

Community Pharmacy NHS Lanarkshire 22nd September Update

Update on MCA/Dosette Change Forms! Following discussions from multiple site visits and further discussions with the Area Pharmaceutical Committee (which includes representatives from Community Pharmacy Lanarkshire, Primary Care, Education & Training, and the Acute Sector), change forms will now be introduced across the NHS Lanarkshire Pharmacy Hubs. We hope that this will improve communication around changes to MCAs, provide an adequate audit trail and reduce any errors regarding changes not actioned/communicated. While these change forms are encouraged as best practice, they are not a legally required document for the dispensing of an MCA. There will be a transitional period, which will be managed at a locality level, where you will receive both a phone call and a change form to your clinical mailbox. Over this period the phone call will be phased out and you will receive a change form to your clinical mailbox only. It is therefore vital that the clinical mailbox is viewed daily, if anyone within your branch requires access to a mailbox please contact

NHSLanarkshire.PharmacyFacilitation@lanarkshire.scot.nhs.uk

Congratulations to the 13 Community Pharmacist starting their Independent Prescribers Course with RGU this September. NHS Lanarkshire has 99 prescribers across 66 Pharmacy First Plus sites. The CPIP prescribing newsletters for December – April have already been released, if you missed these emails and would like a copy of the newsletters please get in touch. **Don't forget, we are running a Community Pharmacy online IP Peer Review for Q4 and Q1 prescribing. We are also hoping to take a look at Throat and Chest infections in preparation for winter season. Please book via [Microsoft Teams](#) (October 8th 7-8pm)**

The West Region Formulary work is underway! The new regional formulary for Health Boards in the West of Scotland has reached a significant milestone with chapter development work commencing. Cardiovascular and Gastro-intestinal are the first chapters to begin this work, with expert groups from across the region coming together to shape the new formulary recommendations. Please see attached bulletin for more information and how you can be involved!

Are you submitting your PPCD and CD34s? Don't forget, in Scotland, any private prescription for Schedule 2 and / or Schedule 3 Controlled Drugs must be issued on a designated PPCD(1) form. There is a **legal requirement** to submit all prescriptions for Schedule 2 and 3 controlled drugs to Practitioner Services Division (PSD) following completion of dispensing. A copy of the PPCD(1) form should be kept in the pharmacy and the original must be submitted to PSD. The PPCD(1) forms should be accompanied by a CD34 submission form. CD34 forms can be ordered by emailing nss.pcfs-businesssupport@nhs.scot

A reminder from our OOHs colleagues... Please remember, if a patient has attended the pharmacy during the OOHs period and for whatever reason a prescription cannot be issued, please use the Prof-to-Prof line. These patients should not be advised to contact NHS 24 as it can delay care to the patient and often it be resolved between the CP and the Prof-to-Prof team. Also, a reminder that in an

emergency a prescriber can make an emergency request for a CD5 e.g. Co-Codamol 30/500mg, this may be via telephone or via an electronic script. Co-codamol supplies can also be made via CPUS, please see the [A-Z list](#) for further information on drugs that can be supplied via CPUS.

Can you support dental health? Some medicines can impact our oral health. Similar to the free condom service, the Health Improvement team have free packs of toothbrushes + toothpaste that can be given to individuals free of charge, particularly for those on sugar containing medicines. Attached is also poster that outlines how patients who aren't registered with a dental practice can access help with dental pain e.g. the Buchanan Centre as well as a list of other useful services/contact details. You may want to print a copy and/or display on a digital screen. To order your free patient toothpacks please email HealthImprovement.OralHealthTeam@lanarkshire.scot.nhs.uk

Are you aware of the free breast health promotion training course for health professionals? The Train the Trainer (TtT) pilot is a FREE breast health promotion training course that trains health care professionals, health promotion workers and community based workers to promote breast awareness, screening, and risk reduction messages to people in their local communities within Lanarkshire (with the aim being that as a result, more people in the area will attend their routine breast screening and present earlier to their GP if they notice any changes to their breasts). The course can be attended as a one-day face to face workshop (24th November 10-345) or can be completed online via self-directed eLearning done in your own time. All trainees will receive a certificate of completion as well as access to resources and regular ongoing support from us here at Breast Cancer. Train the trainer poster attached for more info.

We've had our first elearners complete the course and we had our first in-person training last week in Motherwell which was well attended by a variety of people within different roles in Lanarkshire, including the NHS Health Promotion team. Both the elearning and in-person training has been well received so far, some comments include:

“Getting up to date statistics and information which makes me feel more confident about having conversations with people and having the knowledge to inform the conversation”

“Really enjoyed the Risk Factors and myths and Barriers to screening sections - and having the opportunity to discuss ideas for engagement with other people and organisations”

Don't forget, Pharmacy in Practice are running a Cancer Care webinar next week! [Pharmacy in Practice](#) has a range of upcoming webinars designed to support Community Pharmacy teams. These webinars are free to book onto with a membership. Membership is free.

If you would like the CP fortnightly update sent to your personal NHS mailbox please get in touch with ellenjo.fowler@lanarkshire.scot.nhs.uk

From: Ellen Jo Fowler (NHS Lanarkshire)
Sent: 08 September 2025 15:30
Subject: Community Pharmacy - 8th September Update

Community Pharmacy NHS Lanarkshire 8th September Update

Have you completed the revised UTI and Impetigo NES training outlined in the [PCA\(P\)\(2025\)20](#)? Community Pharmacists should ensure they complete the short updates to the e-learning modules for UTI and impetigo, now available on the NES TURAS Learn website at:

- **UTIs:** [Urinary Tract Infections \(UTIs\) for NHS Pharmacy First Scotland | TURAS | Learn](#)
- **Impetigo:** [Impetigo for NHS Pharmacy First Scotland | Turas | Learn](#)

Did you see the attached overdose warning poster from the Lanarkshire Alcohol and Drug Partnerships? Opioids, including nitazenes, have been found in street drugs across Lanarkshire and we are currently seeing an **increase** in drug harms across North Lanarkshire. NLADP continue to monitor the situation with public health colleagues, and in line with processes agreed through the drug trend monitoring group. Please help us to keep people safe, by cascading the information attached across your services. It would be great if the poster could be displayed locally on notice boards/screens, where possible.

Key learning points to consider from Q4+Q1 CD incidents and Community Pharmacy Datix/Inphases!

CD Incidents Reported

- **Check your Pack Size!** There have been a number of CD balance incidents as a result of Lisdexamfetamine pack size 30 given in receipt of a script for 28. Please consider marking these pack sizes in your CD cabinet and/or review any local CD SOPs you may have in place.
- **OST Missed Doses!** Don't forget missed instalment doses, both liquids and tablets, should be removed from bags. There have been several incidents over the last 6 months involving patients receiving full instalments despite attending several days after they were due. **Don't forget missed doses can be recorded via the NEO system.**
- **Stock Segregation & Destruction!** Don't forget patient returned stock and OOD stock should be clearly segregated within the CD cabinet. There has been several incidents over the last 6 months that involved OOD stock being destroyed/denatured with patient returned stock. Please check and review any local SOPs you may have in place.

InPhase Incidents Reported

- **Paediatric doses!** Please ensure paediatric doses are checked for clinical appropriateness prior to dispensing and issuing to patient. This includes using appropriate units of weight e.g. there was an incident where pounds (lb) was used instead of kilograms (kg) to calculate dose based on child's weight and another incident where the unit of measurement was recorded in error e.g. during the dose calculation it was recorded as 5ml and not 5mg which could have resulted in a significantly higher dose of medicine administered. Any dose concerns should be raised with the prescriber. Please also ensure patients are given appropriate devices to administer doses e.g. oral syringes.

Have you seen a patient present a Clostridioides Difficile Infection (CDI) Card to the Pharmacy Team? Please see attached sample of a CDI card being issued to patients diagnosed with CDI. All inpatients diagnosed with CDI should receive a CDI carry card in addition to their CDI PIL to encourage patients to flag their recent CDI episode to any healthcare practitioners. This will positively affect any future care they may receive, particularly in relation to any antibiotic prescribing.

Have you seen the recent Pharmacy First approved list? The [Pharmacy approved list](#) has been updated, September 2025. The amendment removes QV Skin Lotion 500ml from Borders, Fife and Lothian as products have been discontinued.

Are you an Independent Prescriber or about to undertake an IP course? Please see attached the *Pharmacy First Plus – September Newsletter* which provides an overview of our CPIPs prescribing activity in April. If you would like to attend a Community Pharmacy **online IP Peer Review** for Q4 and Q1 prescribing, **hosted by the Lead Pharmacist for Community Pharmacy services**, please book via [Microsoft Teams](#) (October 8th 7-8pm)

How competent do you feel in recognising the signs and symptoms of cancer? The earlier that cancer is diagnosed and treated, the better the survival outcomes. Although cancer survival has improved, the UK still lags behind performance in other European countries. Improving the percentage of early stage diagnoses will mean fewer premature deaths from cancer and this will have a positive effect on overall life expectancy in Scotland. This is a Scottish Government priority and Community Pharmacy can play a key role in this. [Gateway C](#) is an early cancer diagnosis resource and provides accessible, innovative, and tailored information to support early detection of cancer for all healthcare professionals. Designed by GPs and education specialists in collaboration with leading clinical experts and patients, the interactive courses help you apply learnings to challenging clinical scenarios with 85% of users feeling more confident knowing when to refer. **Don't forget, NES are hosting a Cancer Care for Pharmacy Teams webinar on the 28th of October, 1930-2100. Bookings can be made via NES: [Cancer Care for Pharmacy Teams | Turas | Learn](#)**

Have you completed the NES/CPS Community Pharmacy Workforce Survey? The survey has been designed to capture a snapshot of the community pharmacy workforce including pharmacists (employed, locum & those working centrally if appropriate), pre-registration trainee pharmacists, pharmacy technicians (including trainees) and pharmacy support staff during the period Sunday 7th September - Saturday 13th September 2025. The information captured in this survey will be essential to evidence the workforce required to deliver community pharmacy

services and will support NHS workforce planning. More information can be found at [Upcoming Community Pharmacy Workforce Survey – September 2025 | Community Pharmacy Scotland](#)

Don't forget Oromize Ear Spray has been discontinued! Please be aware that the brand **Otomize Ear Spray** will be discontinued and will no longer be available from the 31st July 2025.

Ennogen Healthcare International Limited has introduced a generic version of Otomize Ear Spray called **Dexamethasone/ Neomycin sulfate/ Acetic acid 0.1%w/w / 0.5%w/w / 2%w/w Ear Spray**, which is available to order from wholesalers. Please note, GP prescribing systems have been updated to reflect this change.

Additional Updates

- [Scottish Pain Pharmacy Network \(SPPN\) Newsletter](#)
- **Chapter 6: Endocrine System > Other Endocrine Drugs > Drugs Affecting Gonadotrophins > Gonadorelin Analogues**
[**Drugs Affecting Gonadotrophins | Right Decisions**](#)
Prescribing Notes for Prostap DCS® amended to highlight that this medicine should be prescribed by brand.
- **Chapter 4: Central Nervous System > Bipolar Affective Disorder > General Notes**
[**Bipolar Affective Disorder | Right Decisions**](#)
Hyperlink to '[Lithium in hot weather](#)' patient information leaflet updated to current version.
- Please see new standard labels for inhalers being issued to patients via hospital dispensaries. Don't forget NES will be hosting a webinar designed to raise awareness of the key changes to asthma management described in the BTS/NICE/SIGN guidelines (2025). Aimed at Pharmacists and Pharmacy Technicians, it will improve confidence in deciding on appropriate treatment, patient education and referral. [Book via NES](#). 10th September.

New Standard Labels for Inhalers – Updated Asthma Guidance

Regimen	Anti-Inflammatory Reliever Therapy (AIR)	Maintenance and Reliever Therapy (MART)
Short-cut	"AIR"	"MART"
Standard Label	Inhale ONE puff for breathlessness or wheeze when necessary, up to a maximum of EIGHT inhalations per day.	Inhale __ puff(s) TWICE daily and inhale an additional ONE puff when needed for breathlessness or wheeze, up to a maximum of __ puffs per day.
Formulary Choice	Symbicort is the only formulary choice for Anti-Inflammatory Reliever therapy (as required ICS/LABA).	Maintenance and Reliever Therapy (MART) have several inhaler types available on the formulary, therefore number of puffs blank.