

New patient
wants to stop
smoking
tobacco

- Sign patient up immediately if time allows and set a quit date which will be day 0 of the 12-week programme. Input to PCR

Patient has had
a failed attempt
(encourage re-
engagement)

- 1st attempt in pharmacy? Start again with a new PCR case
- Had 2 attempts in pharmacy already? Refer to Healthpoint on 08085 20 20 30 (self or professional referral)

Patient wants
to use a vape to
stop smoking
tobacco

- Advise that this is a good tool to stop smoking tobacco and refer them to Healthpoint on 08085 20 20 30 (a switch to a vape is a tobacco quit)

Patient wants
to quit vaping
altogether

- Refer patient to the Quit Your Way Service on 0800 84 84 84 who can offer guidance
- Patients (12 and over) can privately buy Quickmist over the counter - this is the only licensed NRT product for vaping at present
- Vaping cessation tools for teens can be found at this website - Quit Vaping | Smokefree Teen but please be aware it is **not NHS approved**
- App available to Quit Vaping on the App Store (apple.com), **not been NHS approved** but has good reviews and a chat support function.