

# Pharmacy & Medicines Directorate Weekly Update



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## Green Bag Scheme

A reminder that the Green Bag Scheme will relaunch in NHS Grampian this week. All pharmacies should now have received a pack with some bags, cards and a poster.

Don't forget to send in your #GreenBagReady selfies! To help with our social media campaign, please send a photo of you or your team holding a green bag to [gram.realisticmedicine@nhs.scot](mailto:gram.realisticmedicine@nhs.scot). In doing so, you are providing your consent for this to be used through NHS Grampian social media channels to promote this initiative.

## Controlled Drugs Team Update Supply of Oral Morphine Solution on CPUS

Following a review of medication supplied under the community pharmacy urgent supply arrangements (CPUS) the Controlled Drugs Team wish to remind community pharmacists of the following:

- All schedule 2 and 3 controlled drugs are excluded under this patient group direction (PGD), except midazolam oromucosal solution for the emergency treatment of status epilepticus.
- All morphine containing preparations are excluded under the CPUS PGD. Morphine 10mg/5ml oral solution is a schedule 5 controlled drug but must not be provided under this PGD and any supplies will not be reimbursed.
- Patients requiring drugs excluded under this PGD should be referred onto the GMED service if the supply is felt necessary.
- Community pharmacists should exercise their professional judgement and consider limiting the quantity supplied for a medication which has the potential for abuse.

## Migraine Management: Workshop Recording

The Improving Migraine Management Workshop is now available for viewing. This workshop provided valuable insights into the latest treatments, management strategies, and resources for effectively dealing with migraine. Key topics covered in the workshop include:

- Understanding and assessing migraine presentations
- New treatments for migraine and their clinical applications
- Accessing the Scottish Headache Pathway and other resources
- Discussion of pharmacy-based case studies

We encourage you to share this information with your teams via any appropriate channels to ensure everyone can benefit from the insights shared in the workshop. **You can access the recording here:** [Workshop Recording](#)

## Smoking Cessation Update

### Smoking Cessation Service Data for Q2 July-Sept 2024

	OCT – DEC 2023	JAN – MARCH 2024	APRIL – JUNE 2024	JULY – SEPT 2024
<b>TOTAL NUMBER OF SIGN UPS</b>	776	1124	945	833
<b>MISSED SUBMISSIONS AT 4 WEEKS AND FINANCIAL LOSS</b>	254 (33%) £3810	246 (22%) £3690	175 (18%) £2625	191 (22.9%) £2865
<b>TOTAL NUMBER OF SUCCESSFUL QUILTS</b>	42 (5.4% of all sign ups)	257 (23% of all sign ups)	190 (20% of all sign ups)	175 (21% of all sign ups)

The graph above shows the most recent data for Quarter 2 July-Sept 2024 for all the community pharmacies in Grampian collectively, along with the previous 3 quarters for comparison. The data is always 6 months behind.

Unfortunately smoking sign-ups have dropped by over 100 patients and missed 4-week submissions have risen again. On a more positive note the percentage of 12-week quits went up by 1% to 21% but still falls short of the Scottish Pharmacy average of 22.9%.

Please raise awareness leading up to No Smoking Day on 12<sup>th</sup> March and review house-keeping to ensure that submissions are submitted on time.

**From 1<sup>st</sup> April 2025, you will not be paid for submissions out with the allotted PCR timeframe.**

## Public Health Update

### Gold Awards

More GOLD award success!

Well done Summerhill pharmacy who have revalidated their GOLD status for another year, embedding the MEOC culture into their practice and promoting many Public Health topics. Pictured here are Karen and Victoria (PH Champions) and lead pharmacist, Dawn.



Also revalidating for another year, congratulations go to Baird's King Street who have a fantastic display area and have built on their knowledge to provide great PH services. Pictured here are lead pharmacist Nikki with Public Health Champion Ona and the rest of the team.



Achieving GOLD success for the first time are Baird's Keith. Pictured here are Doreen (Dispenser/Counter Assistant), Violet (Public Health Champion/Counter Assistant), Lisa (Pharmacist/IP), Hayley (Public Health Champion/Dispenser), and Jennifer (Accuracy Checking Dispensing Assistant).



Well done everyone!

## Community Pharmacy Scotland Round-Up



07/02/2025 • Robbie Collins

### Weekly eNewsletter 6th February 2025

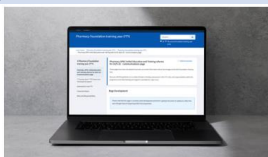
To view our latest eNewsletter through your browser, please click on the link



08/02/2025 • Amanda Henderson

### CPS Charity Golf Day 2025 - Register Your Team

It's that time of year again when we open up places for our Charity Golf Day! CPS is delighted to be hosting its 11th Annual Charity Golf Day on Friday, 9th May 2025, at the stunning Mar Hall Golf & Spa Resort.



08/02/2025 • Adam Osprey

### Pharmacy GPhC Initial Education and Training reforms for 2025-26 - Communications Page

NES Pharmacy are pleased to announce that they have updated their Pharmacy GPhC Initial Education and Training reforms for 2025-26 - Communications page on TURAS to better inform you of the changes to and requirements for Foundation Training Year 2025/26.



08/02/2025 • Scottish Government

### Mind to Mind Mental Health Campaign

Our colleagues at Scottish Government have launched the Mind to Mind campaign which encourage people to look after their mental wellbeing. In this article you will find campaign resources that will help you spread the word within your community.

## The Happy Place 😊

The Pharmacy and Medicines team were part of the chronic pain community appointment day last Thursday. It was an opportunity to collaborate with health, social care, and community partners in supporting individuals' health and well-being. The public were able to engage with health professionals, speak openly and find strategies for managing their chronic pain. Well done to all those involved in such a worthy event.



***Please remember we would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to: [gram.pharmaceuticalcareservices@nhs.scot](mailto:gram.pharmaceuticalcareservices@nhs.scot).***

*All weekly updates are uploaded to the [CP Grampian website](#).*

*Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)*