

Pharmacy & Medicines Directorate Weekly Update



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Changes to Continuous Glucose Monitoring (CGM) Prescribing

Update to CGM Statement

There has been an update to the NHS Grampian Position Statement: [Use of Continuous Glucose Monitors \(CGM\) on prescription within NHS Grampian](#). This updates the preferred choices of CGM for use within NHS Grampian as well as conditions under which it is appropriate to recommend and prescribe CGMs.

CGM Prescribing in Primary Care - Position Statement

Changes to FreeStyle Libre® 2 prescribing

FreeStyle Libre® 2 is being discontinued mid-2025, with a move to FreeStyle Libre® 2 Plus. Attached and linked below is information to support practices with the required changes to prescribing as well as healthcare professional FAQs & a patient information sheet to support counselling of change. This information will also be disseminated to practices via their Practice Manager.

Patients new to FreeStyle Libre® will be recommended to commence on FreeStyle Libre® 2 Plus.

- [Primary Care Information: FSL2 - FSL2+](#)
- [Healthcare Professional FAQ: FSL2 - FLS2+](#)
- [Patient FAQ: FSL2 - FSL2+](#)

Licensed Products

There has been an increase in requests being sent to the specials team at NHS Grampian, asking if a product is licensed or not. This type of enquiry should be directed to your own Superintendent Pharmacist, and/or you can check the product details with the MHRA. You can use the following link to search for product details: [MHRA Products | Substance index](#)

If the product doesn't appear on the MHRA website, it is possible the product holds a European licence and the information will be found at: [European Medicines Agency \(EMA\)](#)

Please find attached the Guide to Specials and Unlicensed products' that you should use, for your reference.

Green Bag Scheme

The Green Bag Scheme has now launched in NHS Grampian and all pharmacies should now have received a pack with some bags, cards and a poster.

Additional green bags can be ordered here: [Resource Details for id 7372](#).

Please keep sending in your #GreenBagReady selfies! To help with our social media campaign, please send a photo of you or your team holding a green bag to gram.realisticmedicine@nhs.scot. In doing so, you are providing your consent for this to be used through NHS Grampian social media channels to promote this initiative.

Pictured here are Davidson's Banchory, Webster's Strichen, Dickies Torry, and Peterhead Health Centre Pharmacy.



Smoking Cessation Update

No Smoking Day – 12th March 2025

Collectively, NHS Grampian have commenced a campaign in the lead up to No Smoking Day and you will see many posts on our FB page over the coming month. If you have a social media platform, please share the posts as they are shown on our page - [Facebook](#).

We encourage you all to create a display, whether it be a poster in your window or a full display within the pharmacy, remember you can access resources free of charge here: [HPAC](#)

A great idea is to utilise the day and use the Very Brief Advice model (attached) to ask all patients if they smoke tobacco or not. Bearing in mind 66% of patients who smoke want to stop ([7 Smoking - The Scottish Health Survey 2022 – volume 1: main report - gov.scot](#)), this is a good way to opportunistically identify patients who'd like support.

Public Health Update

New Government Mental Health Campaign

The Scottish Government have launched the Mind to Mind campaign which encourages people to look after their mental wellbeing. You will have been delivered a poster for your window and will find campaign resources which can help you spread the word within your communities on the links below:

- [Mind to Mind | NHS inform](#)
- [Campaign Assets | Scottish Government Marketing News](#)



Gold Awards

Congratulations to 3 pharmacies who have successfully revalidated for another year:

Congratulations Right Medicine Pharmacy Ardach in Buckie. Pictured here are Alex (Pharmacist & IP), Kayla (Dispenser/Public Health Champion), Karen (Dispenser), Elaine (Dispenser), Julie (Dispenser), Brenda (ACT) and Tammy (Trainee Dispenser).



Congratulations Cullen Pharmacy. Pictured here are Alison (Counter Assistant/PO), Nathan (Pharmacist & IP), Heather (Dispenser/Public Health Champion), Rebecca (Dispenser), missing from the photo is Mark.



Congratulations Clarks Pharmacy in Keith. Pictured here are Mora (Trainee Tech), Lorraine (Pharmacist /IP) and Wilma (ACT/Public Health Champion), Missing from the photo today Colin and Laura.



Well done everyone!

Scottish Pain Pharmacy Network (SPPN) Newsletter

Please find the third edition of the Scottish Pain Pharmacy Network newsletter linked here: [Scottish Pain Pharmacy Network \(SPPN\) Newsletter](#). This edition includes a holistic approach to pain management based on the mnemonic SUGAR:

Social Prescribing and Self-Management.
Understanding Pain and the Patient.
Goal Setting.
Acceptance.
Relationship, Reducing Medication Harms and Review.

Community Pharmacy Scotland Round-Up



17/02/2025 • Graham Le Tissier

Medicines Care and Review (MCR) Ready Reckoner: 17th February 2025

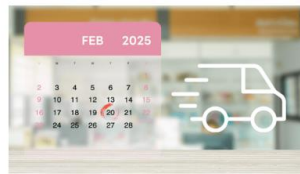
This week's MCR Ready Reckoner has been updated and is now available to download or you can view it via the App.



13/02/2025 • Amanda Henderson

Top Three Items Under Review by the CPS Board

The CPS Board is currently discussing and reviewing the following top three items. While these are still "works in progress" and specific details are not yet available, further information will be provided as it becomes available.



13/02/2025 • Milo Menzies

Prescription Collection Courier Service: 20th February 2025

Your next courier collection is scheduled for Thursday, February 20th, 2025. As this is a particularly busy period for community pharmacies, please note the following guidelines for your prescription bag submissions.



07/02/2025 • Robbie Collins

Weekly eNewsletter 6th February 2025

To view our latest eNewsletter through your browser, please click on the link

The Happy Place ☺

National Heart Month

Join us in celebrating National Heart Month by learning more about heart health and taking steps to improve your cardiovascular well-being. Your heart will thank you for making healthy choices! [#NationalHeartMonth](#).



Please see [Heart Month 2025 - BHF](#) for more information.

Please remember we would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to: gram.pharmaceuticalcareservices@nhs.scot.

All weekly updates are uploaded to the [CP Grampian website](#).

Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)