

Pharmacy & Medicines Directorate Weekly Update



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Trauma- Informed Approaches for Community Pharmacy Teams

Moray Wellbeing Hub is pleased to offer Trauma-Informed Approaches for Community Pharmacy teams, a two part evening training designed to strengthen confidence and skills in trauma-informed practice within community pharmacy settings.

Across these two sessions, participants will explore:

- Applying trauma-informed practice using the national TURAS framework
- Understanding trauma and its impact within everyday interactions
- Reducing stigma and discrimination for people with lived experience of alcohol and substance use
- Local supports, resources, and partnership opportunities
- How community pharmacies can connect with the lived and living experience community through Moray Wellbeing Hub and the Alcohol & Drug Partnership
- Real stories and insights from local people with lived and living experience

Dates:

- **Session 1:** Tuesday **18th February**, 6:45pm–8:15pm
- **Session 2:** Tuesday **25th February**, 6:45pm–8:15pm

Location: Dunbarney House, Elgin

Booking essential via: <https://www.tickettailor.com/events/moraywellbeinghub/2028980>

This course is ideal for community pharmacists and pharmacy teams wishing to enhance compassionate practice and ensure a safe, supportive and trauma aware environment for everyone.

Professionals Page of the NHS Grampian Sexual Health Website

For information see the Professionals page of the NHS Grampian Sexual Health Website. This part of the website aims to provide information and support on sexual health and blood borne viruses for practitioners who work with the public in Grampian.

You will find sections on referrals, resources, training, free condoms, blood borne viruses and documents and reports. Web link here: [Professionals | Grampian Sexual Health Services](#)

Research Participation Opportunity – University of Strathclyde

Are you a newly qualified pharmacist independent prescriber (PIP)? Strathclyde University wants to hear about your journey.

The short questionnaire below invites you to share your experiences, challenges, and ideas for future support and development in your prescribing role. Your insights will help shape how new PIPs can be supported. Please review the participant information sheet (attached). The questionnaire can be [found here](#)

Time commitment: 10 minutes

Purpose: Influence future support pathways and contribute to service development.

Bonus: Participation can be used as evidence in your professional portfolio, including:

RPS Post-Registration Foundation Curriculum – Outcome 5.1

RPS Core Advanced Curriculum – Outcome 5.4

Your voice matters — help shape the future of prescribing practice.

If you need any more information please contact either me (Josh Miller (Josh.Miller@nhs.scot) or my MPhil supervisor Prof Anne Boyter (anne.boyter@stath.ac.uk)

Public Health

Cervical Cancer Prevention Week

This week is cervical cancer prevention week. All healthcare staff can play a part in raising awareness of cervical screening – please promote the campaign on your own social media pages and within your pharmacies, as always you can order free leaflets and posters from Resources – [HPAC](#)

Key messages can be found here - [Cervical Screening – Hi-Net Grampian](#)

Find the SU2C screening tool (for all cancer screening) at the link here - [Screening Checker | Stand Up To Cancer](#)

New Government Public Health Poster Campaign

Our colleagues at Scottish Government have launched the Mind to Mind campaign which encourages people to look after their mental wellbeing.

You will all receive posters, please put them up prominently in place of the Early Bird campaign poster.

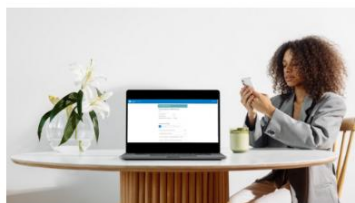
More information can be found here, along with the campaign toolkit.

[Mind to Mind Mental Health Campaign | Community Pharmacy Scotland](#)

Save the Date: Training Sessions

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| FAST Education Dates | <ul style="list-style-type: none"> • Thursday 22nd January 2026, 2pm. • Thursday 5th February 2026, 11am. • Wednesday 18th February 2026, 3pm. • Friday 6th March, 10am. • Wednesday 18th March 2026, 1pm. | <p>Please find the attached flyer to register for Chest Heart & Stroke Scotland's FAST Education 30-minute online sessions, which aim to improve stroke recognition.</p> |
| National Webinar: The Chat – Parent Information Resource | <p>Wednesday 4th February 2026, 12:30pm – 1:30pm.</p> | <p>Please find the attached flyer to register for a webinar session introducing theChat, a parent information resource, created in response to feedback from patients and carers to support them to have meaningful conversations with children and young people about relationships and sexual health.</p> |

Community Pharmacy Scotland Round-Up



19/01/2026 • Graham Le Tissier

Medicines Care and Review (MCR) Ready Reckoner

This week's MCR Ready Reckoner has been updated and is now available to download or you can view it via the App.



19/01/2026 • Scottish Government

PCA(P)(2026)01 - Creon® Serious Shortage Protocol Extension

SSP extensions for Creon 10000 and 25000 have been issued. Pharmacists must review new end dates and continue limiting supply to one month.



15/01/2026 • Robbie Collins

Approved List Reporter

On behalf of NHS Health Boards, we are collecting suggestions for amendments to the Approved List from our members and their pharmacy teams, which can be for additions to the list, replacements or deletions.



15/01/2026 • Emma Taylor

Courier Update

We would like to apologise for the confusion and disruption experienced during the courier collection on Thursday 8th of January 2026.

The Happy Place 😊

Healthcare Team of the Year!

Huge congratulations to Boots Stonehaven, who have been awarded Healthcare Team of the Year for the Grampian area within Boots. This recognises their outstanding commitment to the local community throughout 2025. Below are some of the team pictured with their award. Another shout-out goes to Iona Spence, who has also been nominated for Pharmacist of the Year.



GOLD Success!

Huge Congratulations to Baird's Woodside who have revalidated their GOLD award for the 3rd year! They have cascaded the ethos of MEOC to all staff and recently identified 2 Smoking Champions, Andrew and Hayley who are pictured below with Pharmacist Katie and Public Health Champion, Ashleigh.

Well done to Ashleigh and all the team at Baird's Woodside!



We would like to continue this section as an opportunity for reward, recognition and good news stories of the teams who read this! Please submit any items for inclusion to gram.pharmaceuticalcareservices@nhs.scot.

All weekly updates are uploaded to the [CP Grampian website](#).

Remember to like our Facebook page for regular updates: [Community Pharmacy Grampian – NHSG](#)