



World Antimicrobial Resistance (AMR) Awareness Week is a global campaign to raise awareness and understanding of AMR and promote safe and sustainable use of antibiotics to reduce the emergence and spread of drug-resistant infections.

At NHS Highland, we are doing our bit by reminding colleagues of the importance of acting now to protect the precious resource we currently have available and to secure the future of these important treatments.

As part of this:

- How well do you know your antimicrobials? Check out our EMOJICROBIALS quiz to test your knowledge and deciphering skills! There's a prize if you manage to decipher them all! Full details on this page [Antimicrobial Management Team](#) (intranet access required) or email alison.macdonald4@nhs.scot

We're also asking for your support in highlighting NHS Scotland's 'Antibiotic Resistance is Everyone's Business' campaign.

This year, they focus on five key actions **everyone** can take to help address the threat of AMR:

1. Don't share antibiotics with others - they won't work properly and could make the problem worse.
2. Follow your prescriber's advice - antibiotics don't work on viruses like the common cold or flu or COVID-19.
3. Wash your hands regularly and use paper tissues - help stop the spread of antibiotic-resistant infection.

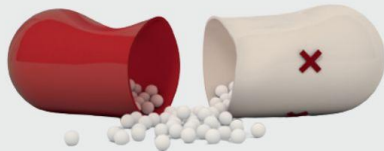
4. Follow your vet's instructions when giving your pets antibiotics - protect our animals from the threat of antibiotic resistance.
5. Take unused medicines back to the pharmacy - throwing antibiotics in bins, sinks, or toilets can harm the environment.

Look out for further messages from colleagues in Microbiology, Pharmacy and Infectious Diseases during **World AMR Awareness Week** to highlight this campaign.

Antibiotic Resistance is Everyone's Business

ANTIBIOTIC AMNESTY

Antibiotics should never be saved for later or shared with others.



Hand in your old or unused antibiotics at any local pharmacy.



**ANTIBIOTIC
GUARDIAN**
Keep Antibiotics Working