



# Management of community sharps containers

Information for patients

This leaflet gives you information about how you can safely dispose of 'medical sharps' in your home using a sharps

disposal container. Medical sharps are needles, syringes and lancets.





Sharps bins are specially designed yellow containers that are available in small and large sizes. If you're using a large sharps bin it is important to make

sure that the lid is attached securely before using it.

#### WHO REQUIRES A SHARPS DISPOSAL CONTAINER?

Anyone who has been prescribed medication that involves using a needle or sharp, e.g. for injection or for testing your blood.

# YOU CAN USE THIS SHARPS CONTAINER TO DISPOSE OF MEDICAL SUPPLIES SUCH AS:

- Used syringes, pen device needles and blood thinning medicines
- Used finger pricking devices.
- Used forceps, scalpel blades, giving sets, pipettes or pipette tips.
- Any broken glass containers that have contained or come into contact with anything that's likely to be poisonous or infectious.
- Used insulin pump sharps.

## WHY DO I REQUIRE A SHARPS DISPOSAL CONTAINER?

You will need a disposal container to make sure that used sharps are disposed of safely to prevent injury to self and others and prevent the risk of infection.

## Do

Do keep sharps disposal containers in a safe place and out of reach of children and pets.

Do use the temporary closure on the lid after each use. This will stop the contents spilling when it's not in use.

Do close the lid firmly to lock it when the container is filled up to the 'full' line OR you've been using it for 3 months.

Do write your name and date on the label attached to the sharps container.

## DON'T

Don't put any anything else in the sharps disposal container, e.g. NO cotton wool balls, NO test strips.

Don't force sharps into a full sharps disposal container by pushing down with your hands.

Don't try to take anything out of the sharps disposal container.

Don't overfill the sharps disposal container past the fill line.

Don't use your sharps disposal container for longer than 3 months. You should get a new box even it it's not full.

# HOW DO I RETURN THE SHARPS DISPOSAL CONTAINER?

If you have been supplied with a sharps disposal container to safely collect any contaminated sharps you should return the sharps container to where you got it from.

If you are returning sharps disposal containers to an agreed health centre for disposal, please ensure that you complete the label on the container.

If you're not able to return their sharps disposal containers to the place you got it from, then they should be returned to an agreed health centre.

If you are being treated in the community by a healthcare professional then the sharps waste is considered to be the healthcare professional's waste. The healthcare professional can remove your sharps waste and take back to NHS Lanarkshire base for disposal in approved containers.

You should NOT take your Sharps disposal containers back to GP practices or pharmacies.

# **CORRECT SELECTION OF SHARPS DISPOSAL CONTAINERS**



# **Orange Lidded Sharps Bins**

This sharps disposal container is suitable for disposal of sharps NOT contaminated with medicinal waste e.g. Phlebotomy.



## **Blue Lidded Sharps Bins**

This sharps disposal container is suitable for the disposal of sharps used in production or injection of pharmaceutical drugs with the exclusion of Cytotoxic/Cytostatic materials



## **Purple Lidded Sharps Bins**

This sharps disposal container is suitable for disposal of sharps contaminated with Cytotoxic/ Cytostatic Medicines.

| Health Centre/Clinic            | Preferred days<br>for sharps<br>box return | Preferred times<br>for sharps<br>box return |
|---------------------------------|--|---|
| Carluke Health Centre           | Monday - Friday                            | 9am-4pm                                     |
| Lanark Health Centre            | Monday - Friday                            | 9am-4pm                                     |
| Hunter Health Centre            | Tuesday                                    | 10am - 11.30am                              |
| Hunter Health Centre            | Friday                                     | 2.30pm - 4.30pm                             |
| Greenhills Health Centre        | Tuesday                                    | 10am - 11.30am                              |
| Strathaven Health Centre        | Tuesday                                    | 9am - 10am                                  |
| Bellshill Health Centre         | Monday - Friday                            | 10am - 4pm                                  |
| Viewpark Health Centre          | Monday - Friday                            | 10am - 4pm                                  |
| Motherwell Health Centre        | Monday - Friday                            | 10am - 4pm                                  |
| Houldsworth Community<br>Centre | Monday - Friday                            | 10am - 4pm                                  |
| Newmains Health Centre          | Monday - Friday                            | 10am - 4pm                                  |
| Shotts Health Centre            | Monday - Friday                            | 10am - 4pm                                  |
| Blantyre Health Centre          | Monday - Friday                            | 9am - 12pm<br>1.30pm - 4.30pm               |
| Douglas street Clinic           | Monday - Friday                            | 9am - 12pm<br>1.30pm - 4.30pm               |
| Larkhall Clinic                 | Monday - Friday                            | 9am - 12pm<br>1.30pm - 4.30pm               |
| Rutherglen Health Centre        | Tuesday                                    | 10.00am - 11.30am                           |

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|---------------------------------------|--|---|
| Rutherglen Health Centre              | Monday - Friday                            | 2.30pm - 4.30pm                             |
| Cambuslang Clinic                     | Tuesday, Thursday<br>& Friday              | 9.30am - 3.30pm                             |
| Airdrie Health Centre                 | Monday - Friday                            | 9.30am - 3.30pm                             |
| Central Health Centre,<br>Cumbernauld | Monday - Friday                            | 9.30am - 3.30pm                             |
| Coatbridge Health Centre              | Monday - Friday                            | 9.30am - 3.30pm                             |
| Kilsyth Health Centre                 | Monday - Friday                            | 9.30am - 3.30pm                             |
| Chryston Health Centre                | Monday - Friday                            | 9.30am - 3.30pm                             |

# **CONFIDENTIALITY AND THE** USE OF PATIENT INFORMATION

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'Management of Community Sharps Containers' has been produced in association with North and South Lanarkshire Councils

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NHS inform - The national health information service for Scotland. www.nhsinform.co.uk Tel No: 0800 22 44 88

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