

COMMUNITY PHARMACY LANARKSHIRE

PHARMACY FIRST PLUS NEWSLETTER

APRIL 2026

Summary of 2025/26

The table below summarises number of items issued across the CPIP network in Lanarkshire.

Quarter	Total Items Prescribed
1	4,132
2	4,672
3	6,504
4	7,544
Total	22,852

The average items prescribed per year per prescriber in Lanarkshire was 132. The table below summarises number of items issued / year and the number of CPIPs that fell into this bracket.

Items issued / year	Number of prescribers
>1000	5
>500	8
>250	14
>100	27
>50	17
>10	32
1-9	10
0	8

Key Learnings:

- 5 of the 8 zero prescribers had left the healthboard and/or were on maternity. Please notify the healthboard if you are on maternity / leave the healthboard so we can reflect the IP live tracker
- 1 CP hadn't notified PSD of service termination & so base payments continued in error
- CPIPs issued a number of items for conditions that did not fall under the PF+ Service; period delay; erectile dysfunction; Vaccinations; Urgent access to medicines; Items of low clinical value
- Several CPIPs were unaware of the monthly CP newsletter; [Pharmacy First Plus – NHS Lanarkshire](#)

Prescribing Data – April 2026

The **Pharmacy First Plus** service is available across 60% of NHS Lanarkshire's Community Pharmacy network. In April there were 94 active prescribers.

Locality	No. IPs
Airdrie	14
Bellshill	11
Camglen	18
Clydesdale	15
Coatbridge	10
East Kilbride	13
Hamilton	13
Motherwell	9
North Locality	13
Wishaw	13
Total	129

Have you moved to a new pharmacy site or healthboard?

You must notify the NHS Lanarkshire Pharmacy Admin team of any changes to your workplace/practice or if you leave the organisation:

- If you move to another contractor code within NHS Lanarkshire you must notify Pharmacy Admin of the new contractor code to ensure the IP organisational data base is accurate. NHS Facilitation must also be notified to ensure your NHS mailbox, Clinical Portal and Emergency Care Summary access reflects this.
- If you move to another sector of practice and/or another health board, you must notify Pharmacy Admin and destroy any prescribing pads issued by the health board (an email from your line manager confirming pads have been shredded and disposed of into confidential waste is sufficient). Similarly, any prescriber joining the health board must apply for an NHS Lanarkshire prescribing number and must not use any other number issued by previous employers. NHS Facilitation must also be notified to ensure your NHS mailbox, Clinical Portal and Emergency Care Summary access reflects this.

Your NHS Lanarkshire prescribing number and prescription pad is for use within NHS Lanarkshire only. These pads cannot be used / annotated by another prescriber.

Respiratory

New to Pharmacy First Plus? Let's take a look at the second chapter of the standard Pharmacy First approved list, Respiratory, and consider what is Pharmacy First vs what is beyond the scope of the standard NHS Pharmacy First Scotland service, which you may wish to consider as part of your Pharmacy First Plus service; [West of Scotland Formulary](#)

Respiratory	
Allergy	
Pharmacy First	Pharmacy First Plus
Cetirizine Chlorphenamine Loratadine Fexofenadine 120mg (PGD)	Urticaria rash: Oral Treatment: First Line: Ceterizine or Loratidine Second line: Fexofenadine 180mg Topical Treatment: non-specific itch or for symptomatic treatment of hives in urticarial: Menthol 1% in Aqueous cream
Cough	
Pharmacy First	Pharmacy First Plus
No products - There is little evidence to support the use of cough suppressants. - Cough products fall under the guidance of low clinical value and should not be prescribed in NHS Lanarkshire. A number of products are available OTC. - For persistent cough lasting 4-6 weeks, the underlying cause should be established.	Adult Chest Infection: - Amoxicillin - Penicillin Allergy? = Doxycycline - Penicillin Allergy + pregnant? = Erythromycin Child Chest Infection - Amoxicillin - Penicillin Allergy? = clarithromycin
Nasal Congestion	
Pharmacy First	Pharmacy First Plus
Xylometazoline 0.05%/0.1% drops Xylometazoline 0.1% nasal spray Sodium chloride drops	Nasal Infection: - Naseptin - Mupirocin Sinusitis: Does not routinely need antibiotics. Pain / Nasal decongestion remedies may be appropriate. Antibiotic required? Adult: - Phenoxymethylpenicillin

	• Penicillin Allergy? = Doxycycline or Clarithromycin • Penicillin Allergy + pregnant? = Erythromycin Child: • Phenoxymethylpenicillin • Penicillin Allergy? = clarithromycin
Nasal Allergy	
Pharmacy First	Pharmacy First Plus
Beclometasone nasal spray Mometasone nasal spray	Fluticasone Furoate nasal spray Azelastine nasal spray

Areas out with PF+ Service

The Pharmacy First Plus Service should be provided when an individual **presents with symptoms of a common clinical condition(s)** which is beyond the scope of the standard NHS Pharmacy First Scotland service and within the prescribers' competence to prescribe and manage. There are several respiratory areas that **do not** fall under the scope of the Pharmacy First Plus service:

- **Asthma/COPD** – Long term management of asthma/COPD does not fall within the scope of the service. You may however be required to provide:
 - Urgent access to asthma/COPD medicines: this should be done via the already established route, Community Pharmacy Unscheduled Care Service (CPUS).
 - Acute asthma/COPD exacerbation: this should be treated with a bronchodilator or a short course of prednisolone.
 - Spacer device: if a patient has lost / broken their spacer device you may supply via the CPUS where appropriate. You may also on occasion be presented with an asthmatic/COPD individual who has a viral / bacterial chest infection, you may as part of your assessment consider a spacer device however the patient should be advised that this is to manage the presenting symptoms and not the long term management of their asthma/COPD, if the individual wishes to use their spacer device long term, they should seek advice from their asthma prescriber.
- **Bronchiectasis** –
 - A trial of mucolytics can be considered in patients with bronchiectasis who have difficulty in sputum expectoration. The initiation/trial period should be advised by specialist and therefore mucolytics sit out with the Pharmacy First Plus service.

- Prescribing of azithromycin should be on the advice of a respiratory specialist, following sensitivities and investigations in secondary care therefore sits out with the Pharmacy First Plus service

Items issued in April 2026

PHENOXYMETHYLPENICILLIN 250MG TABLETS	72
AMOXICILLIN 500MG CAPSULES	68
DEXAMETHASONE 0.1% / NEOMYCIN 0.5% / ACETIC ACID (GLACIAL) 2% EAR SPRAY	56
FLUCLOXACILLIN 500MG CAPSULES	44
NYSTATIN 100,000UNITS/ML ORAL SUSPENSION	41
DOXYCYCLINE 100MG CAPSULES	40
CLARITHROMYCIN 500MG TABLETS	32
HYDROCORTISONE 1% CREAM	30
MOMETASONE 50MICROGRAMS/DOSE NASAL SPRAY	24
PREDNISOLONE 5MG TABLETS	23
FEXOFENADINE 180MG TABLETS	20
FUSIDIC ACID 2% CREAM	20
NASEPTIN NASAL CREAM	20
TRIMETHOPRIM 200MG TABLETS	20
PHENOXYMETHYLPENICILLIN 250MG/5ML ORAL SOLUTION	19
CHLORAMPHENICOL 0.5% EYE DROPS	14
NITROFURANTOIN 100MG MODIFIED-RELEASE CAPSULES	14
AMOXICILLIN 250MG/5ML ORAL SUSPENSION	13
FUCIDIN H CREAM	12
FLUCLOXACILLIN 250MG/5ML ORAL SOLUTION	11
AMOXICILLIN 500MG TABLETS	10
FEXOFENADINE 120MG TABLETS	10
ACICLOVIR 200MG TABLETS	9
ACICLOVIR 800MG TABLETS	9
BENZYLAMINE 0.15% OROMUCOSAL SPRAY SUGAR FREE	8
FUCIDIN 20MG/G CREAM	8
PHENOXYMETHYLPENICILLIN 125MG/5ML ORAL SOLUTION	8
STERIMAR 31.8% ISOTONIC NASAL SPRAY	8
AMOXICILLIN 250MG/5ML ORAL SUSPENSION SUGAR FREE	7
BECLOMETASONE 50MICROGRAMS/DOSE NASAL SPRAY	7
CO-AMOXICLAV 500MG/125MG TABLETS	7
DERMOL 500 LOTION	7
FLUCLOXACILLIN 125MG/5ML ORAL SOLUTION	7
CANESTEN HC CREAM	6
CLOTRIMAZOLE 1% CREAM	6
HYDROCORTISONE 1% / CLOTRIMAZOLE 1% CREAM	6
HYDROMOL OINTMENT	6
METRONIDAZOLE 400MG TABLETS	6
PARACETAMOL 500MG TABLETS	6
SALBUTAMOL 100MICROGRAMS/DOSE INHALER CFC FREE	6
CLARITHROMYCIN 125MG/5ML ORAL SUSPENSION	5
HYDROCORTISONE 0.5% CREAM	5
KETOCONAZOLE 2% SHAMPOO	5
OMEPRazole 20MG GASTRO-RESISTANT CAPSULES	5
TIMODINE CREAM	5
AMOROLFINE 5% MEDICATED NAIL LACQUER	4
AMOXICILLIN 500MG/5ML ORAL SUSPENSION SUGAR FREE	4
BENZOYL PEROXIDE 3% / CLINDAMYCIN 1% GEL	4

BETAMETHASONE 0.1% EAR/EYE/NOSE DROPS	4
CANESTEN 1% SOLUTION	4
CETRABEN CREAM	4
CHLORAMPHENICOL 1% EYE OINTMENT	4
CLARITHROMYCIN 250MG/5ML ORAL SUSPENSION	4
CYCLIZINE 50MG TABLETS	4
ERYTHROMYCIN 250MG GASTRO-RESISTANT TABLETS	4
EUMOVATE 0.05% CREAM	4
EXOCREAM	4
FLUCLOXACILLIN 250MG CAPSULES	4
HYDROCORTISONE 1% / MICONAZOLE 2% CREAM	4
HYDROCORTISONE 1% OINTMENT	4
NAPROXEN 500MG TABLETS	4
PHENOXYMETHYLPENICILLIN 125MG/5ML ORAL SOLUTION SUGAR FREE	4
PSEUDOEPHEDRINE HYDROCHLORIDE 60MG TABLETS	4
TERBINAFINE 1% CREAM	4
AMOXICILLIN 125MG/5ML ORAL SUSPENSION	3
BACTROBAN 2% CREAM	3
BETACAP 0.1% SCALP APPLICATION	3
CANESTEN THRUSH EXTERNAL 2% CREAM	3
CARE OLIVE OIL EAR DROPS	3
CETIRIZINE 10MG TABLETS	3
CHLORPHENAMINE 4MG TABLETS	3
CLARITHROMYCIN 250MG TABLETS	3
CO-CODAMOL 8MG/500MG TABLETS	3
FLUCONAZOLE 150MG CAPSULES	3
FLUCONAZOLE 50MG CAPSULES	3
HYDROMOL BATH & SHOWER EMOLLIENT	3
IBUPROFEN 400MG TABLETS	3
LANSOPRAZOLE 15MG GASTRO-RESISTANT CAPSULES	3
LOPERAMIDE 2MG CAPSULES	3
METROSA 0.75% GEL	3
NORETHISTERONE 5MG TABLETS	3
PHENOXYMETHYLPENICILLIN 250MG/5ML ORAL SOLUTION SUGAR FREE	3
QV GENTLE WASH	3
TRIMOVATE CREAM	3
ACEPIRO 600MG EFFERVESCENT TABLETS	2
ACICLOVIR 400MG TABLETS	2
AEROCHAMBER PLUS	2
AMOXICILLIN 250MG CAPSULES	2
AQUEOUS CREAM	2
ARJUN 1% CREAM	2
BENZOYL PEROXIDE 5% / CLINDAMYCIN 1% GEL	2
CEFALEXIN 500MG CAPSULES	2
CEFALEXIN 500MG TABLETS	2
CETRAXAL 2MG/ML EAR DROPS 0.25ML UNIT DOSE	2
CHLORPHENAMINE 2MG/5ML ORAL SOLUTION	2
CIPROFLOXACIN 0.3% / DEXAMETHASONE 0.1% EAR DROPS	2
CLOBETASOL 0.05% CREAM	2
CLOTRIMAZOLE 500MG PESSARIES	2
DAKTACORT HYDROCORTISONE CREAM	2
DERMACOOL 1% CREAM	2
DEXAMETHASONE 2MG TABLETS	2
DIHYDROCODEINE 30MG TABLETS	2
ENSTILAR 50MICROGRAMS/G / 0.5 MG/G CUTANEOUS FOAM	2

FLUCLOXACILLIN 250MG/5ML ORAL SOLUTION SUGAR FREE	2
FOSTAIR 100MICROGRAMS/DOSE / 6MICROGRAMS/DOSE INHALER	2
GABAPENTIN 300MG CAPSULES	2
GENTAMICIN 0.3% / HYDROCORTISONE ACETATE 1% EAR DROPS	2
LOTRIDERM CREAM	2
MICONAZOLE 2% CREAM	2
OILATUM JUNIOR BATH ADDITIVE	2
PROCHLORPERAZINE 3MG BUCCAL TABLETS	2
ROZEX 0.75% CREAM	2
SALACTOL PAINT	2
SIMPLE LINCTUS SUGAR FREE	2
SODIUM BICARBONATE 5% EAR DROPS	2
SODIUM CROMOGLICATE 2% EYE DROPS	2
STERIMAR 75% HYPERTONIC NASAL SPRAY	2
TRIMETHOPRIM 50MG/5ML ORAL SUSPENSION SUGAR FREE	2
VARENICLINE 1MG TABLETS	2
ZEROBASE 11% CREAM	2
AAA MENTHOL 1% IN AQUEOUS CREAM	1
AACTIVE HA PF 0.2% EYE DROPS PRESERVATIVE FREE	1
ACETIC ACID (GLACIAL) 2% EAR SPRAY	1
ACICLOVIR 5% CREAM	1
ALVEDON 250MG SUPPOSITORIES	1
ANUSOL CREAM	1
APTAMIL PEPTI 1 POWDER	1
AQUEOUS CALAMINE CREAM	1
ARJUN 2% CREAM	1
ASPIRIN 300MG DISPERSIBLE TABLETS	1
AVAMYS 27.5MICROGRAMS/DOSE NASAL SPRAY	1
AZITHROMYCIN 500MG TABLETS	1
BALNEUM INTENSIV CREAM	1
BECONASE AQUEOUS 50MICROGRAMS/DOSE NASAL SPRAY	1
BENZOYL PEROXIDE 5% GEL	1
BETAMETHASONE 500MICROGRAM SOLUBLE TABLETS SUGAR FREE	1
BETAMETHASONE VALERATE 0.1% CREAM	1
BETNESOL 0.1% EYE/EAR/NOSE DROPS	1
BETNESOL-N EAR/EYE/NOSE DROPS	1
BETNOVATE 0.1% CREAM	1
BETNOVATE RD 0.025% CREAM	1
BETNOVATE RD 0.025% OINTMENT	1
BETTAMOUSSE 0.1% CUTANEOUS FOAM	1
BIOTENE ORALBALANCE DRY MOUTH SALIVA REPLACEMENT GEL	1
CEFALEXIN 250MG CAPSULES	1
CEFALEXIN 250MG TABLETS	1
CETIRIZINE 1MG/ML ORAL SOLUTION SUGAR FREE	1
CHLORPHENAMINE 2MG/5ML ORAL SOLUTION SUGAR FREE	1
CINNARIZINE 15MG TABLETS	1
CLINIFAST STOCKINETTE 7.5CM	1
CLOBAVATE 0.05% OINTMENT	1
CO-AMOXICLAV 125MG/31MG/5ML ORAL SUSPENSION	1
CO-AMOXICLAV 250MG/62MG/5ML ORAL SUSPENSION	1
CO-CODAMOL 30MG/500MG TABLETS	1
CO-DYDRAMOL 20MG/500MG TABLETS	1
CROTAMITON 10% CREAM	1
DAKTARIN 2% CREAM	1
DAKTARIN GOLD 2% CREAM	1

DANDRAZOL 2% SHAMPOO	1
DERMACOOL 0.5% CREAM	1
DERMOL 600 BATH EMOLLIENT	1
DERMOL WASH CUTANEOUS EMULSION	1
DIORALYTE ORAL POWDER SACHETS BLACKCURRANT	1
DIPROSALIC 0.05%/2% SCALP APPLICATION	1
DIPROSONE 0.05% LOTION	1
DOCUSATE 100MG CAPSULES	1
DOVONEX 50MICROGRAMS/G OINTMENT	1
DRESSIT STERILE DRESSING PACK WITH MEDIUM/LARGE GLOVES	1
DYMISTA 137MICROGRAMS/DOSE / 50MICROGRAMS/DOSE NASAL SPRAY	1
EMLA 5% CREAM	1
EPIDUO 0.1%/2.5% GEL	1
EPIMAX EYELID OINTMENT PRESERVATIVE FREE	1
EPIMAX ISOMOL GEL	1
ESOMEPRAZOLE 20MG GASTRO-RESISTANT TABLETS	1
EURAX 10% CREAM	1
EVOLVE REVIVE EYE DROPS PRESERVATIVE FREE	1
FERROUS SULFATE 200MG TABLETS	1
FIFTY:50 OINTMENT	1
FINACEA 15% GEL	1
FLUCLOXACILLIN 125MG/5ML ORAL SOLUTION SUGAR FREE	1
FLUTIKAZ 27.5MICROGRAMS/DOSE NASAL SPRAY	1
FOSFOMYCIN 3G GRANULES FOR ORAL SOLUTION SACHETS	1
FUCIBET CREAM	1
FUROSEMIDE 40MG TABLETS	1
GABAPENTIN 100MG CAPSULES	1
GENERIC DERMOL CREAM	1
GENTAMICIN 0.3% EAR/EYE DROPS	1
GLUCORX NEXUS TESTING STRIPS	1
HIRUDOID 0.3% CREAM	1
HYDROXYZINE 25MG TABLETS	1
HYOSCINE BUTYLBROMIDE 20MG TABLETS	1
HYOSCINE HYDROBROMIDE 300MICROGRAM TABLETS	1
IBUPROFEN 10% GEL	1
IBUPROFEN 5% GEL	1
IBUPROFEN 600MG TABLETS	1
IBUPROFEN PAIN RELIEF MAXIMUM STRENGTH 10% GEL	1
INSTILLAGEL GEL	1
INSUPEN ORIGINAL HYPODERMIC INSULIN NEEDLES FOR PRE-FILLED / REUSABLE	1
PEN INJECTORS SCREW ON 4MM/32GAUGE	1
LACTULOSE 3.1-3.7G/5ML ORAL SOLUTION	1
LANSOPRAZOLE 30MG GASTRO-RESISTANT CAPSULES	1
LAXIDO ORANGE ORAL POWDER SACHETS SUGAR FREE	1
LEVONORGESTREL 1.5MG TABLETS	1
LYMECYCLINE 408MG CAPSULES	1
MAGNESIUM SULFATE PASTE	1
MEBEVERINE 135MG TABLETS	1
MEPORE DRESSING 7CM X 8CM	1
MEPORE FILM & PAD DRESSING 4CM X 5CM	1
MICONAZOLE 20MG/G OROMUCOSAL GEL SUGAR FREE	1
MICRALAX MICRO-ENEMA 5ML	1
MOVELAT GEL	1
NACSYS 600MG EFFERVESCENT TABLETS	1
NICOTINELL MINT 2MG MEDICATED CHEWING GUM	1

NITROFURANTOIN 50MG TABLETS	1
NUMARK MUCUS COUGH 100MG/5ML ORAL SOLUTION	1
OILATUM BATH FORMULA	1
ORALIEVE MOISTURISING MOUTH GEL	1
OTIGO 40MG/G / 10MG/G EAR DROPS	1
OXYPRO 10MG MODIFIED-RELEASE TABLETS	1
PARACETAMOL 120MG/5ML ORAL SUSPENSION PAEDIATRIC SUGAR FREE	1
PARACETAMOL 125MG SUPPOSITORIES	1
PARACETAMOL 500MG CAPSULES	1
PARACETAMOL 500MG/5ML ORAL SOLUTION SUGAR FREE	1
PENTASA 1G MODIFIED-RELEASE TABLETS	1
PERMETHRIN 5% CREAM	1
PREDNISOLONE 3MG TABLETS	1
PREDNISOLONE 5MG SOLUBLE TABLETS SUGAR FREE	1
PREGABALIN 100MG CAPSULES	1
PREGABALIN 300MG CAPSULES	1
PREGABALIN 75MG CAPSULES	1
PROCHLORPERAZINE 5MG TABLETS	1
PROFORE #4 LATEX FREE BANDAGE 10CM X 2.5M	1
PRONTOSAN IRRIGATION SOLUTION 350ML BOTTLES	1
PROPRANOLOL 10MG TABLETS	1
PROPRANOLOL 40MG TABLETS	1
QV CREAM	1
QV INTENSIVE OINTMENT	1
REPLENSMD VAGINAL MOISTURISER UNIT DOSE	1
REVAXIS VACCINE SUSPENSION FOR INJECTION 0.5ML PRE-FILLED SYRINGES	1
ROBITUSSIN CHESTY COUGH 100MG/5ML ORAL SOLUTION	1
ROZEX 0.75% GEL	1
RYALTRIS 25MICROGRAMS/DOSE / 600MICROGRAMS/DOSE NASAL SPRAY	1
SALATAC GEL	1
SALIVEZE MOUTH SPRAY	1
SCHERIPROCT OINTMENT	1
SENNA 7.5MG TABLETS	1
SIMPLE LINCTUS	1
SNOWFIRE HEALING TABLET STICKS	1
SODIUM CITRATE 4G GRANULES FOR ORAL SOLUTION SACHETS	1
SODIUM CITRATE 4G ORAL POWDER SACHETS	1
SORBADERM BARRIER CREAM	1
STERIMAR BABY 31.8% ISOTONIC NASAL SPRAY	1
STREFEN HONEY AND LEMON 8.75MG LOZENGES	1
SYMBICORT 200/6 TURBOHALER	1
THEALAZ DUO EYE DROPS PRESERVATIVE FREE	1
TRECLIN 1%/0.025% GEL	1
VENLAFAXINE 37.5MG TABLETS	1
VENTOLIN 100MICROGRAMS/DOSE EVOHALER	1
VIRGAN 0.15% EYE GEL	1
VITAROS 3MG/G CREAM	1
VOLTAROL 12 HOUR EMULGEL P 2.32% GEL	1
XAILIN 0.2% EYE GEL	1
XAILIN NIGHT EYE OINTMENT PRESERVATIVE FREE	1
YES VM VAGINAL MOISTURISER TUBE	1
ZERODERM OINTMENT	1

All prescribing should adhere to the [West of Scotland Formulary](#) where products have been selected on the basis of clinical effectiveness, cost effectiveness, comparative safety and patient acceptability. Chapters that are currently live include:

- **Gastro-intestinal**
- **Respiratory**
- **Cardiovascular**
- **Skin**

[User guide videos](#) are available to learn about the features and layout of the website and app.

The next chapters due to launch/go live in (eta) August are:

- Endocrine
- Infections