

Pharmacy & Medicines Directorate Weekly Update

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Independent Prescriber Rota Monthly Submissions

Monthly IP hours for October are due to be submitted by today (5th November 2024).

As detailed in the FAQ document sent out we are providing some leniency with MOU returns and IP Rota submissions this month due to it being a new process and the recent October holidays.

Please do however return to gram.pharmaceuticalcareservices@nhs.scot no later than 15th November 2024.

If you have queries please contact us or refer to the attached quick guide document sent out on 29th October 2024.

Royal Aberdeen Children's Hospital (RACH) Guidance on Oral/Enteral Proton Pump Inhibitor (PPI) Selection and Administration (For Children)

Please find the attached guidance for information which covers the use of PPIs in paediatric patients across both primary and secondary care within NHS Grampian, with the aim to standardise prescribing whilst ensuring patients are on the most suitable and effective treatment.

Migraine Management

Recording - Improving Migraine Management for Pharmacy Teams Workshops

A recording of the multi-board *Improving migraine management for pharmacy teams* workshops which were held on 11th & 18th September 2024 can now be found on [Learning resources](#) | [Turas](#) | [Learn](#).

Please share this resource widely throughout your teams. The workshops followed the guidance in the Scottish National Headache Pathway and are not board specific.

Migraine Awareness Resources

We are excited to announce the availability of the attached revised public awareness posters and information cards to support Migraine awareness and management in Grampian. These resources are designed to support patients and healthcare providers in improving migraine management and ensuring better health outcomes.

Notably, we have developed a new Sumatriptan Advice Card, offering detailed instructions on the safe and effective use of sumatriptan for migraine relief which can be given to any patient for example someone newly prescribed sumatriptan or struggling to take it effectively.

Pharmacy teams are encouraged to order these materials from [HPAC](#) from 18th November 2024 to distribute within their practices and communities.

Sexual Health Update

Please find attached a 'Save the Date' flyer for our upcoming **SRH Fitters (Coils/Implants) Forum Update**, which will be held on **Monday 9th December 2024**, which is being held online via **Microsoft Teams**, for your attention.

Details for registration will be coming soon, so please share this information with interested colleagues.

Smoking Cessation Update

Vaping Update

You may remember that we previously informed you of a ban on single-use vapes which was to be implemented from 1st April 2025. This is to be delayed by two months to align with other UK nations. The Department for Environment, Food and Rural Affairs (Defra) confirmed that new legislation has been laid out in Parliament to **ban the sale of single-use vapes from June 1st 2025**.

Additionally, the Chancellor as part of the budget, announced a tax on vapes which will be introduced on 1st October 2026. This will see a flat rate duty of £2.20 per 10ml of liquid meaning that a small bottle of vape juice which costs as little as £1 will instead cost £3.20 – a 220% increase in price.

The new tax is to discourage non-smokers and young people from taking up vaping.

A reminder that tobacco smokers should still be advised that vaping is less harmful (not harmless) than smoking cigarettes and a complete switch is classed as a tobacco quit.

Public Health Update

BBV and Sexual Health Evening Session

Calling all GOLD Public Health Champions and all pharmacy staff!

We hope as many of you as possible can attend the session detailed below. Please note it is NOT just for trained pharmacists but for all staff, especially **Public Health Champions!**

BBV and Sexual Health Update on MS Teams, 13th November 2024 from 7pm - 8pm:
<https://teams.microsoft.com>.

Public Health Practitioner, Penny Gillies, has kindly offered to do a 1 hour evening teaching session to update you on everything relevant for pharmacy staff:

“An update and Q&A session for all pharmacy staff about blood borne viruses (HIV, Hepatitis B and Hepatitis C) and sexual health. This informal and non-clinical session will cover local data, risk factors for BBVs, prevention, testing, treatment and resources as well as giving you up to date information about the services available to your clients.”

World Antimicrobial Resistance (AMR) Week

World Antimicrobial Resistance (AMR) Week takes place from 18th – 24th November 2024. We all have a responsibility to tackle this urgent global health threat and World Antimicrobial Resistance Awareness Week is an ideal opportunity.

Please find the attached NHS Scotland resources for public messaging and join us in sharing campaign messages and your activities on social media using #WAAWScotland.

NES Pharmacy Update – November 2024

Please [click here](#) to view the November 2024 issue of the NHS Education for Scotland (NES) Pharmacy Update. This edition contains prescriber database update, national pre-registration trainee pharmacy technician (PTPT) scheme, preparing for changes to foundation training year 2025/26, resources and upcoming webinars.

MedWatch Newsletter - November 2024

The attached MedWatch Newsletter edition focuses on #MedSafetyWeek which is running 4th - 10th November and is a worldwide social media campaign to raise awareness of reporting adverse drug reactions to medicines regulatory bodies (MHRA in the UK). This year's theme is **'the importance of using medicines in the right way to prevent side effects, and to report side effects when they do occur'**.

Community Pharmacy Scotland Round-Up

Volunteers Needed for a Women's Health Study

Community Pharmacy Scotland (CPS) is seeking to recruit at least 100 individuals with an interest in women's health for a study conducted through a bespoke smartphone app developed specifically to better support the women's health journey...



Courier Service: Key Reminders and Tips for Smooth Collections

At Community Pharmacy Scotland, we want to ensure the courier service runs as smoothly as possible for all our members. Below are some key reminders and tips to help avoid delays and ensure your presc

The Happy Place 😊

This week Dickies Pharmacy Torry wish to give a big shout out to Espee, trainee pharmacist, who has successfully wrapped up her training year!

"Espee's hard work and dedication has truly shone through and we're all super proud of you. We wish her the very best for her upcoming assessment!"



Please remember we would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to: gram.pharmaceuticalcareservices@nhs.scot.

All weekly updates are uploaded to the [CP Grampian website](#).

Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)