists: Meeting global health needs". For more information, click here.

We would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to:

gram.pharmaceuticalcareservices@nhs.scot.

All weekly updates are uploaded to the CP Grampian website.

Remember to like our Facebook page for regular updates: Community Pharmacy Grampian - NHSG